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2019 promises a lot of change and challenges for us at INARA. The work that we have done so far has built a foundation on which we can grow. We’ve learnt so much in the past three years – a better understanding of who we are as an organization, where we want to go in the future, and how we will achieve our goal to ensure that every child injured as a result of conflict gets the medical treatment that they deserve and need.

The biggest change in the new year is our expansion into Turkey. With over 3.5 million Syrian refugees living in Turkey, there is huge need for our work there. We will be able to help many more children living with conflict related injuries.

This last year, I crossed the border from southern Turkey into Idlib in Syria numerous times. What I saw was that the horrors of the war in Syria continue to devastate the population. There are past injuries that have not been properly treated. People continue to suffer. People continue to die. And, most shamefully of all, children continue to be hurt by this protracted war – both physically and mentally. Yes, the world’s spotlight seems to no longer be on Syria, but that doesn’t mean that the Syrian people do not need our help.

INARA is a niche organization that helps war wounded refugee children when no one else can. The work that we do is completely unique, and no other NGO does what we do. Our incredible supporters understand this. I’ve said it many times, and will continue to say it: we can only do this work with the help of others.

Our achievements with the 119 children that we have worked with this year are yours, just as much as they are also our doctors, our partners’ and the children’s and parent’s. Seeing Nisreen, who was injured in an airstrike in Syria, return to school for the first time since that terrible day was an accomplishment for us all. It reminds us that INARA is a network that goes from the donor, to our staff, to our doctors, to our partners, to other NGOs that we work with. By coming together, we can achieve amazing things for children that change lives forever.
Summary of our achievements in 2018

January

Our Christmas Appeal finished, with INARA raising $58,000 over the holidays.

Actors and humanitarians Amanda Seyfried and Thomas Sadoski were welcomed onto INARA’s board.

February

Founder Arwa Damon spoke at the annual Bond Conference in London, the biggest international development event in Europe.

Arwa Damon spoke at the Syrian American Council General Conference in Los Angeles.

April

Prize winning journalist Rania Abouzeid released her book, No Turning Back, donating a portion of her earnings to INARA.

We launched a new outreach program, partnering with Primary Health Care Centers in the north of Lebanon, in order to reach new children.

June

Ramadan was a huge success for us. We raised over $25,000 during this holy month.

We were awarded over $160,000 to continue our partnership with UNICEF in Lebanon.

November

We had our most successful Giving Tuesday ever, raising over $5,500 in one day.

We successfully recruited our new Regional Manager, Michael Butt. He will be leading the INARA team in our expansion in Turkey and elsewhere in the Middle East.

December

We raised over $75,000 for our Christmas Appeal.

Arwa Damon spoke at the annual Bond Conference in London, the biggest international development event in Europe.

INARA was awarded $35,000 by the Kathryn McQuade Foundation.

We had our most successful Giving Tuesday ever, raising over $5,500 in one day.

We successfully recruited our new Regional Manager, Michael Butt. He will be leading the INARA team in our expansion in Turkey and elsewhere in the Middle East.

We raised over $75,000 for our Christmas Appeal.
Completing our two year strategy

At the end of 2018, we will have come to the end of our two-year strategy, and will be launching a brand new strategy to guide the organization as we expand into Turkey and other countries in the Middle East.

Ghaith (12) was hit by shrapnel in his head while he was playing soccer on his roof.

أصيب غيث (12) بشظية في رأسه عندما كان يلعب كرة القدم على سطح منزله.
Reach more refugee children and ensure they get the needed medical treatment

Our main focus of work for this goal was continuing to work closely with our network of organizations within Lebanon. In 2018, 20 organizations referred cases to us. We will continue to work successfully with our network in the future, and hope to expand these numbers.

In addition to this, we launched a new outreach program in October. We have partnered with one Primary Health Care Center (PHCC) in the north of Lebanon to identify new cases that we may be able to help. More partnerships with other PHCCs are expected in the near future. This partnership takes the form of bi-monthly screening sessions, where PHCC staff and INARA case management officers can find potential children in need of our services.

All in all, the number of children treated by INARA increased from 93 last year to 119 this year. That's a 27.95% increase. At the end of 2018, we have provided support to 193 children in total.
Grow INARA's global recognition

Our global recognition continued to grow in 2018. Our Communications team have capitalized on key times in the year (Christmas, Ramadan and Giving Tuesday) to help boost awareness about INARA's work, and raise money.

In May, an Arabic Communications Officer was hired on a part time basis. This position will help to build INARA's presence in the Middle East region, by creating engaging content in Arabic.

While press coverage did decrease this year in comparison to previous years, most likely due to the Syrian War falling out of the world’s spotlight, we still had some positive coverage. This includes an interview with Arwa Damon on CPAC in Canada, and features on our work in TRT World and Al Arabiya.

Arwa Damon spoke at a number of events across the globe. In February, she took part in the Bond Conference in London – Europe's biggest international development conference. In addition, she also spoke at two Syrian American Council events – helping to spread recognition among the Syrian diaspora in the US.
03

Expand our network of partners - both medical providers and humanitarian organizations within Lebanon and regionally

INARA case management officers continue to regularly attend Health Working Groups in Lebanon, disseminating information about our work to NGOs within Lebanon. These meetings are crucial to meeting other NGOs within Lebanon and expanding our network.

