

Directory of Available Supervisors

Updated May 2021

Note: This is a resource list only. Information in this directory is submitted by the supervisor or organization. This information is not vetted or guaranteed by Better Health Together.

It is up to organizations to contact supervisor or organization for additional information and contracting.

Listings are in order of submission to BHT. This document may be updated if updated information or changes in availability are provided by supervisor or organization.

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Individual Name: Kolbi Peach	Email Address: kolbi@corispokane.com Phone Number: 509-354-0550
Licensure Type	Licensed Independent Clinical Social Worker
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	Social Workers, Marriage and Family Therapists, Mental Health Counselors
Briefly describe your experience & approach as a supervisor	<p>I received my master's degree in social work from Boise State University. After graduate school, I worked as a therapist for Spokane Public Schools providing individual, family and group therapy to students enrolled with Medicaid. After working within the school system, I worked as a community and clinical educator with Coordinated Care, a Washington State Medicaid managed care plan. While there, I also worked as their Children's Behavioral Health Liaison. In this role, I worked as their point person for WISE, CLIP and several other programs. I also worked as a regional lead for the RFP to transition to Medicaid managed care. I then transitioned to Providence where I developed and ran RISE, a partial hospitalization and intensive outpatient program for adults and adolescents struggling with chronic and severe mental health concerns. Here, I supervised a number of therapists, nurse practitioners and support staff. I recently transitioned to private practice and primarily serve adolescents and young adults struggling with anxiety and depression. I also provide clinical supervision to clinicians working towards licensure. As a supervisor, my approach is one of collaboration and problem-solving. Because so many of the decisions we make in this field are not black and white, my job as a supervisor is to work with the treating therapist to make the best decisions and utilize the best approach possible for every individual client's circumstance. I take an organized approach to teaching, using both case studies and real-life client examples to solidify treatment concepts and approaches. Every supervisee is provided with a supervision binder that consists of teaching materials, handouts and resources that we work through together. During supervision we discuss various topics to include: professionalism, ethics, assessment, diagnosing, assessing and mitigating risk, treatment planning, treatment approaches, treatment modalities, group and family work, and termination.</p>
Availability for supervision (select all that apply)	

During business hours X Evenings X Weekends X Other	
Type of supervision (select all that apply)	
Individual X Group X Distance/remote X	
Rate/Fee	Individual- \$100 per hour, Group Supervision- \$60 per participant
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	If I am supervising 1:1, I am able to provide supervision to 3-4 clinicians. If I am providing group supervision, I am able to provide supervision to 6 clinicians per group.
Settings you have experience supervising and/or practicing in (select all that apply)	
Outpatient clinics X Inpatient settings X Hospitals / large health systems X School-based setting X Private practice X Other (please specify)	
Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	The majority of my treatment history is with individuals who struggle with severe and chronic mental health concerns. Up until recently, I have primarily served individuals enrolled with medicaid. The populations I feel most comfortable serving are adolescents and young adults. I work with a number of diagnosis, but feel incredibly comfortable treating PTSD and severe anxiety. I utilize CBT, DBT and EMDR.
What else would you like folks to know about you?	I greatly enjoy teaching and am passionate about providing services to members of our community. I work incredibly hard to ensure I am providing the highest quality care to my clients and the highest quality learning to my supervisees.

Individual Name: Martha Nelson	Email Address: marthajoan@comcast.net Phone Number: 509-869-8389
Licensure Type	LCSW/SUDP
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	LICSW
Briefly describe your experience & approach as a supervisor	Facilitated some peer supervision groups, supervised students and licensure candidates. Supportive, Socratic questioning with direct feedback if indicated.
Availability for supervision (select all that apply)	
Evenings <input checked="" type="checkbox"/> Weekends <input checked="" type="checkbox"/> Other: Friday	
Type of supervision (select all that apply)	
Individual <input checked="" type="checkbox"/> Group <input checked="" type="checkbox"/> Distance/Remote <input checked="" type="checkbox"/>	
Rate/Fee	Negotiable
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	2-4
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> Inpatient settings Hospitals / large health systems School-based setting Private practice	

Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	Groups, CBT, EMDR, brief treatment, HeartMath Certified Practitioner
What else would you like folks to know about you?	Strengths based orientation, over 10 years experience as licensed clinician, additional outreach and case management experience.

