

BEAUTY

2018 PRICE GUIDE



FACIALS

MINI FACIAL Allow 25mins £37.00

Your therapist will select the most suitable facial for your skin. Every personalised facial includes a consultation, cleanse and exfoliation, finally an application of finishing products to suit your skin.

FACIAL Allow 55mins £63.00

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology, to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, and includes cleansing, exfoliation, and extraction if requested, and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs, to achieve the best possible results. Leave Sessions with your skin feeling fresh, revitalised and toned.

LUXURY FACIAL (INCLUDING EYES)

Allow 1hr 10mins £73.00

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology, to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, and includes cleansing, exfoliation, and extraction if requested, and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs to achieve the best possible results. During the luxury facial, we pay particular attention to the delicate eye area, including a treatment designed to combat the effects of premature ageing and stress to the eye area.

AGE-DEFIER FACIAL Allow 55mins £73.00

A totally luxurious, regenerating facial especially created to help combat the signs of ageing and sun damaged skin. Special facial massage techniques for those delicate areas around the eyes, neck, lips and jaw line are combined with effective moisturising products, rich in natural anti-oxidants, and scientifically advanced, natural ingredients to hydrate and protect. The anti-ageing, rejuvenating benefits of this treatment visibly improve the appearance of the skin, helping to minimise lines and wrinkles, leaving the skin fresh and revitalised.

SKIN RADIANCE FACIAL

Allow 1hr 30mins £84.00

Suitable for all skin types and ages, this treatment combines the unique Optimal Skin Pro Cleanser, which gently exfoliates as it melts into the skin, with a deep Clarisonic brush cleanse and brightening mask to remove dead skin cells. An age-defying and sublimely relaxing massage using Rose Quartz crystals follows, finishing with a Lifting and Smoothing Mask and the revolutionary new Skin Radiance Intensive Serum – to powerfully brighten, firm and even skin tone, leaving your complexion smooth, supple and looking radiantly healthy.

BODY

We offer a comprehensive range of solution-led body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits, depending on your needs.

SKIN BRUSH & BODY POLISH £37.00

SALT AND OIL SCRUB £37.00

LIFE SAVING BACK TREATMENT

Allow 40mins £50.00

An ideal treatment for problematic skin and a treat for this much neglected area. The back is deeply cleansed, body brushed, exfoliated and a mask is applied to help stimulate circulation and cell renewal, and then finish with a luxurious aromatherapy massage.

BLISSFUL BACK, FACE AND SCALP MASSAGE

Allow 1hr 20mins £75.00

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by an intensive facial, tailored to your individual needs and finishes with a therapeutic massage to help clear the mind, calm the spirit and ease tension.

BLISSFUL BACK, FACE AND SCALP WITH HOT STONES Allow 1hr 30mins £84.00

A powerful stress releasing treatment using hot stones to work on deep seated tension and restore balance to vital energy points. The initial, deep cleansing back exfoliation is followed by the Hot Stone Back Massage with essential oils restoring equilibrium to the mind and body. The facial includes a massage and an intensive face treatment mask tailored to your individual needs. Whilst the mask is taking effect, the oriental head massage takes place to help clear the mind, calm the spirit and ease tension. The result is re-hydrated, nourished and soothed skin, combined with a sense of deep relaxation.

LIFT AND FIRM, HIP AND THIGH TREATMENT Allow 50mins £58.00

A course of 6 treatments is recommended. **BUY 5 GET 6TH FREE**

This body treatment consists of specialised hands on lymphatic drainage techniques, along with a deep tissue massage to stimulate the circulatory and lymphatic systems. Deep exfoliation with a special blend of seaweed, salt and oil is followed by a detoxifying massage using essential oils of juniper berry, lemon, grapefruit and cypress, all of which have stimulating and cleansing effects, helping to improve the elimination of excess toxins and fluids in the body.

HOLISTIC TOTAL BODY CARE Allow 1hr 20mins £78.00

This all-encompassing treatment commences with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a full body massage and a facial cleanse using a blend of essential oils chosen to suit individual requirements.

HOLISTIC TOTAL BODY CARE WITH HOT STONES Allow 1hr 30mins £95.00

This all-encompassing treatment commences with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a full body massage with hot stones and a facial cleanse using a blend of essential oils chosen to suit individual requirements.

DETOX BODY WRAP

Allow 55mins

£68.00

A body wrap specifically designed to comfortably raise the temperature and induce perspiration, to help speed up the elimination of toxins and improve circulation. Following skin brushing and exfoliation, a complete body wrap of Marine Algae, combined with Detoxifying Body Oil is blended and applied, to help purify the body and hydrate the skin. The treatment ends with a mind calming scalp massage for ultimate relaxation.

