

ACTION STEPS:

Creating Your OolaPath

The OolaPath requires action steps, proper tracking, and a system of accountability. You will not be able to take any journey on any path without an initial step. Visualize the life you want and take the first step.

STEP 1:

In the first circle, write the number where you are today (from the OolaWheel).

STEP 2:

In the second circle, write the number of where you want to go (from the OolaPlan).

STEP 3:

Transfer your OolaLife, one week, one month, and one year plans from the OolaPlan.

STEP 4:

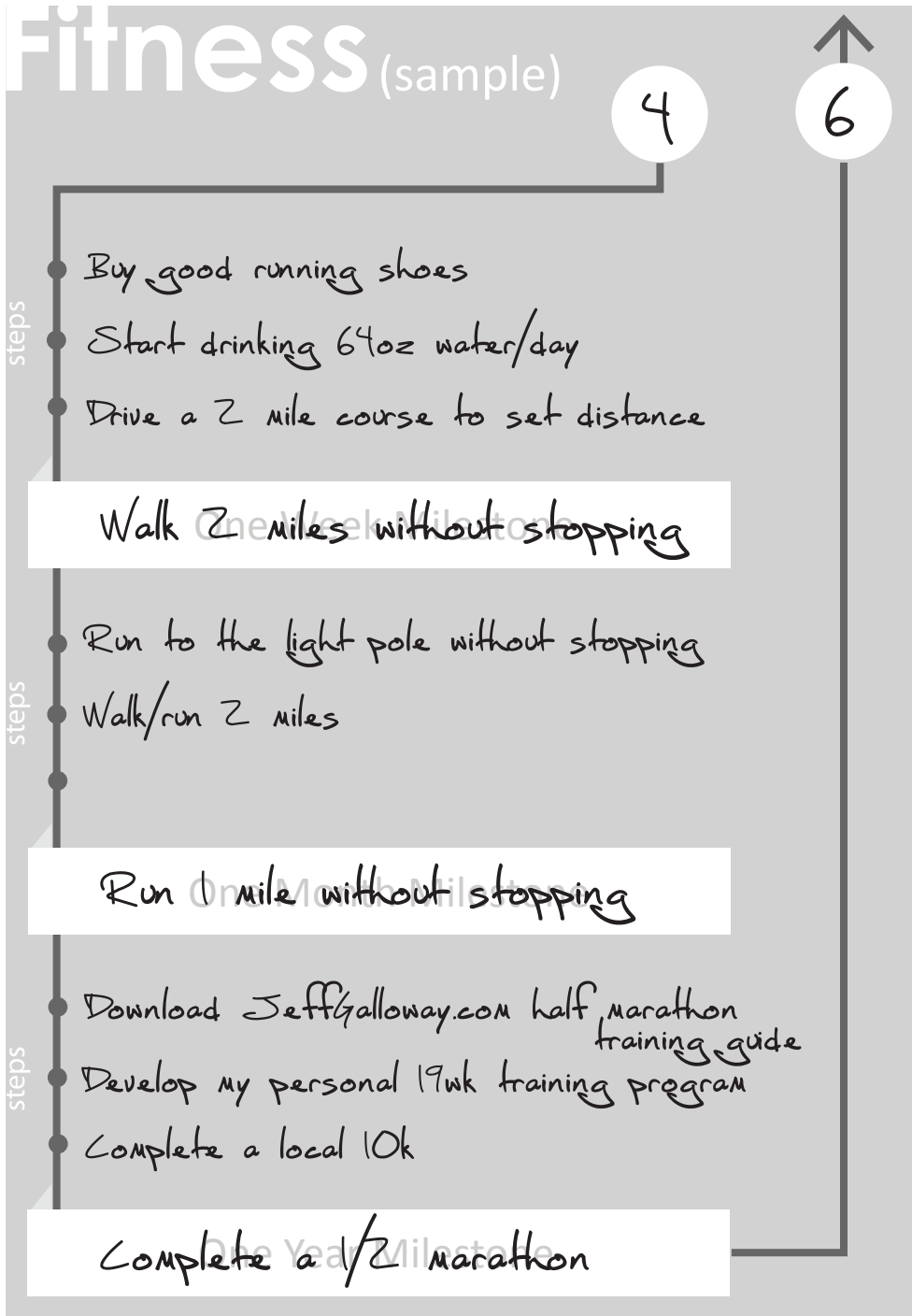
Write as many action steps as you need to attain each goal. This form allows three; use as many as you need.

