

## Regular Menu

Hacienda Del-Rey at Litchfield Park Place



	<b>Sun 04-02-2017</b>	<b>Mon 04-03-2017</b>	<b>Tue 04-04-2017</b>	<b>Wed 04-05-2017</b>	<b>Thu 04-06-2017</b>	<b>Fri 04-07-2017</b>	<b>Sat 04-08-2017</b>
<b>B R K</b>	1 - Peach Muffin 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	2 - Whole Wheat Pancakes 1 oz Breakfast Ham 1/2 c Fresh Fruit 1/2 c 100% Juice	3/4 c Cold Cereal 1/2 - Banana 1/2 c 100% Juice 1 slice Whole Grain Toast	1 - Fried Egg 1 oz Sausage 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	2 - Brown Sugar French Toast 1 slice Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice	2/3 c Hot Cereal 2 Tbsp Raisins 1/2 c 100% Juice 1 slice Whole Grain Toast	1/2 c Baked Omelet 1/2 c Hash Browns 1/2 c Fresh Fruit 1/2 c 100% Juice 1/2 - English Muffin
<b>S N A</b>	1 oz Crackers	1/2 c Fruit	1/2 c Fruit	1/2 c Fruit	1/2 c Fruit	1/2 c Fruit	1/2 c Fruit
<b>L U N</b>	6 oz Cheese Stuffed Chicken Breast 1/2 c Best Noodles 1/2 c Steamed Broccoli 1 - Baked Roll 1 3"x 2" pc Baked S'more	1 c Pork Stew 1/2 c Rice 1 - Baked Roll 1/2 c Fruit Cobbler	1 c Shrimp Fettuccine 1/2 c Green Beans 3"x 2" pc Lemon Cream Cake	1 - Sloppy Joes 1/2 c Baked Beans 1/2 c Creamy Coleslaw 1 - Hershey's Kiss PB Cookie	3 oz Pork Chops/Cream Mushroom Sauce 1/2 c Brown Rice 1/2 c Grilled Asparagus 1 - Baked Roll 1/2 c Apple Pan Betty	3 oz Seasoned Baked Fish 1/2 c Parmesan Potatoes 1/2 c Sauteed Spinach 1 - Baked Roll 1/2 c Chocolate Peppermint Delight	1 - Grilled Chicken 1/2 c Savory Rice 1 c Light Caesar Salad 1 - Baked Roll 3"x 2" pc Carrot Cake
<b>S N A</b>	1/2 c Yogurt	1 - Granola Bar		1/2 c Yogurt	1 - Granola Bar		1 - Crackers and P/B
<b>D I N</b>	1 c Ham and Lentil Soup 1/2 c Can Do Salad 1 c Green Salad 1 oz Crackers	1 - Ham Turkey Deli Sandwich 1/2 c Select Orange Salad 1/2 c Vegetable Medley 1 oz Chips	2/3 c Kielbasa/Peppers 1/2 c Grapes 1/2 cup Peas 1 - Herb Biscuits	1 c Chicken Rice Soup 1/2 c Fresh Fruit 1/2 c Baked Seasoned Squash 1 - Baked Roll	1 - Roast Beef Sandwich 1/2 - Banana 1 c Waldorf Green Salad	3 oz Glazed Meatloaf 1/2 c Fruit Cocktail 1 c Spring Salad 5 oz Mashed Potatoes	1 - Grilled Cheese Sandwich 1/2 c Assorted Fruit 2/3 c Basil Tomato Soup

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<b>S N A</b>	1 - Cheese/Cracker	1/2 - Deli Sandwich Half	3/4 c Cereal Choice/ Milk	1 - Cheese/Cracker	1/2 - Deli Sandwich Half	3/4 c Cereal Choice/ Milk	1 - Graham Cracker/Milk
	Milk offered at every meal						Week 3