Individual Name: Louise Chadez	Email Address: lchadez@gmail.com Phone Number: 509-434-9680
Licensure Type	LICSW, SUDP, CMHS
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	LICSW, SUDP, LMHP
Briefly describe your experience & approach as a supervisor	<p>I began my career in Substance Abuse in 1979. I obtained my MSW from the University of Washington in 1986. My work has been in the public sector throughout my career. I have worked in acute settings, CD detox, Eastern State Hospital (9 years). I mostly have worked in outpatient settings: NATIVE Project, SPARC (developed co-occurring program there), Spokane County Juvenile Court, and currently Pend Oreille County Counseling Services. I also worked with elder populations at Home and Community Services for 4 years. I am a strong advocate of social justice and have been involved in numerous initiatives, boards and work to improve the lives of our most disenfranchised members. I approach supervision as a collaborative effort. My focus includes case presentations to determine diagnosis, obtaining a good working knowledge of DSM5, and discussion of best treatment practices. I also stress professional ethics and working in a holistic manner that addresses the entire individual. I also address diversity, systemic change, social justice and recent research. Supervisees will be encouraged to become involved in community issues that promote a more just society.</p>
Availability for supervision (select all that apply)	
During Business Hours <input checked="" type="checkbox"/> X Evenings <input checked="" type="checkbox"/> X Weekends Other	
Type of supervision (select all that apply)	
Individual <input checked="" type="checkbox"/> X Group <input checked="" type="checkbox"/> X Distance/Remote <input checked="" type="checkbox"/> X	

Rate/Fee	\$100/ hr, individual \$150/group of up to 4
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	8 hours a week
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics X Inpatient settings X Hospitals / large health systems X School-based setting X Private practice	
Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	CBT, mindfulness, Rogerian values, 12 step, harm reduction. I am a huge advocate of group therapy as a healing and helping technique. I have worked with teenagers(8 years), adults with substance use issues(13 years), adult mental health(20 years), including 9 years at ESH. I also have expertise with dementia and working with elder populations (7 years).
What else would you like folks to know about you?	I believe in the importance of serving disenfranchised populations and am a dedicated social justice advocate. I remain active legislatively at the local, state and national levels.

Individual Name: Nora Cornelius	Email Address: norac@aiccinc.org Phone Number: 509-535-0886
Licensure Type	Mental Health and Substance Use
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	SUDP, MSW
Briefly describe your experience & approach as a supervisor	I wasn't expecting to supervise but feel I was the most qualified to keep everyone on track and motivated to keep moving forward to help our callers
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings Weekends Other	
Type of supervision (select all that apply)	
Individual <input checked="" type="checkbox"/> X Group <input checked="" type="checkbox"/> X Distance/Remote <input checked="" type="checkbox"/> X	
Rate/Fee	\$25 / hr
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	2 new clinicians
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> X Inpatient settings Hospitals / large health systems School-based setting Private practice	

Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	Native youth and families. Use of DBT, medicine wheel/spiritual and cultural approach, Co-Occurring treatment. MI, hypnotherapy,
What else would you like folks to know about you?	I'm native American and use a holistic approach to treat the persons mind, body and spiritual needs

Individual Name: Melva Moore	Email Address: melvabuyers@gmail.com Phone Number: 425-241-7737
Licensure Type	LICSW
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	LICSW, LMHC. LMFT
Briefly describe your experience & approach as a supervisor	I'm currently the Director of Mental Health Services at the YWCA Spokane. I supervise a team of therapists that provide trauma treatment to victims of domestic violence. My approach is collaborative, trauma informed and educational.
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings <input checked="" type="checkbox"/> X Weekends <input checked="" type="checkbox"/> X Other	
Type of supervision (select all that apply)	
Individual <input checked="" type="checkbox"/> X Group <input checked="" type="checkbox"/> X Distance/Remote <input checked="" type="checkbox"/> X	
Rate/Fee	\$75/hour (Individual supervision) \$45/hour/individual (Group)
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	3-4 supervises
Settings you have experience supervising and/or practicing in(select all that apply)	

