

MEN'S

2018 PRICE GUIDE



DESIGNED FOR YOUR NEEDS

Our extensive range of treatments cater specifically for your needs. From professional hair styling to expert massage, we have a treatment to suit you.

SPA PACKAGES

SESSIONS SPORTS RECOVERY

Allow 3hrs

£123.00

Enjoy the benefits of soothing spa treatments to detoxify the body.

- For total relaxation to combat the stresses of modern day life, this therapeutic day begins with a session in the steam room, or by relaxing in the calm, peaceful atmosphere.
- Aromatherapy face treatment formulated especially for men.
- Aromatherapy full body massage to relieve aches and pains.

HAIR

JIMI
PARKINSON

ELITE
STYLIST

SENIOR
STYLIST

STYLIST

GRADUATE
STYLIST

STYLING

Cut & Finish

£56.00

£37.00

£29.00

£24.00

£18.00

COLOUR

Homme

-

£15.00

£15.00

£15.00

£15.00

Colour Weave

-

£45.00

£40.00

£35.00

£25.00

Additional Slices or Flashes

-

£15.00

£15.00

£15.00

£15.00

KERTASE Express Rituals

-

£6.00

£6.00

£6.00

£6.00

ALL ABOUT COLOUR

We can help advise on the best colour for you and your hair. **Don't hesitate to ask.**

COLOUR WEAVE

An expert blend of multi-coloured high and low lights.

HOMME

Blends away some of the grey in 5 minutes.
Provides full natural coverage.

CONSULTATION

This complimentary service offers the most professional and up-to-date advice in the area, removing any risk and settling any questions.

COLOUR PATCH TEST

Before your first hair colour, we colour patch test to ensure there is no risk of infection. This test is done 48 hours before treatment and can be done in your initial consultation.

FACE

MINI FACIAL

Allow 25 mins

£37.00

Your therapist will select the most suitable facial for your skin. Every Personalised Facial includes a consultation, cleanse and exfoliation, ending with an application of finishing products to suit your skin.

FACIAL

Allow 55 mins

£63.00

A unique facial entirely tailored to suit your individual skin type. Our beauty therapists will analyse your skin during an expert consultation. Using knowledge and experience we can identify the precise needs and requirements of your skin, allowing us to put together the perfect facial that will regenerate, firm and nourish. Leave Sessions with your skin feeling fresh, revitalised and toned.

SKIN RADIANCE FACIAL

Allow 1hr 30 mins

£84.00

Suitable for all skin types and ages. This treatment combines the unique Optimal Skin Pro Cleanser, which gently exfoliates as it melts into the skin, with a deep Clarisonic Brush Cleanse and Brightening Mask to remove dead skin cells. An age-defying and sublimely relaxing massage using Rose Quartz Crystals follows, finishing with a Lifting and Smoothing Mask and the revolutionary new Skin Radiance Intensive Serum – to powerfully brighten, firm and even out skin tone, leaving your complexion smooth, supple and radiantly healthy.

CARITA CINETIC LIFT EXPERT

The alternative to cosmetic surgery and the exclusive combination of Micro-currents, Ultrasound and LED futuristic technologies for visibly dramatic results, after just one treatment. Tailored expert solutions dedicated to individual skin concerns, CINETIC™ treatments truly deliver the ultimate results in correcting, lifting and firming.

NEW EXPRESS PEEL

Allow 30 mins



£45.00

Discover instantly luminous & radiant skin in just 30 mins by using the New Peeling Gel Mask & Cinetic Lifting Expert Machine. This new Carita Peel delivers pure and potent ingredients into the skin precisely where it needs it most. Skin is left feeling renewed and revitalised with a smooth and refined texture. Suitable for all skin types.

CARITA IDEAL SOLUTION

With CINETIC machine 1hr 30 mins



£95.00

Without CINETIC machine 1hr

£70.00

This facial begins with a detailed consultation and skin analysis to identify specific requirements, ensuring the treatment is tailored to suit your skin. The products used are designed to provide immediate benefits for every skin type.

FACIAL ADD ONS

Express Power Shots for the eyes.....	£8.50
Neomorphose Soothing, Revitalising, Biocellulose Sheet Mask.....	£ 12.00
Neomorphose Peel.....	£ 15.00
MILIA removal.....	£ 18.00
FACIAL extractions.....	£ 18.00

BODY

MASSAGES

Target Massage - allow 30 mins.....	£32.00
Target Massage using Hot Stones - allow 30 mins.....	£38.00
Target Massage - allow 45mins.....	£45.00
Target Massage using Hot Stones - allow 45 mins.....	£50.00
Swedish & Deep Muscle Massage.....	£55.00
Full Body Aromatherapy Massage - allow 1hr.....	£55.00
Full Body Aromatherapy Massage using Hot Stones - allow 1hr.....	£60.00

INDIAN HEAD MASSAGE

Allow 30mins

£40.00

This massage works on built up stress and tension in the upper back, shoulders and neck.

SWEDISH MASSAGE

Allow 1hr

£55.00

A traditional Full Body Massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage; stimulating movements, helping soothe tired, aching muscles and leaving you relaxed & revived.

Includes: Swedish Massage to back, legs, arms, abdomen, neck/shoulder massage.

DEEP MUSCLE MASSAGE

Allow 1hr

With Hot Stones - £60.00

Without Hot Stones - £55.00

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as; a stiff neck, painful lower back pain and sore, tight shoulders. Includes: specialised massage to specific areas of concern.

LIFE SAVING BACK TREATMENT

Allow 40 mins

£50.00

An ideal treatment for problematic skins and a treat for this much neglected area. The back is deeply cleansed, body brushed, exfoliated and a mask is applied to help stimulate circulation and cell renewal, finished with a luxurious aromatherapy massage.

BLISSFUL BACK, FACE & SCALP MASSAGE

1hr 20 mins

£75.00

A truly holistic experience combining a Deep Cleansing Back Exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by an Intensive Facial, tailored to your individual needs and finished off with a therapeutic massage to help clear the mind, calm the spirit and ease tension.

BLISSFUL BACK, FACE & SCALP MASSAGE WITH HOT STONES

Allow 1hr 30 mins

£84.00

A powerful stress releasing treatment using Hot Stones to work on deep seated tension and restore balance to vital energy points. The initial, deep cleansing back exfoliation is followed by the Hot Stone Back Massage with essential oils, restoring equilibrium to the mind and body. The facial includes massage and an Intensive Face Treatment Mask tailored to your individual needs. Whilst the mask is taking effect, enjoy the Oriental Head Massage to help clear the mind, calm the spirit and ease tension. Leave Sessions with rehydrated, nourished and soothed skin combined with a sense of deep relaxation.

SALT & OIL BODY SCRUB

Allow 30 mins

£37.00

EAR CANDLING

Allow 45 mins

£37.00

An alternative practice that will help remove ear wax.

ESSENTIALS

TREATMENTS

Gentleman's Shape & Buff for hands.....	£15.00
Gentleman's Luxury Pedicure.....	£30.00

TANNING

Tan.....	£30.00
Luxury Tan Application.....	£45.00

WAXING

Eyebrow Wax.....	£13.00
Back Wax.....	£28.00
Chest Wax.....	£28.00

EYES

Eyebrow Shape.....	£12.00
Brow Tint.....	£13.00
Eyelash Tint.....	£15.00
Eyelash & Brow Tint.....	£21.00