

Privacy Policy, Terms & Conditions, Disclaimer

Disclaimer & Terms and Conditions for Website, Services, Programs and Products

Please read the following carefully. By being on this website, and/or purchasing or using any combination of services, products, programs, e-mails, social media, blog, recipes or videos from or related to Rachael Lancaster Wellness LLC, (collectively "Website, programs, products and services") you are agreeing to the terms and conditions, disclaimer and privacy policy. If you do not agree, please leave this website now, and stop using the above-mentioned.

DISCLAIMER

FOR EDUCATIONAL PURPOSES ONLY

All material and information presented by Rachael Lancaster Wellness LLC is intended to be used for educational purposes only.

NOT A SUBSTITUTE FOR MEDICAL ADVICE

The information provided in our "Website, programs, products and services" is not a substitute for medical advice or treatment by a medical professional. Rachael Lancaster Wellness LLC does not treat, cure, prevent or diagnose any disease or condition, and does not claim to do so. Our intent is not to replace any relationship that exists, or should exist between you or your clients Medical Provider or Mental Health Provider. We advise you to seek advice from your Medical or Mental Health Provider before using any of the information or advice received from Rachael Lancaster Wellness LLC and associated Website, programs, products and services. You should not stop taking any medication without first consulting your Medical or Mental Health Provider. You shall not disregard professional medical advice or delay seeking professional medical advice because of information received from Rachael Lancaster Wellness LLC or associated Website, programs, products or services.

NOT HOLDING SELF OUT

As a traditional naturopath, aromatherapist and natural beauty advisor, I am not holding myself out to be a Medical Provider (including doctor/physician, nurse, physician's assistant or any other health professional), Mental Health Provider (including psychiatrist, psychologist, therapist, counselor, or social worker), registered dietitian or licensed nutritionist, or Esthetician.

ASSUMPTION OF RISK

You accept full responsibility for the consequences of your use, or non-use of any information provided through Rachael Lancaster Wellness LLC or associated "Website, programs, products or services", with no liability on our part. Results are not guaranteed.

NO LIABILITY

By using our "Website, programs, products and services", you fully and completely hold harmless, indemnify and release us from any and all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law or equity, that you ever had, now have, or will

have in the future against us, arising from using in any way our "Website, programs, products or services", unless arising from the gross negligence on our part.

NOT EVALUATED BY THE FDA

Information provided by this "Website, programs, products or services" has not been evaluated by the Food and Drug Administration.

WEBSITE TERMS AND CONDITIONS

By using this website you are agreeing to the terms and conditions. If you bought a product or service from us you will also be governed by the terms and conditions of that agreement. This Website is intended solely for users who are thirteen (13) years of age or older.

INTELLECTUAL PROPERTY RIGHTS

Rachael Lancaster Wellness LLC owns all the Intellectual Property in the Website including trademarks, copyright in the information, text, graphics services and other data. These Intellectual Property rights and all content on the Website are protected by United States Intellectual property laws. No part of the Website may be reproduced, stored, modified, adapted, uploaded to another location or reproduced for display in public in any form without our prior written approval.

THIRD PARTY LINKS

Any link to a third party is used at your own risk, and we do not accept responsibility for loss or damages that may arise from your use of them. Links to any third party is provided for informational purposes only.

YOUR CONDUCT

You may not use this website in any way that will, or is likely to cause interruption, damage, or impairment to it in any way. You are not permitted to use the website for any fraudulent activity, or in connection with an unlawful or criminal activity. You may not send, use, or re-use any material that is illegal, offensive, abusive, indecent, harmful, defamatory, obscene or menacing, threatening, invasive of privacy, in breach of confidence, infringing of any intellectual property rights, or which consists of or contains software viruses or any other harmful device intended to adversely affect the operation of computer software or hardware, mass mailings, spam, or commercial solicitation.

PRIVACY POLICY

This Privacy Policy governs the manner in which Rachael Lancaster Wellness LLC collects, uses, maintains and discloses information collected from users (each, a "User") of the <http://www.rachaellancasterwellness.com> website ("Site"). This privacy policy applies to the Site and all products and services offered by Rachael Lancaster Wellness LLC.

