

# Fuse sport and therapy to heal and strengthen youth.

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*Doc Wayne*  
do the good

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## WHAT THEY DO

Doc Wayne connects with youth through sports, utilizing their sports-based therapeutic curriculum. Doc Wayne works primarily with low-income youth, ages 5-18, who suffer from a variety of mental health challenges and/or they are victims of neglect, abuse, violent crime and sexual trafficking.

## GOOD FOR MAJORS IN...

Psychology, Youth Work, Social Work, Education, Marketing, Exercise Science, Communication

## WHAT YOU COULD DO

- Help manage a competitive and therapeutic league for youth in residential treatment
- Mentor youth as they plan and carry out community service projects
- Develop a social media calendar
- Plan fundraising events and research prospective donors

## PERFECT IF YOU CARE ABOUT...

- Sports therapy
- Youth development
- Mentorship and coaching
- Cognitive/behavioral counseling



*"[In week 4] I'm feeling like a part of my organization, getting a lot more work, and improving my time management [skills]."*

Karen, University of New Hampshire '18  
Psychology