

2017 Summer Classes



Sheridan Shore Sailing School
20 Harbor Drive
Wilmette, IL 60091
(847) 251-1110
sheridanshoresailingschool.org



Open to the community.
A 501 c (3) not-for-profit organization

Sheridan Shore Sailing School Application Summer 2017

Junior Sailing

Level: Beginning ___ Intermediate ___ Advanced ___
Boat Type: Pram/Opti ___ 420 ___
Session 1 June 12 – 16 a.m. ___ p.m. ___
Session 2 June 19 – July 7* a.m. ___ p.m. ___
Session 3 July 10 – 28 a.m. ___ p.m. ___
Session 4 July 31 – Aug 11 a.m. ___ p.m. ___
Session 5 Aug 14 – 18 a.m. ___ p.m. ___

* No classes July 3 and 4

Sheridan Shore Racing Team

June 14 – Aug 11 Fleet: Opti ___ Laser ___ 420 ___

Sea Squirts

Session 1 June: Tues ___ Weds ___ Thurs ___
Session 2 July: Tues ___ Weds ___ Thurs ___
Session 3 Aug: Tues ___ Weds ___

Adult Group Sailing Classes

Please check sheridanshoresailingschool.org or call for times and availability for our new adult program.

Important Requirements

Each student must have a U.S. Coast Guard approved type III life jacket; rubber-soled, closed-toe shoes; sun-screen, and a water bottle. Also, students must be able to swim 50 yards. Medical and waiver forms must be signed prior to the start of classes.

Note

Send your application and fee early, space is limited and fills quickly. Full refunds are given until 30 days before the start of class, 50% refunds are given between 30 days and the start of a class. No refunds will be given after the beginning of a session.

Online registration at sheridanshoresailingschool.org

Student's Name _____
Parent's Name _____
Address _____
City _____ ZIP _____
Phone _____
E-mail _____
Student's age _____ M / F
Has student taken classes with us before? Y / N

Questions?

Call Zac Hernandez at the Sailing School office at (847) 251-1110 or e-mail: Zac@sheridanshoresailingschool.org

SHERIDAN SHORE
SAILING SCHOOL
Sheridan Shore Sailing School
20 Harbor Drive
Wilmette, IL 60091

SAILING ...
an exciting lifelong sport
that the whole family
can enjoy!

Enroll today.

Welcome to the Sailing School!

Sheridan Shore Sailing School is a US Sailing recognized Community Sailing Center and a 501 c (3) not-for-profit organization. We operate out of the Sheridan Shore Yacht Club located at Wilmette Harbor. Our courses focus on sailing skills for juniors, high school students and adults of all ability levels. U.S. Sailing Association-certified instructors lead classes with a low student to instructor ratio. We design our sailing courses to match differing interests, abilities and age levels. In addition to summer sailing classes, the Sailing School also hosts high school teams in the spring and fall and partners with the North Suburban Special Recreation Association to offer sailing to people with disabilities.

Our Equipment

From beginners to seasoned sailors, the Sailing School's fleet of 50 sailboats meets a variety of needs. For smaller sailors and beginners, Prams and Optimists are a perfect fit. For older and more physically developed sailors, we offer 420s, a two-person sloop that carries spinnakers and trapeze. The school also has a J 24, a 24-foot keelboat, and a Catalina 27.

Sea Squirts

For kids new to sailing, Sea Squirts is an excellent introduction to the sport. Geared for 6- to 8-year-olds, lessons offer close instructor supervision. Classes are short and fun, and are taught at a slow pace. Students sail in the harbor, not on Lake Michigan. Parents can easily watch practices from shore. Classes emphasize the basics of safety, boat parts, rigging and beginning steering. Students learn in Prams, which are ideal for small sailors.



Adult Group Sailing Classes

New format this year! Adults in group sailing classes will now be able to earn an American Sailing Association certification through a partner program. Learn and progress in a fun environment with other adults on our Catalina 27 or J24. Class times are available on the website.