We worked with 20 different organizations within our network, who referred cases to us. In the future we hope to expand this number to ensure we are reaching children in need.

We have recruited one new doctor that we work with regularly at the American University of Beirut Medical Center (AUBMC), Dr. Salim Saba. By having more doctors that we work with at AUBMC, we are therefore able to help treat more children.

In launching our new outreach program, we have also started to work closely with PHCCs in the north of Lebanon.

Michael Butt, our new Regional Manager, is leading the INARA team in our expansion into Turkey. We are regularly meeting large institutional donors that we may be able to partner with in Turkey.

يعبر مسؤولو الحالات في جمعية إنارة عن حضور مجموعات العمل الصحي بشكل منتظم، ونشر المعلومات حول منظمات غير الحكومية في لبنان. تكمن أهمية هذه الاجتماعات في لقاء المنظمات غير الحكومية الأخرى داخل لبنان، وتسييون شبكة معارفنا.

بصفة عامة، مع 20 منظمة مختلفة قامت بإحالة عدد من الأطفال إلى إنارة. نأمل مستقبلاً في توسيع هذا العدد لتعزيز علاقاتنا بالأطفال المحتاجين.

كذلك تعانينا من طبيب جديد يعمل معنا بانتظام في المركز الطبي التابع للجامعة الأميركية في بيروت هو الدكتور سليم ساها، من خلال وجود المزيد من الأطباء الذين يعملون معهم. نحن نأمل على المساعدة في علاج المزيد من الأطفال.

بعد إطلاق برنامجنا الجديد للتوعية، بدأنا العمل بشكل وثيق مع مراكز الرعاية الصحية الأولية في شمال لبنان.

يقود مديرنا الإقليمي الجديد مايكل بات فريق جمعية إنارة نحو توسعنا في تركيا. نحن نتعاون بشكل دوري مع كبار المنتجين الذين قد يتوفر معهم إشراكنا في تركيا.
Diversify our funding base

In August, we received new funding from the Kathryn McQuade Foundation – who awarded us $35,000. This grant helped fund the day-to-day operational costs involved in providing life-altering medical treatment for wounded refugee children.

We established a strong working relationship with the Syrian American Council – which has brought in new donations from the Syrian diaspora in the US. Our founder Arwa Damon spoke at two of their events this year, helping to raise both awareness and funding.

As with previous years, the majority of donations continue to come from the US. We are looking at broadening our donor base by expanding our outreach efforts and fundraising campaigns in the new year.
Grow our workforce to achieve these goals

INARA’s workforce increased in 2018 from eight to 12. New positions were created, including a Regional Manager. Michael Butt was hired in this role, and he will be providing strategic guidance to support INARA’s expansion into Turkey and the Middle East.

Other new hires include the Fundraising, Finance & Administration Officer, who is helping to support INARA’s operational activities. An Arabic Communications Officer was recruited to help create Arabic content on the INARA website, and to grow our audience in the Middle East. In October, a part-time Case Management Officer was hired to increase our capacity to help reach and treat more war wounded refugee children.

Case Management Officers were sent on a number of training days throughout 2018. Topics included: early detection of torture; psychological first aid; rehabilitation project management; and disability. $1,500 was spent on training INARA’s case management officers.

ارتفع عدد الموظفين في جمعية انارة عام 2018 من 8 الى 12 من ضمنهم المدير الإقليمي الجديد الذي تم التعاقد معه بهدف وضع استراتيجية لدعم توسع الجمعية في تركيا والشرق الأوسط.

كما تشمل التعيينات الجديدة الأخرى مسؤولاً عن جمع التبرعات والتمويل والإدارة للمساعدة في دعم أنشطة الجمعية التشغيلية. تم أيضاً تعيين مسؤول عن قسم التواصل باللغة العربية للمساعدة في إنشاء محتوى باللغة العربية على موقع الجمعية وتوسيع قاعدة متابعينا في الشرق الأوسط.

في تشرين الأول/أكتوبر، تم التعاقد مع مسؤول حالات بدوام جزئي لزيادة قدرتنا على الوصول إلى المزيد من الأطفال المرضى من جرحى الحرب ومتقاعدينهم.

لقد حضر مسؤولو الحالات في الجمعية دورة تدريبية عدة خلال العام، وشملت الموضوعات: الكشف المبكر عن التعذيب، الإسعافات الأولية النفسية، إدارة مشروع إعادة التأهيل والإعاقة.

تم إلغاء مبلغ $1,500 على تدريب مسؤولي الحالات في جمعية انارة.
Case stories
قصص الحالات التي تتابعها

Taj (7) was injured when shrapnel punctured her leg in an airstrike in Syria. This picture was taken just after her first surgery.