SAMPLE:

OolaPath

Run a marathon

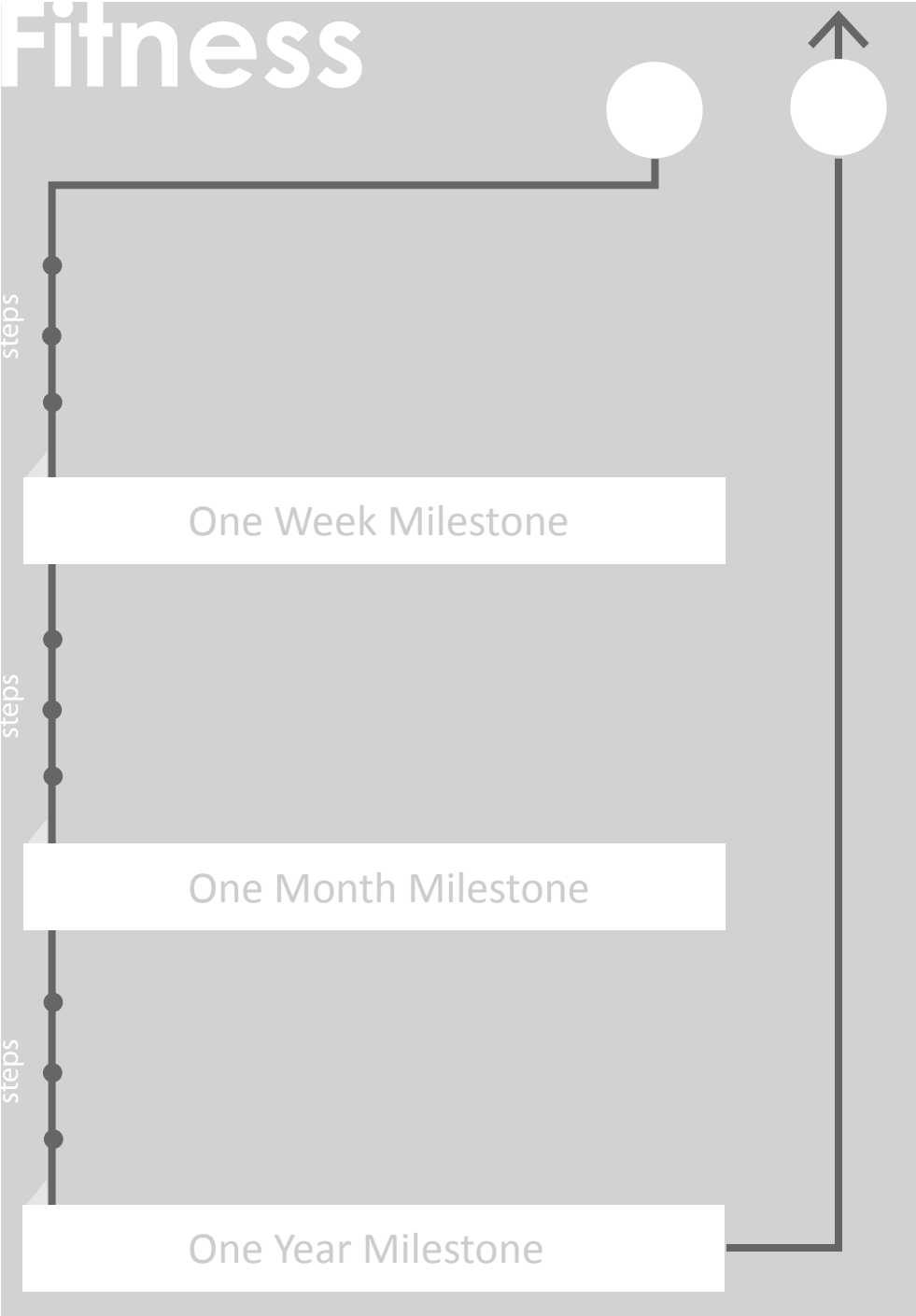
OolaLife Dream



FITNESS:

OolaPath

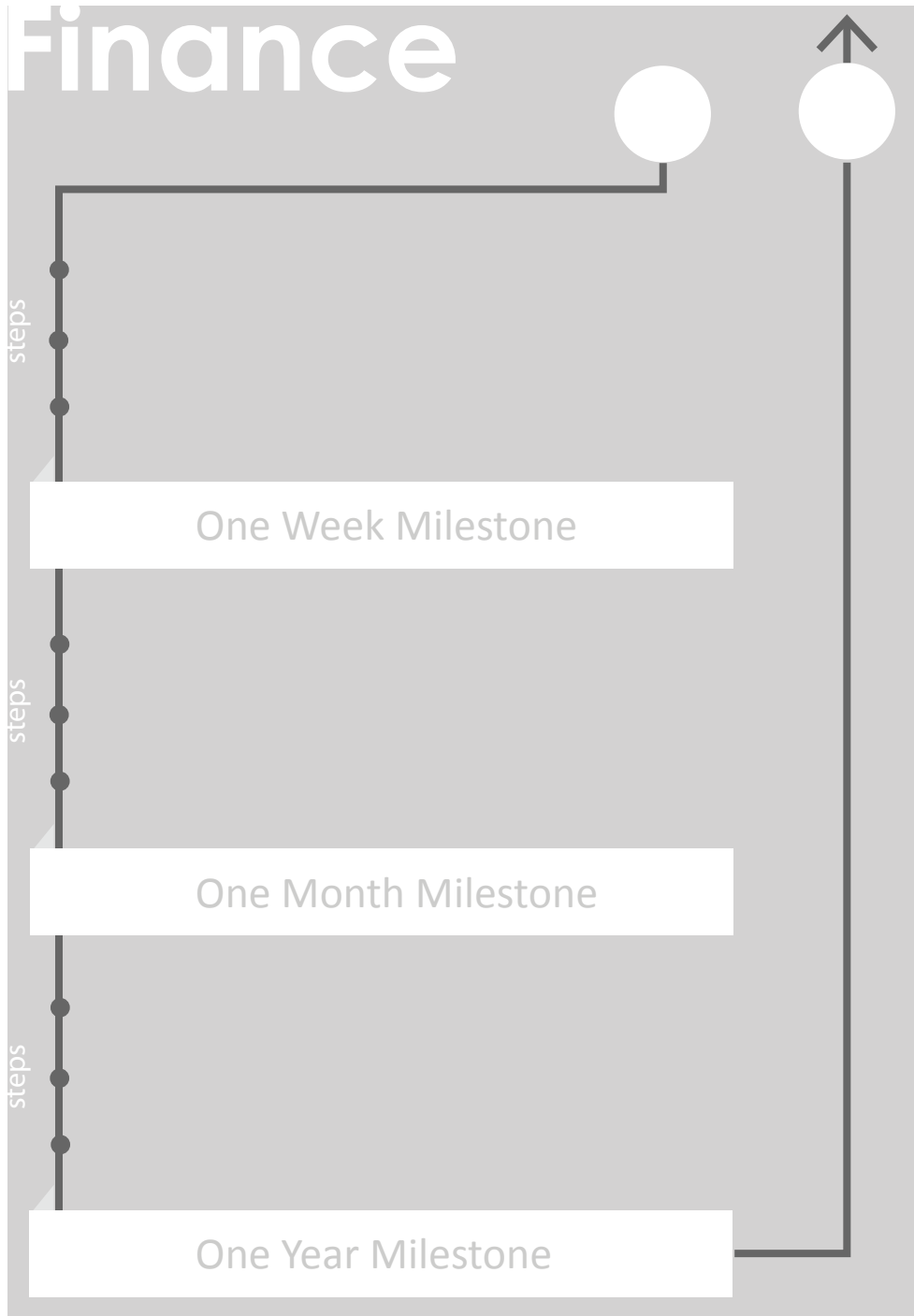
OolaLife Dream



FINANCE:

OolaPath

OolaLife Dream

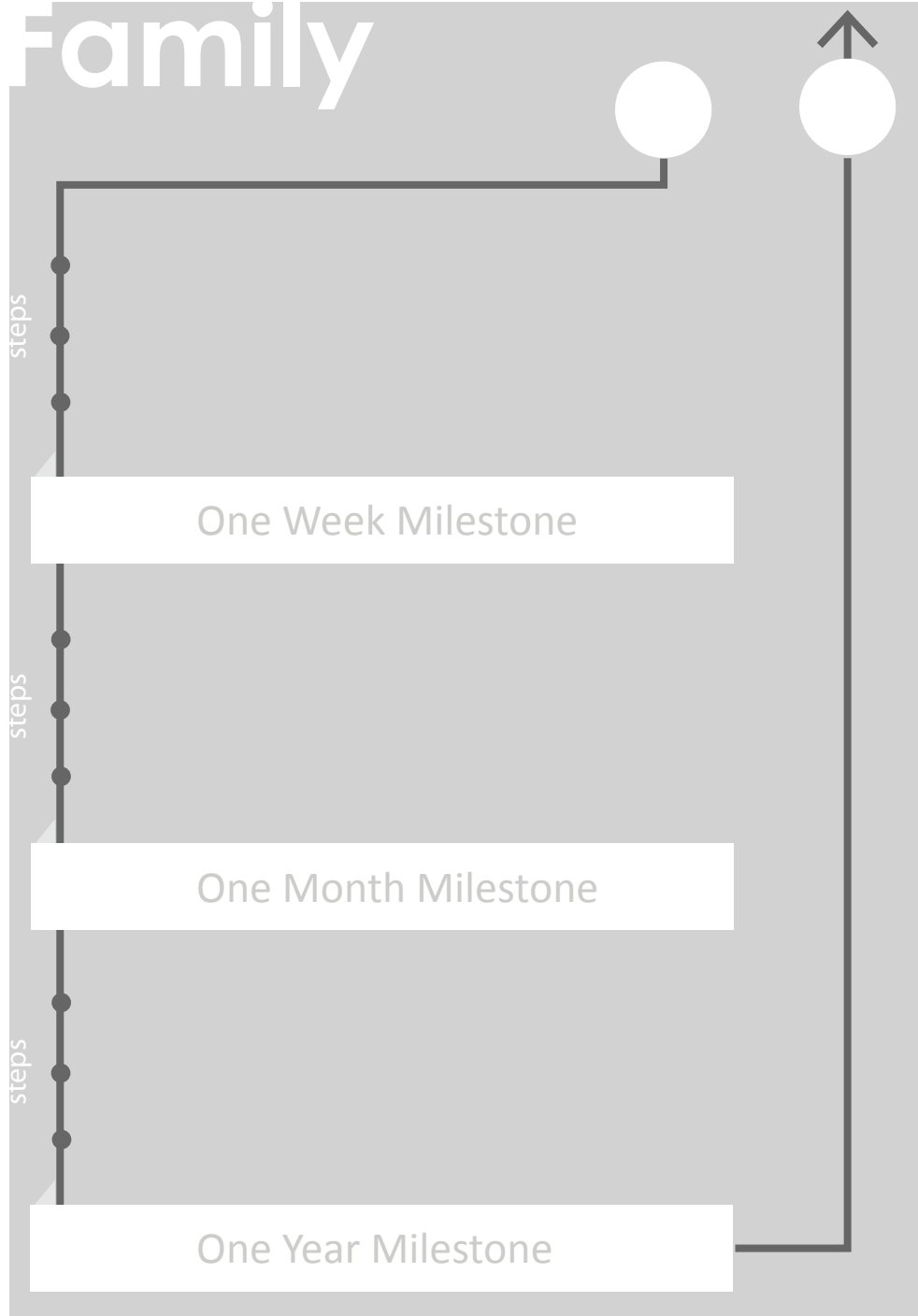


FAMILY:

OolaPath

OolaLife Dream

Family

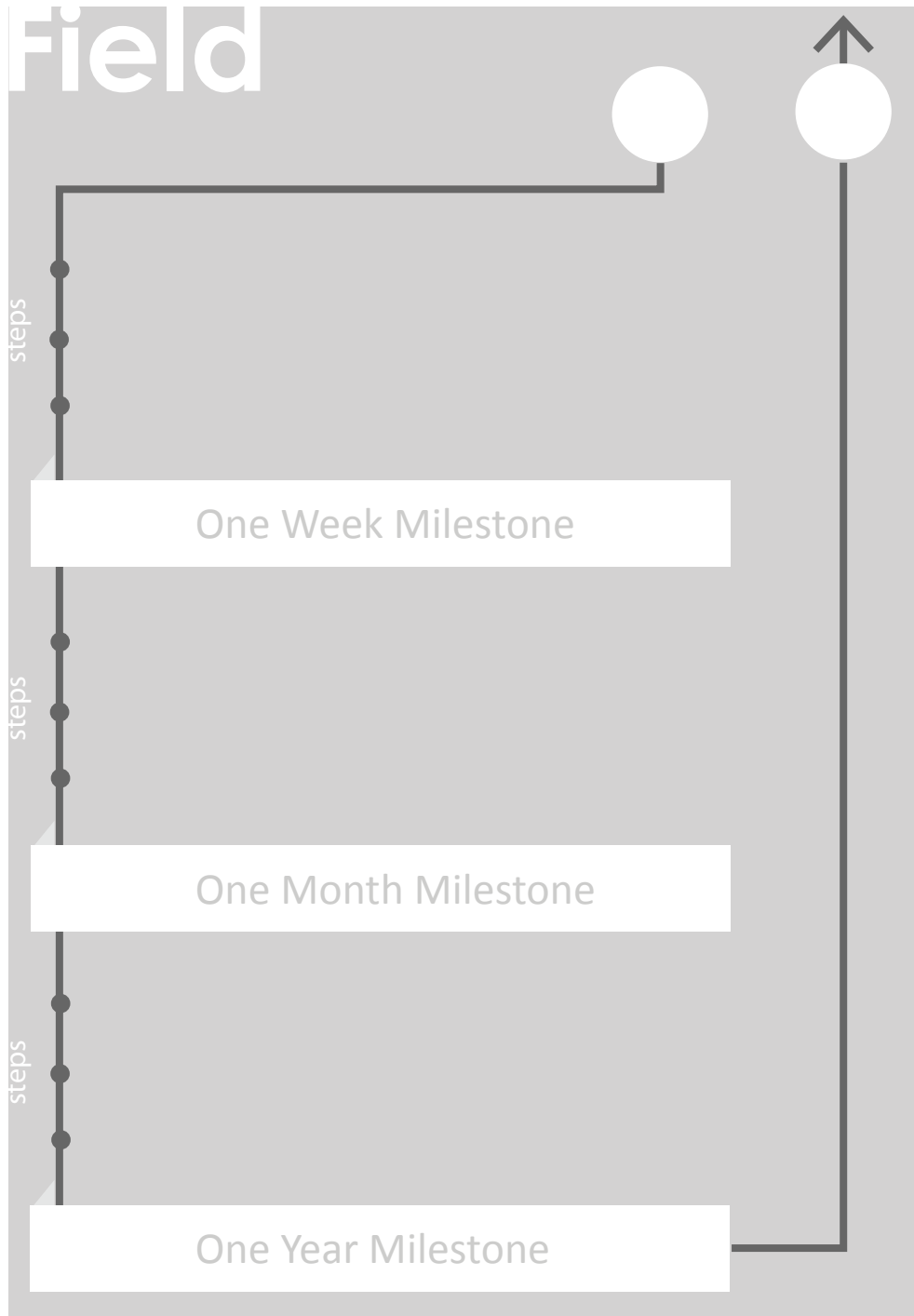


FIELD:

OolaPath

OolaLife Dream

Field

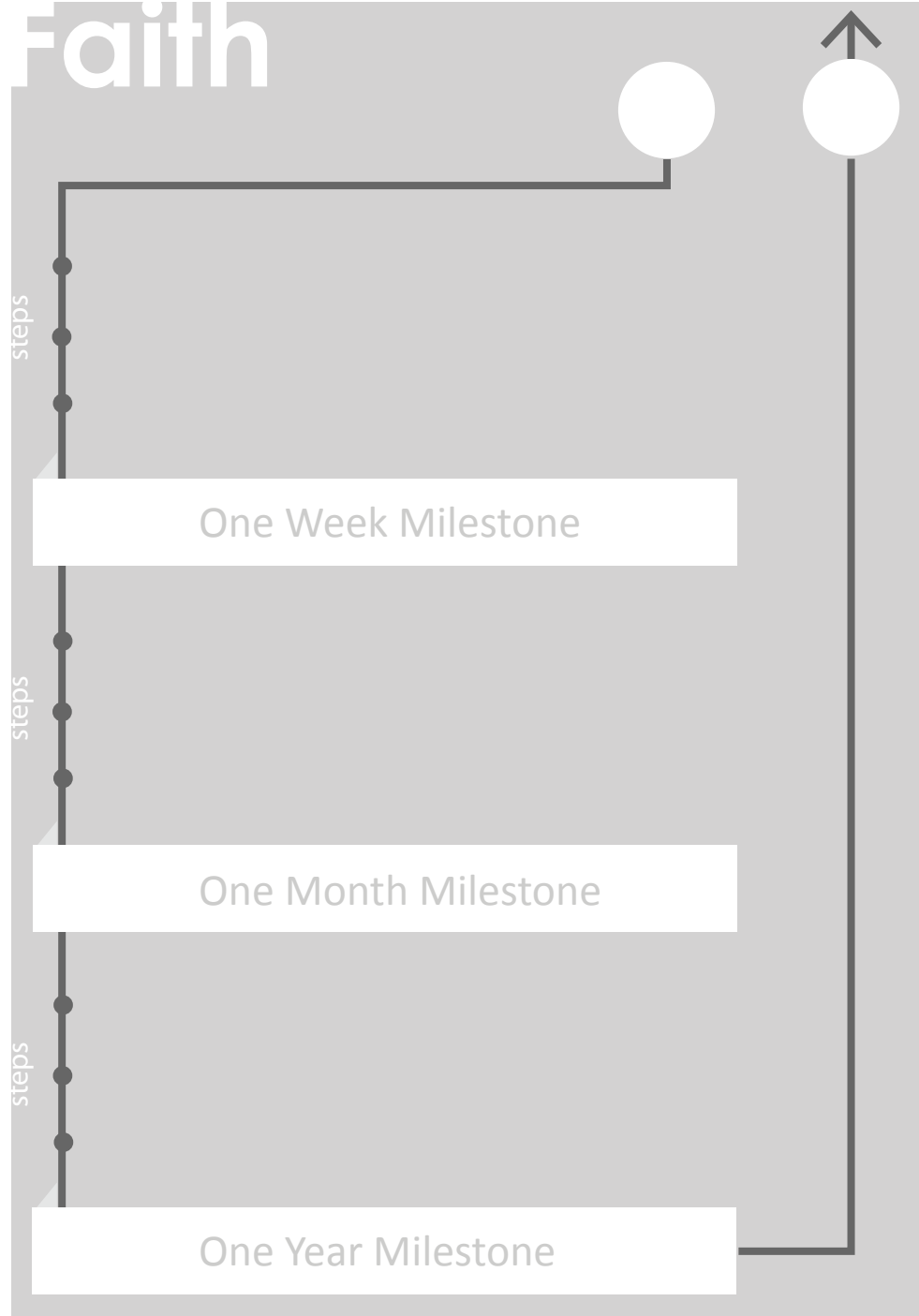


FAITH:

OolaPath

OolaLife Dream

Faith

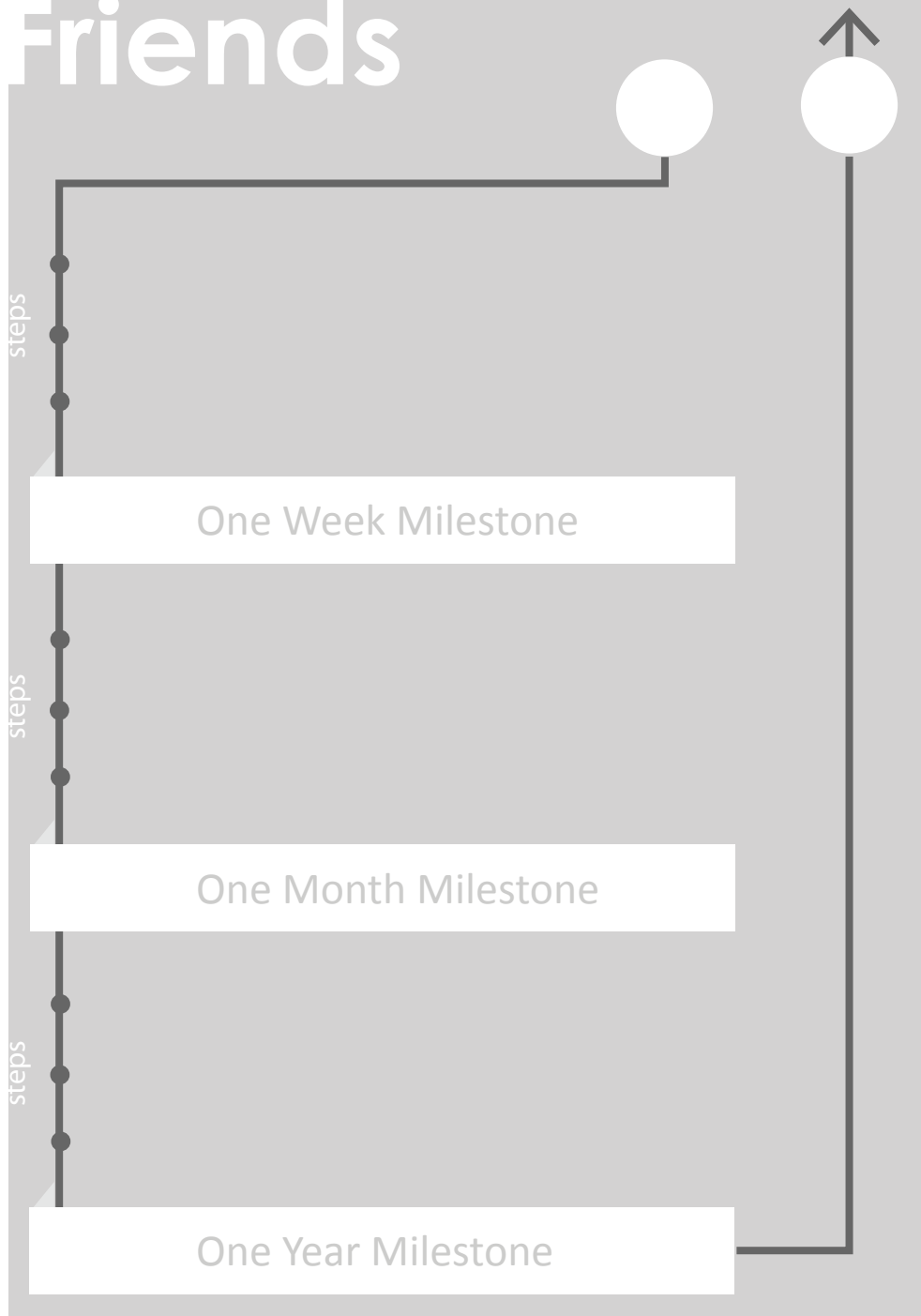


FRIENDS:

OolaPath

OolaLife Dream

Friends



FUN:

OolaPath

OolaLife Dream