SKIN HYDRATING BODY WRAP

Allow 55mins

£68.00

This personalised body wrap is a tailor-made experience designed to comfortably raise the temperature, nourish the skin and increase the effects and absorption of the wrap. Following skin brushing and exfoliation, a complete body wrap of Algae or Marine Mud combined with essential oils is blended and applied to meet your specific needs. Skin feels nourished and hydrated and the mind left totally relaxed after a soothing scalp massage.

PRE AND POST NATAL BODY CARE

Allow 1hr 20mins

£78.00

This total body treatment has been carefully designed for pregnant mothers to take account of all contraindications and aid in relaxation and tonicity of the skin during this very special time. This treatment includes cleansing, exfoliating and unique massage techniques for your entire body. A body mask is then applied to nourish and hydrate the skin. Whilst this is taking effect, enjoy the relaxing benefits of an oriental head massage to help clear the mind and ease tension. Note: Must be over 12 weeks pregnant.

SOFT SATIN SKIN

Allow 45mins



£42.00

The ultimate body exfoliation for satin smooth skin. This gentle treatment begins with a luxurious exfoliation of the entire body using Rénovateur. Focusing on each individual area of the skin, expert hands smooth away rough patches and refine the skin's texture. Dead cells are eliminated, revealing an incredibly radiant complexion. A finishing application with either Fluide De Beauté 14, Cashmere Cream or Silk Balm nourishes and smooths the skin to reveal its original beauty, leaving your skin exquisitely soft.

CARITA FACIALS



CARITA CINETIC LIFT EXPERT

The alternative to cosmetic surgery and the exclusive combination of Micro-currents, Ultrasound and LED futuristic technologies for visibly dramatic results after just one treatment. Tailored expert solutions dedicated to individual skin concerns, CINETIC™ treatments truly deliver the ultimate results in correcting, lifting and firming.

BUY 5 TREATMENTS AND GET THE 6TH FREE!

We recommend a course of 6 treatments to achieve maximum long-lasting results. To maintain the ultimate in healthy radiant skin, we recommend a facial once a month.

CARITA IDEAL SOLUTION

with CINETIC machine 1hr 30mins £95.00



Without CINETIC machine 1hr £70.00

.....

This facial begins with a detailed consultation and skin analysis to identify specific requirements, and therefore will be tailored to suit your skin. The products used are designed to provide immediate benefits for every skin type.

NEW EXPRESS PEEL

with CINETIC machine 30mins £45.00



.....

New Peeling Gel Mask & Cinetic Lifting Expert Machine. Discover instantly luminous & radiant skin in just 30mins. This new Carita peel delivers pure and potent ingredients into the skin precisely where it needs it most. Skin is left feeling renewed and revitalised with a smooth and refined, flawless texture. Suitable for all skin types.

NEW RESTORING & FIRMING PEEL

with CINETIC machine 1hr 15mins £125.00

CARITA
PARIS

.....

New Neomorphose & Cinetic Lifting Expert Machine. This Advanced Skin Peel exfoliates and hydrates for firmer skin that is full of life. Combining powerful ingredients, this treatment begins with an advanced skin peel, providing professional exfoliation to give the skin vitality. This exceptional treatment gently works to improve the skin's overall appearance, leaving skin feeling smoother, denser and beautifully hydrated.

NEW ULTIMATE WRINKLE SMOOTHING & SKIN RESTORATIVE PEEL

with CINETIC machine 1hr 45mins £145.00

CARITA
PARIS

.....

New Neomorphose & Cinetic Lifting Expert Machine. This powerful precision facial will transform your skin to reveal firmer, smoother, younger-looking skin. This highly effective anti-ageing facial delivers technologically advanced ingredients to the skin, to create outstanding anti-ageing results; wrinkles appear diminished & skin appears firmer overall. Your skin will be transformed with the new Carita peel, intensely exfoliating dead skin cells to dramatically reduce the visible signs of ageing. Neomorphose Formulation works to rejuvenate the skin and create the optimum environment for cellular renewal, revealing skin that is luminous and radiant, with a healthy-looking glow.

GENESIS OF YOUTH

with CINETIC machine 1hr 45mins £120.00

CARITA
PARIS

.....

A deeply relaxing, rejuvenating facial treatment combined with the renowned youth boosting products containing Vernonia restructuring plant active ingredient, to ensure intensive revitalising results. Immediately, the skin appears visibly firmer, radiant and shimmering with youth.

GOLD PERFECTION (40 YRS+)

with CINETIC machine 1hr 45mins £130.00



With Mineral Gold to reawaken the skin's youthfulness. Reawaken the skin's youthfulness and recapture its vitality, with this truly radiance inducing treatment, which leaves the facial contours firmer and even-toned. Thanks to CARITA's bespoke, highly effective Anti-Ageing Massage techniques and Mineral Gold, the skin is left glowing and looking younger and firmer.