أصيبت تاج (7) عندما اخترقت شظية ساقها من دراء غارة جوية في سوريا. التقطنا هذه الصورة بعد عملية الجراحية الأولى مباشرة.
Breakdown of injuries by type

- Clubfoot
- Injuries due to conflict
- Children injured as refugees
- Other
- Developmental dislocation of the hip (DDH)

Number of children helped

- 2014/15: 13
- 2016: 36
- 2017: 93
- 2018: 119

Year

The number of children helped from 2014/15 to 2018 is shown in the diagram. The highest number of children helped was in 2018 with 119 children. The lowest number of children helped was in 2014/15 with 13 children.
Rafik was only 27 days old when he was injured in the war in Syria. He was asleep in his cot when a nearby explosion shattered the windows in his room, sent shrapnel flying, and the room he was asleep in caught fire.

“All he has known is this injury,” his mother tells us. “I don’t want another year to go by with these burns affecting his life. I want him to be able to go to school without being impaired by what happened to him in Syria.”

The scarring on Rafik’s face is so tight that he struggles to close his eyes, or open and close his mouth. In December, he had a scar release surgery on his face. In one surgery, doctors eased the scarring on his nose, lip and eyes to restore more movement. It would also ease some of the pain he was in. The surgery was a success, and just days after the treatment Rafik was jumping around his flat, giggling, almost fully back to normal.

Were it not for INARA, Rafik would likely have fallen through the gaps in medical treatment and not received the treatment he so desperately needed. This is precisely why INARA’s work is so unique.
Little Lia wasn’t even a year old when we first met her in December 2017. She was badly burnt when an electrical surge in the house she and her family live in as refugees caused a fire. Lia’s tiny body was covered in painful burns.

Our team of doctors at the American University of Beirut Medical Center (AUBMC) recommended that Lia would need to wear a garment for the foreseeable future, to help soften the scarring and make the skin more malleable as she grows. We fitted her with this in January 2018.

Lia has been coming in for follow-ups once a month to make sure that the garment is working. Dr. Ghasan Abu-Sittah is very impressed with how her skin is healing.

In June, our doctors performed a scar release surgery for the skin on her ear and cheek, to restore mobility to Lia’s face.

Lia will need years of treatment to ensure that the burns on her body do not inhibit her ability to lead a happy and healthy future.
Naiima (3) ran into the kitchen when she heard an airstrike. In the panic she knocked a pot of boiling water off the stove and over her body.

ركضت نعيمة (3) إلى المطبخ حين سمعت دوي انفجار ناجم عن غارة جوية. من شدة الخوف أوقفت وعاء الماء المغلي من الموقد على جسمها.
### Costs

<table>
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<th>Cost Category</th>
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<tr>
<td>Medical costs</td>
<td>$324,712.93</td>
</tr>
<tr>
<td>Case management officer costs</td>
<td>$77,812.59</td>
</tr>
<tr>
<td>Non-medical costs</td>
<td>$21,798.13</td>
</tr>
<tr>
<td>Total program expenditure</td>
<td>$424,323.65</td>
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<tr>
<td>Personnel salaries</td>
<td>$101,182.81</td>
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<tr>
<td>Office costs</td>
<td>$25,940.15</td>
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<tr>
<td>Communication costs</td>
<td>$2,756.05</td>
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<tr>
<td>Miscellaneous costs</td>
<td>$18,518.39</td>
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<tr>
<td>Program management costs</td>
<td>$4,807.13</td>
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<tr>
<td>Turkey operational costs</td>
<td>$34,948.00</td>
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<tr>
<td>Total operational expenditure</td>
<td>$188,152.53</td>
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<tr>
<td>Total spending</td>
<td>$612,476.18</td>
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### Money raised

<table>
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<th>Source</th>
<th>Amount</th>
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<tr>
<td>Institutional funding</td>
<td>$254,153.00</td>
</tr>
<tr>
<td>Individual donations</td>
<td>$395,842.69</td>
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<tr>
<td>Total</td>
<td>$649,995.69</td>
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### Percentage of total spending

- **31%** Operational cost
- **69%** Programme cost

### Average case cost

- **≈ $3,565**
Mazen (who was one at the time that this picture was taken) was born with clubfoot. Here AUBMC doctors are putting his foot in a cast.
Funders
الممولون

UNICEF
اليونيسيف

The Kathryn McQuade Foundation
مؤسسة كاثرين ماكوايد

The Ohrstrom Foundation
مؤسسة اورستروم

Partners
الشركاء

American University of Beirut Medical Center (AUBMC)
المركز الطبي التابع للجامعة الأميركية في بيروت

US Fund for UNICEF
الصندوق الأميركي لليونيسيف
Every single one of these activities can make a huge difference to lives impacted by the horrors of war.

We can only do the life changing, unique work that we do with the help of others. As we’ve said before, nobody else does the work that we do. Together we can make a huge difference to the lives of war wounded refugee children in desperate need of medical attention.

There are many ways to help. We’ve listed just a few of the main ways below:

- Give a donation
- Set up a monthly donation
- Throw your own INARA fundraiser
- Take part in a sporting event and raise money for INARA
- Choose INARA on Amazon Smile and donate while you shop
- Check to see if your workplace matches donations using specific schemes
- Tell your friends and family about our work
- Post about us on your social media channels.

Every single one of these activities can make a huge difference to lives impacted by the horrors of war.