

Does SureTouch work if I have breast implants?

Yes. SureTouch can detect any palpable lesions in the breast tissue, and because implants are placed below the breast tissue they do not interfere with the examination. Sure Touch is able to pick up lesions with or without breast implants, without any compression of the breast tissue.

Does SureTouch work if I have dense breast tissue?

Yes. SureTouch measures tissue hardness or elasticity. If a breast lump is detected, SureTouch uses your normal breast tissue elasticity as a baseline to compare the hardness. Mammograms measure breast density, but mammograms of dense tissue often present as opaque and are harder to read than mammograms taken of fatty breast tissue.

What are breast calcifications?

Breast calcifications are small spots of calcium salts. They can occur anywhere in the breast tissue. They are very small, so you won't be able to feel them, and they don't cause any pain. Breast calcifications are mostly benign (not cancer).

Is SureTouch able to identify calcifications?

SureTouch detects lesions that are palpable, and because calcifications are not palpable it cannot detect them.

How is SureTouch different than an ultrasound?

A breast ultrasound procedure is commonly performed to determine if an abnormality detected by mammography or a palpable lump is a fluid-filled cyst or a solid tumor (benign or malignant). Breast ultrasound may also be used to identify masses in women whose breast tissue is too dense to be measured accurately by mammography. Breast ultrasound is generally not used as a screening tool for breast cancer detection. Unlike the ultrasound, SureTouch is indeed used as a screening tool for detecting breast cancer lesions, and also works with dense breast tissue. Ultrasound is most commonly used on small focused areas of the breast whereas SureTouch is used to cover any and all areas of the breast tissue.

Will my doctor accept this in place of a mammogram?

SureTouch is not intended to replace a mammogram, but is a screening tool that works in addition to a clinical breast exam you would receive from a doctor's hand. It may help to detect small lesions that are not palpable by your doctor.

What does SureTouch show that a mammogram doesn't?

Mammograms detect calcifications. SureTouch is able to map the breast tissue and give a measurement, hardness, and image of all lesions except calcifications.

How small of a lump can SureTouch detect?

SureTouch is able to detect lesions as small as 5mm. Doctors can palpate lesions as small as 10-15mm. Suretouch is also able to give us the relative hardness of a lesion along with its size.

Can SureTouch be used as a diagnostic tool?

No. The only definitive diagnosis for breast cancer is a biopsy of the cells. SureTouch is used as a breast cancer screening device, to find and detect lesions and tell us the hardness, size, and shape. Any positive exam will require follow up with your doctor for further testing.

When do I receive my SureTouch results?

SureTouch results are made available immediately following your exam. You will also receive a baseline image for each breast. If there are any findings in your exam you will receive all those images as well. All lesion images are provided with a measurement and hardness so you may take it to your doctor for follow up. You will receive a patient info sheet, which includes a picture example of soft, glandular tissue, and an example of what a suspicious lesion may look like for your reference.

What age can you start receiving a Sure Touch exam?

Breast Cancer Screening guidelines put forward by the American Cancer Society, the American College of Obstetricians and Gynecologist and the National Guidelines Clearinghouse, recommend women ages 20-39 receive a clinical breast exam every 3 years, while women over the age of

40 receive a CBE every year. SureTouch is considered safe for use in all women 20 years of age and older as performance of the tactile breast exam is designed to complement the CBE and uses no radiation to complete.

How often should I receive a Sure Touch exam?

SureTouch is designed to enhance the CBE and should be performed every time you receive a CBE from your healthcare provider. Breast Cancer Screening guidelines put forward by the American Cancer Society, the American College of Obstetricians and Gynecologist and the National Guidelines Clearinghouse, recommend women ages 20-39 receive a clinical breast exam every 3 years, while women over the age of 40 receive a CBE every year. Given SureTouch uses no radiation, there is no limit on the number of exams that may be performed on a woman.

Will a doctor review the SureTouch exam results?

Most SureTouch exams will indicate no detectable abnormalities in a woman's breasts. If you have a negative exam, the SureTouch provider will review the exam with you. In the event the exam suggests an abnormality, a physician will review the exam results and determine a follow-up course of action according to standard protocols. Standard protocols may include returning in 2 weeks time to repeat the SureTouch exam.

How long has SureTouch been in use?

SureTouch received FDA clearance as a digital tactile breast screening device in 2004 and since that time has been used to perform examinations on more than 300,000 women worldwide.

Where is SureTouch available?

SureTouch is available at various medical offices, clinics, and hospitals. Please ask for SureTouch at your next appointment with your primary care physician and or OBGYN.

Can Suretouch be used on other parts of the body?

SureTouch has been designed using unique tactile imaging technology to specifically digitally map the tissue of a woman's breast and the immediate surrounding areas of the underarm and the Tale of Spence.

Does a SureTouch exam require a physician's referral and is the examination covered by insurance?

Unlike other screening techniques, the SureTouch exam does not require a physician's referral AND it is covered by most insurances.

There is growing concern over the incidence of false negative results indicated by current screening technologies. How does SureTouch perform when measured for these inaccuracies?

SureTouch displays breast tissue as it scans over the skin displaying lesions of any hardness and of a size 5mm or larger. Multiple studies indicate the false negative rate of SureTouch at 0% to 6%, while mammograms experience routine rates as high as 20%.