Empowering people of many races, cultures and background to live and work in peace.

MORE Alumni, Rama Verbeten and her daughter, Clare at the 2015 Run for Refugees 5K, Lake Phalen, Saint Paul, MN.

Annual Report 2015

www.more-empowerment.org
MORE’s Approach

::MIND 238 Students Completed 42,611 Classroom Hours
The minds of our participants are attended to through our Education Program that works to empower our participants with the English language skills necessary to provide them with the ability to function more independently in the United States.

::BODY 2,641 Visits
Our Basic Needs Services help meet the needs of the body by providing access to healthy food with a weekly free food distribution of donated fresh, organic food from Whole Foods as well as weekly distributions of donated clothing and other personal and household essentials that can also help to financially stabilize families.

::SPIRIT 1,192 Case Management Services Provided
313 Individual Therapy Sessions plus 45 Group Meetings
The spirits of our participants are attended to in two programs. Our Social Services Program relieves some of the worries and stresses by providing assistance with navigating the various systems affecting their lives and support in managing life’s myriad of issues and complexities.

Our Mental Health Program removes barriers to therapeutic and supportive services and promotes emotional stability in families by helping address past traumas as well as current distress and anxieties.

Sister Kathleen Spencer Volunteer of the Year Award Winner:

Eileen Daly & the Women’s Association of The Cathedral of St. Paul
The Giving Tree is an annual holiday event organized by the Women’s Association that provides Parishioners of the Cathedral the opportunity to share their love with the newest members of our community by donating gifts for MORE’s December Gift Giveaway event. For ten years, Eileen Daly’s holiday seasons have been filled with the work of organizing this event that has benefitted so many with hundreds of gifts and thousands of dollars in gift cards. Every year, Eileen connects with MORE to find out what gifts are needed; writes those gifts on the tags; decorates the Christmas Tree at the Cathedral with the gift tags; promotes the event with Parishioners; ensures that purchased gifts are returned to the Cathedral by a certain date; organizes all of the gifts; and finally, recruits a crew to load the gifts from the Cathedral and then deliver them to MORE. Phew.

Eileen is the first to say that she has not done any of this alone. Eileen’s husband, Bill, has also been an essential assistant throughout the years. Another of her partners in this endeavor is an important member of MORE’s family, former Board Member, Jane Lynch. While the Giving Tree is definitely a group effort of many, Jane points out that, “Eileen is truly at the core of this effort and really makes it happen year after year.”

All of us at MORE are honored to recognize Eileen Daly and the entire Women’s Association of The Cathedral of St. Paul with the 2014 Sister Kathleen Spencer Volunteer of the Year Award for their annual efforts in support of MORE’s December Gift Giveaway. Thank you for your amazing commitment to MORE.

MORE’s Board of Directors:

Kelly Dolphin
Sandy Donovan, Chair
Joyce Gunning*, Secretary
Adaire Lassonde, SSND

Jane Lynch*
Tiera Shockman, Secretary
Chas Simcox, Treasurer
Boua Xiong
*Terms ended in FY 2015

MORE’s 2015 Annual Report Message from Leadership:

Dear Friends,

It was another incredibly impactful year at MORE. We worked hard to respond to the challenges facing refugees and immigrants in our community. One of MORE’s biggest strengths is our holistic approach to serving people. Our programs do not operate in silos and we encourage participants working in one program area to also work in another program area. For instance, at break time during classes, many students will visit with an Advocate who will help them understand bank statements or other types of mail, or help make important phone calls to their utility or credit card companies, children’s school, landlord or other public service organizations. At the same time, those that are in the Social Services Program receiving help with food or clothing or individuals receiving therapy services in the Mental Health Program, they are encouraged to participate in English Language Learning classes as well.

A challenge to this holistic approach at MORE has been space. Several of MORE’s English classes were moved to the McDonough Community Center during the 2015 Fiscal Year. We are very grateful for the partnership and free space at McDonough. MORE’s Board of Directors has made it a priority to consider our future options related to space. With an almost $15,000 grant from the Management Improvement Fund of The Saint Paul Foundation, in early summer, the Board began formulating a new strategic plan. The process has been thoughtful and strategic in the consideration of the future of the organization. The next two years will be focused on building MORE’s financial wellness and independence. With a strong financial foundation, our options will increase and we will be empowered to have the best possible choices related to space and growing our services and impact on the community.

A significant change during this fiscal year has been related to MORE’s Board of Directors. At the end of 2014, four of MORE’s long-time Board Members completed their terms. All of us at MORE appreciate the amazing support and leadership those Board Members brought to MORE for many years. Last January, the majority of MORE’s Board Members had spent less than two years on the board. The timing of strategic planning couldn’t have been better for the new Board Members. The group spent a significant amount of time looking at all of the details related to the organization’s history, programs, operations, strengths and challenges. The Board Members bring the same passion and energy to ensuring MORE’s success in meeting our mission that has always been present at the board level. They respect where the organization has been and are inspired to continue the important work accomplished by the previous group of leaders.

We are very proud of the many successes made throughout the year working together. It is because of the support of our many donors and the hard work of partners, volunteers, employees, and board members, that we were able to accomplish so much. Thank you! We look forward to continuing to welcome and support new members to our community with love and patience.

Sincerely,

MORE's Executive Director, Cathy Rucci & award recipient, Eileen Daly.

MORE’s 2015 Financials

<table>
<thead>
<tr>
<th>Revenue By Source</th>
<th>Programs</th>
<th>Management</th>
<th>Fundraising</th>
<th>State Grants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Faith-Based Organizations</td>
<td>$32,965</td>
<td>$40,786</td>
<td>$42,196</td>
<td>$68,866</td>
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<tr>
<td>Mental Health Services</td>
<td>6%</td>
<td>7%</td>
<td>12%</td>
<td>68%</td>
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<tr>
<td>Individuals</td>
<td>$388,039</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Foundations</td>
<td>$572,851</td>
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<tr>
<td>Total Revenue</td>
<td>$572,851</td>
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<tr>
<td>Total Expenses</td>
<td>$596,075</td>
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<tr>
<td>Revenue less Expenses</td>
<td>$(23,224)</td>
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<tr>
<td>Total Assets</td>
<td>$408,506</td>
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<tr>
<td>Total Liabilities</td>
<td>$(30,615)</td>
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<tr>
<td>Net Assets</td>
<td>$378,291</td>
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</tbody>
</table>

Expenses by Function:

- Programs: 5%
- Management: 15%
- Fundraising: 80%