PRECIOUS DIAMOND

with CINETIC machine 1hr 15mins £145.00



With a fusion of plants and Diamonds to stimulate cell renewal. This exquisite, luxurious treatment uses unprecedented products which contain a fusion of plants and diamond to stimulate cell renewal and prolong the youth of the skin, giving a new lease of life. Intensely transformed, skin is deeply regenerated and visibly flawless and firmer, with ultimate clarity and luminosity. A truly unforgettable experience.

PRECIOUS DIAMOND FOR EYES

with CINETIC machine 45mins £55.00



With a fusion of plants and diamonds to rejuvenate the eyes. A powerful, luxurious eye treatment to visibly reduce the appearance of fine lines and wrinkles as well as eliminate dark circles and puffiness. Transform and reawaken the eye contour. Eyes appear visibly refreshed and smooth.

FACIAL ADD ONS

CARITA Express Power Shots for the Eyes.....	£8.50
CARITA Neomorphose Soothing, Biocellulose Sheet Mask.....	£12.00
CARITA Neomorphose Peel.....	£15.00
MILIA Removal.....	£18.00
FACIAL Extractions.....	£18.00

TREATMENTS

WAXING & TANNING

Lip or Chin Wax	£ 13.00
Eyebrow Wax.....	£ 13.00
Underarm Wax.....	£ 15.00
Bikini Wax.....	£ 18.00
Half Arm Wax.....	£ 18.00
Full Arm Wax.....	£ 24.00
Lip, Chin or Eyebrow Wax (any two).....	£ 22.00
Lip, Chin & Eyebrow Wax.....	£ 27.00
Brazilian Wax.....	£ 30.00
Hollywood Wax.....	£ 30.00
Half Leg Wax.....	£ 22.00
Half Leg Wax & Bikini	£ 35.00
Full Leg Wax.....	£ 32.00
Full Leg Wax & Bikini	£ 42.00

TANNING

Tan	£ 30.00
Luxury Tan Application	£ 45.00

EYES

Eyebrow Shape.....	£ 12.00
Brow Tint	£ 13.00
Eyelash Tint.....	£ 15.00
Eyelash & Brow Tint.....	£ 21.00
Eyelash Extensions Full Set.....	£ 65.00
LVL LASHES	£ 65.00

NOUVEAU LASHES®

SEMI PERMANENT EXTENSIONS

Allow 1hr

£65.00

Longer, thicker, natural looking lashes.

Each one is applied individually and as they are darker than natural lashes, you won't need to wear mascara.

Eyelash Extension Top Up: 30mins.....£37.00

LVL ENHANCE BY NOUVEAU LASHES®

Allow 1hr

£65.00

The revolutionary natural lash treatment.

The treatment straightens your natural eyelashes at the root, so unlike a traditional lash perm, it creates the effect of longer, lifted lashes. Lasts up to 6-8 weeks.

HANDS & FEET

Nail Art.....	from £12.00
File & Polish.....	£17.00
Express Manicure.....	£27.00
Express Pedicure.....	£27.00
Acrylic Re-fill.....	£35.00
Full Set of Acrylic Nails.....	£48.00
OPI Luxury Manicure.....	£38.00
OPI Luxury Pedicure.....	£38.00
Manicure with Hot Stones.....	£42.00
Pedicure with Hot Stones.....	£42.00

O·P·I

SOAK-OFF GEL POLISH

New long wearing, soak-off gel lacquer.

Lasts for up to 2 weeks and beyond. Flawless wear and colour.

Supplement: £6.00 Soak-off: £15.00

MASSAGES

SWEDISH MASSAGE

Allow 1hr £55.00

.....
A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage; stimulating movements, helping soothe tired, aching muscles, to leave you relaxed and revived. Includes: Swedish massage to back, legs, arms, abdomen, neck/shoulder massage.

DEEP MUSCLE MASSAGE

Allow 1hr with Hot Stones £60.00 without Hot Stones £55.00

.....
A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as; a stiff neck, painful lower back pain and sore, tight shoulders. Includes: Specialised massage to specific areas of concern.

Target Massage - Allow 30mins.....	£32.00
Target Massage using Hot Stones - Allow 30mins.....	£38.00
Target Massage - Allow 45mins.....	£45.00
Target Massage using Hot Stones - Allow 45mins.....	£50.00
Full Body Aromatherapy Massage - Allow 1hr.....	£55.00
Full Body Aromatherapy Massage using Hot Stones Allow 1hr.....	£60.00

INDIAN HEAD MASSAGE £40.00

This massage works on built up stress and tension in the upper back, shoulders and neck. Allow 30mins.

PROFESSIONAL MAKE UP £40.00

Eyes Only £20.00

Professional Make up, using the exclusive DELILAH COSMETICS for weddings or a special occasion. Allow 45mins.

EAR CANDLING

Ear Candling is an alternative practice that will help remove ear wax.

Allow 45 mins £37.00