Private, Semi-Private and Family Lessons

Private, semi-private and family lessons are available for a full range of abilities. Individually-tailored lessons can be taught on any of our boats, or we can teach you on your boat. We offer basic sailing instruction through race coaching. Call or e-mail the Sailing School for more information and for a quote tailored to your needs.

Junior Sailing Programs

Junior Sailing Programs offer a variety of sailing instruction for kids ages 8 to 18. Sailors progress through a series of four levels: Beginning, Intermediate, Advanced and Racing Team. This progressive approach is designed to help each sailor improve skills while enjoying learning the sport.

Our coaches continually evaluate students while on the water to ensure they are gaining skills that will help them progress to the next level. The Junior Sailing Program's priorities are to provide safe and fun instruction that develops the participant's sailing skills and enthusiasm for the sport. Our courses incorporate standards from both U.S. Sailing and Canadian Yachting Associations. These programs primarily use Prams, Optimists or 420s for instruction; the boat used depends on a student's ability and physical size.

Beginning Sailing

Beginning Sailing is for students who have never sailed or who have little sailing experience. The class teaches boating safety, knots and boat parts. Students also learn beginning steering, points of sail, maneuvers and how to get a boat to and from a dock and a mooring.

Intermediate Sailing

Intermediate Sailing is for students with some sailing experience who lack the expertise to sail on their own. At this level, students learn more boat parts and knot tying, as well as develop confidence to steer a boat on their own. We also teach basic rules of the road and seamanship. This course focuses on mastering independent, confident boat handling, with the goal of having all students rig and sail a boat without instructor assistance.

Advanced Sailing

In Advanced Sailing, students learn sailing theory and basic racing. Students are also introduced to spinnaker and trapeze use on 420s. Instructors teach advanced boat handling techniques, sail trim and cover beginning racing rules and tactics. By the end of Advanced Sailing, a student should be prepared to race.

Sheridan Shore Racing Team

Sheridan Shore Race Team offers students an opportunity to race competitively. The team uses Optimists, Lasers (both student provided) and 420s. Participants in our racing program study advanced boat handling, tactics and rules. Students also travel to many local regattas and, if they qualify, to national events.

Questions? Call or e-mail

**Zac Hernandez, Sailing Director, (847) 251-1110
or e-mail: Zac@sheridanshoresailingschool.org**

Summer 2017 Class Schedules and Fees

Junior Sailing

All classes meet Monday through Friday. Morning classes are from 8:30 a.m. to 11:45 a.m. and afternoon classes are from 1:15 p.m. to 4:30 p.m. Beginning, Intermediate and Advanced levels are available for each session.

Session 1:	June 12 – 16	\$245
Session 2:	June 19 – July 7*	\$640
Session 3:	July 10 – July 28	\$735
Session 4:	July 31 – Aug 11	\$490
Session 5:	Aug 14 – Aug 18	\$245

*No classes on July 3 and 4

Flex Week

For the weekly rate of \$260, you can extend a session or sail for the week when your schedule allows during sessions 2, 3 and 4. For more information, visit www.sheridanshoresailingschool.org or call (847) 251-1110.

Sheridan Shore Racing Team

June 14 – Aug 11. Monday thru Friday 1 p.m. to 4:30 p.m. \$2,000 (420) or \$1,600 (Opti, Laser). Call for information about partial sessions, racing schedule and boat charters.

Sea Squirts

Ages 6 to 8. Evenings 6 p.m. to 7:30 p.m.

Session 1	Tues: June 6, 13, 20, 27	\$120
	Weds: June 7, 14, 21, 28	\$120
	Thurs: June 8, 15, 22, 29	\$120
Session 2	Tues: July 11, 18, 25	\$90
	Weds: July 5, 12, 19, 26	\$120
	Thurs: July 6, 13, 20, 27	\$120
Session 3	Tues: Aug 1, 8, 15	\$90
	Weds: Aug 2, 9, 16	\$90

Adult Group Sailing Classes

See www.sheridanshoresailingschool.org for class times.

Scholarships Available

The sailing school has need-based scholarships available for lessons and equipment. Call for an application.

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www.facebook.com/SheridanShoreSailingSchool