Personal identification information

We may collect personal identification information from Users in a variety of ways, including, but not limited to, when Users visit our site, register on the site, place an order, fill out a form, respond to a survey, and in connection with

other activities, services, features or resources we make available on our Site. Users may be asked for, as appropriate, name, email address, mailing address, phone number. Users may, however, visit our Site anonymously. We will collect personal identification information from Users only if they voluntarily submit such information to us. Users can always refuse to supply personally identification information, except that it may prevent them from engaging in certain Site related activities.

Non-personal identification information

We may collect non-personal identification information about Users whenever they interact with our Site. Non-personal identification information may include the browser name, the type of computer and technical information about Users means of connection to our Site, such as the operating system and the Internet service providers utilized and other similar information.

Web browser cookies

Our Site may use "cookies" to enhance User experience. User's web browser places cookies on their hard drive for record-keeping purposes and sometimes to track information about them. User may choose to set their web browser to refuse cookies, or to alert you when cookies are being sent. If they do so, note that some parts of the Site may not function properly.

How we use collected information

Rachael Lancaster Wellness LLC may collect and use Users personal information for the following purposes:

- *To run and operate our Site*
We may need your information display content on the Site correctly.
- *To improve customer service*
Information you provide helps us respond to your customer service requests and support needs more efficiently.
- *To personalize user experience*
We may use information in the aggregate to understand how our Users as a group use the services and resources provided on our Site.
- *To improve our Site*
We may use feedback you provide to improve our products and services.
- *To process payments*
We may use the information Users provide about themselves when placing an order only to provide service to that order. We do not share this information with outside parties except to the extent necessary to provide the service.
- *To run a promotion, contest, survey or other Site feature*
To send Users information they agreed to receive about topics we think will be of interest to them.
- *To send periodic emails*
We may use the email address to send User information and updates pertaining to their order. It may also be used to respond to their inquiries, questions, and/or other requests.

How we protect your information

We adopt appropriate data collection, storage and processing practices and security measures to protect against unauthorized access, alteration, disclosure or destruction of your personal information, username, password, transaction information and data stored on our Site.

Sensitive and private data exchange between the Site and its Users happens over a SSL secured communication channel and is encrypted and protected with digital signatures.

Sharing your personal information

We do not sell, trade, or rent Users personal identification information to others. We may share generic aggregated demographic information not linked to any personal identification information regarding visitors and users with our business partners, trusted affiliates and advertisers for the purposes outlined above. We may use third party service providers to help us operate our business and the Site or administer activities on our behalf, such as sending out newsletters or surveys. We may share your information with these third parties for those limited purposes provided that you have given us your permission.

Electronic newsletters

If User decides to opt-in to our mailing list, they will receive emails that may include company news, updates, related product or service information, etc. We may use third party service providers to help us operate our business and the Site or administer activities on our behalf, such as sending out newsletters or surveys. We may share your information with these third parties for those limited purposes provided that you have given us your permission.

Third party websites

Users may find advertising or other content on our Site that link to the sites and services of our partners, suppliers, advertisers, sponsors, licensors and other third parties. We do not control the content or links that appear on these sites and are not responsible for the practices employed by websites linked to or from our Site. In addition, these sites or services, including their content and links, may be constantly changing. These sites and services may have their own privacy policies and customer service policies. Browsing and interaction on any other website, including websites which have a link to our Site, is subject to that website's own terms and policies.

Compliance with Children's Online Privacy Protection Act

Protecting the privacy of the very young is especially important. For that reason, we never collect or maintain information at our Site from those we actually know are under 13, and no part of our website is structured to attract anyone under 13.

Changes to this privacy policy

Rachael Lancaster Wellness LLC has the discretion to update this privacy policy at any time. When we do, we will post a notification on the main page of our Site. We encourage Users to frequently check this page for any changes to stay informed about how we are helping to protect the personal information we collect. You acknowledge and agree that it is your

responsibility to review this privacy policy periodically and become aware of modifications.

Your acceptance of these terms

By using this Site, you signify your acceptance of this policy. If you do not agree to this policy, please do not use our Site. Your continued use of the Site following the posting of changes to this policy will be deemed your acceptance of those changes.

Contacting us

If you have any questions about this Privacy Policy, the practices of this site, or your dealings with this site, please contact us.

This document was last updated on March 5th 2018.