<p>Outpatient clinics X Inpatient settings Hospitals / large health systems School-based setting Private practice</p>	
<p>Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)</p>	<p>Domestic violence, sexual assault, trauma complex and single episode. EMDR certified therapist and regularly practice EMDR, CBT, IFS and MI. Experience with adults, children, teens, couples and families.</p>
<p>What else would you like folks to know about you?</p>	<p>Flexible and open to provide supervision to folks eager to learn and are willing to put themselves out there and be courageous therapists/social workers.</p>

Organization Name: Spokane Treatment and Recovery Services (STARS)	Contact: Ron Tussey Email Address: rtussey@spokanerecovery.org Phone Number: 509-388-2305
Licensure Type	LMHC, SUDP
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	LMHCA, SUDPT, LICSW (partial)
Briefly describe your experience & approach as a supervisor	We have nine dually-licensed counselors. Supervision is both via group and individual supervision.
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings <input checked="" type="checkbox"/> X Weekends Other	
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	4 to 6 (approx.)
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> X Inpatient settings <input checked="" type="checkbox"/> X Hospitals / large health systems School-based setting Private practice	
Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	Co-Occurring

What else would you like folks to know about you?

Willing to work with flexible needs and schedules. Open to discussion.

Organization Name: Institute for Family Development	Contact: Sara Poindexter Email Address: spoindexter@institutefamily.org Phone Number: 509-862-8095
Licensure Type	LICSW, LMHC
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	LICSW, LMHC
Briefly describe your experience & approach as a supervisor	We have LMHC and LICSW supervisors on staff that have supervised staff that carry their associate degrees.
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings <input checked="" type="checkbox"/> X Weekends Other	
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	4
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> X Inpatient settings Hospitals / large health systems School-based setting Private practice	

Organization Name: Goodheart Behavioral Health	Contact: Shelley L Ethrington Email Address: shelleyethrington@gmail.com Phone Number: 509-487-2062
Licensure Type	SUDP
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	SUDPT
Briefly describe your experience & approach as a supervisor	SUDP for many years. Currently clinical Manager for an IOP and OP program.
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings Weekends Other	
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	One
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> X Inpatient settings Hospitals / large health systems School-based setting Private practice	
Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	Native American based program.

What else would you like folks to know about you?

We are a small agency. We are with the American Indian Community Center. We accept all insurances and have a sliding fee scale.

Organization Name: Spokane Addiction Recovery Centers (SPARC)	Contact: Damien J Miller Email Address: damienm@sparcop.org Phone Number: 509-951-3644
Licensure Type	Substance Use Disorder Professional Certification
Licenses you can supervise (e.g. LICSW, SUDP, etc.)	SUDPT
Briefly describe your experience & approach as a supervisor	I have been supervising SUDPT for close to 7 years, reviewing ASAM evaluations, documentation such as group and individual therapy notes.
Availability for supervision (select all that apply)	
During business hours <input checked="" type="checkbox"/> X Evenings Weekends Other	
Approx. number of new clinicians you can supervise / hours of supervision you can provide (please specify clinicians or hours in your answer)	1-2
Settings you have experience supervising and/or practicing in(select all that apply)	
Outpatient clinics <input checked="" type="checkbox"/> X Inpatient settings Hospitals / large health systems School-based setting Private practice	
Specialties or areas of expertise (e.g. experience with special populations, ages, therapeutic approaches, etc.)	Evaluations ASAM, Group Therapy, Individual Therapy

What else would you like folks to know about you?	I'm currently working on my LICSW
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