



Upcoming Events

CMS Workshop

December 6, 2016

“The Requirements of Participation: Bringing Them To Life In Your Center”
(Info Pg. 5)

UONL Spring

Conference

More Info To Come

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UONL President’s Message:

November 1, 2016

Dear Friends,

I hope you have enjoyed the autumn sunshine, and bursts of color with the changing of the leaves. Our UONL Fall Conference was an awesome day jam-packed with education, inspiration and valuable information for leaders. The speaker line-up was incredible with Vicki Good’s address on “Fired Up or Burned Out? The Choice is Ours;” Mary Bylone’s topic was “Discover Your Leader Within;” Kim Young spoke about how to “Laugh In The Face of Uncertainty;” and Jan Jones-Schenk gave tips on “Disrupting Burnout: Rediscovering Joy.” There were two nurse leader awards given to deserving recipients: 2016 Nursing Excellence Award to Gail McGuill, and 2016 Emerging Nurse Leader Award to Connie Madden. (Write-ups and photos on page 2-3). They were also recognized at the UHA Annual Conference Banquet at Deer Valley.

We want to thank and recognize Gayle Sturigs and her planning team for all of their hard work: Wayne Kinsey, Cheryl Gerdy, Geoffrey Harding, Shelley Preece, Cyndi Wallace, Chris Johnson, Jamie Quinlan, Todd Neubert, Frances Swasey, Julie Jordan, Danielle Pendergrass, Katarina Friberg-Felsted, Kim Young, Brett Bulloch, Qessia Sawyer, Ronda Ferguson, Patricia Rowe, Brenda Bartholomew, and Brenda Sprague.

With the progression of fall, the season of gratitude embraces us. Have you ever thought about being thankful for YOU? We’ve heard a lot about burn-out in healthcare lately. I recently read an article by Terri Anne Flint, (Director - Intermountain Healthcare EAP & Employee Wellness) about appreciating the thank-yous we receive in our work. She suggested that many of us when appreciation is expressed, just let the comment slide right off with hardly a second thought. The cycle is quite common that you may receive a thank-you, you say thank-you, and hurry onto the next task while waiting for someone to notice all the great work we do.

Have you ever thought about *savoring the thank you?* Take a moment or two and actually savor it. Could you savor the relationship with the person extending the appreciation and give yourself credit for a job well done? Could you let the thank-you flow through you, letting it register both in your brain and heart? The answer is yes! Savoring the thank-you is simple, and very rewarding. It takes no extra time, but can enhance your relationship with others and yourself. You can also add a pause taking a deep breath when you’ve received the thank-you. It seems to help open up more to receive the gift being offered. Can this simple practice reduce stress and burnout? Anything we do to live more in the moment and enjoy what we have will always help us live well. Why don’t you give it a try and see what you discover as you savor the thank you.

All my Best!

Lisa

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2016 Nurse Leader Awards—October 4, 2016

Gail McGill – 2016 Nursing Excellence Award

Gail is currently Chief Nursing and Clinical Officer at Shriners Hospitals for Children-Salt Lake City. She has worked to create an environment where nurses can thrive and be engaged in more than bedside care. There are currently multiple nursing quality improvement projects in process under her leadership.

Gail leads with an inclusive and engaging style. She interacts with all of the healthcare disciplines, and has mentored many up and coming leaders to progress and flourish under her leadership.

Gail is committed to the recommendation of the IOM report on the Future of Nursing and chairs the Shriner's Hospitals for Children Workgroup on the BSN by 2020. Changes will be effective in 2017 that all RNs must have a BSN or higher nursing degree. She was also successful in obtaining a multi-million dollar tuition reimbursement to aid RNs seeking additional education.

Previously Gail worked with Intermountain Healthcare as Regional Chief Nursing Officer where she lead a team of nursing staff and leaders in the successful pursuit of receiving Magnet Designation at the three facilities in that region.

This is just a snapshot of Gail's lengthy and successful career, and her commitment to nursing. Her accomplishments and contributions have shown evidence of her passion to the mission of advancing the health of all Utah residents through innovation and cultivation in nursing leadership. She has helped to shape the future of healthcare through her great work. Congratulations!





2016 Nurse Leader Awards—October 4, 2016

Connie Madden – 2016 Emerging Nurse Leader Award

Connie Madden began at the University of Utah in August 2012 to serve as Associate Dean for Academic Programs. She is a skilled, dedicated leader whose talents are appreciated and acknowledged by students, peers and administration alike.

As assistant Dean for baccalaureate education at the University of Utah College of Nursing, Connie has overseen both the traditional baccalaureate and the RN to BS programs for the past 2 years. Prior to that she was Director of Simulation Programs for U of U Health Sciences. In that role, she expertly directed and evaluated all simulation-based teaching and learning activities for health sciences.

In her current role as Assistant Dean, she has actively led undergraduate faculty through a complete curriculum revision, including the development of new courses, the creation of a concept-based curriculum, and curriculum mapping to the American Association of Colleges of Nursing (AACN) “Baccalaureate Educational Essentials” – all the while ensuring the newly formed curriculum has met essential University of Utah degree requirements.

Connie is a certified gerontologist and holds a master’s degree in Nursing Education. She has been a featured presenter for a variety of groups on simulation and inter-professional education (IPE) across programs such as pharmacy, nursing, medicine, dentistry and health. She has a rare combination of talents that enable students to engage in meaningful interactions with patients along the life continuum.

Once again, this is a small snapshot of Connie’s professional career as an emerging nurse leader. She undoubtedly exceeds all criteria for this prestigious award. Congratulations!



Barbara Wilson and Connie Madden

UONL President-Elect

Ben Becker

Ben is a value based, service-oriented and adaptive nursing leader. He has 18 years of healthcare experience in various roles. Ben has 10 years of progressive nursing leadership and currently is the Director of the Clinical Communications Center for Intermountain Healthcare where he is able to lead and implement new services such as post discharge phone calls and nurse triage line. He also oversees Language Services throughout Intermountain Healthcare. Ben believes nursing leaders have the opportunity and responsibility to shape and improve healthcare now and in the future through our work as leaders by coaching, mentoring and education. Ben received his BSN and MS degrees from the University Of Utah College Of Nursing. He served on the University of Utah College of Nursing Alumni Board from 2007 until 2015 (President 2008-2011). He received the Emerging Nurse Leader Award from UONL in 2012.

UONL Secretary

Terri Hunter

Terri is currently working as the Nurse Administrator at American Fork Hospital. Her tenure with Intermountain Healthcare includes various RN positions in the Emergency Departments of both Utah Valley Hospital and Intermountain Medical Center, Nursing Supervisor at Utah Valley Hospital, Manager of the Women & Children's Department at American Fork Hospital, Director of Patient Care Services at LDS Hospital, and Nurse Administrator at The Orthopedic Specialty Hospital. She has served as the Central Region Research Council lead, Region Patient Experience lead, and currently oversees the South Region Practice Council. She has a Bachelor of Science Nursing and Masters of Public Administration from Brigham Young University and has completed her Certification in Executive Nurse Practice with AONE. Terri is passionate about creating a quality rich, safe, compassionate, and healing environment for both patients and caregivers.

UONL Academic Leader/Workplace Development Practice Co-Chair

Kelsey Riley

Kelsey has been an RN for 4 years and is thoroughly enjoying the journey. Her nursing career began as a Labor and Delivery nurse in a small community hospital in Northern Utah. She then had the opportunity to join Primary Children's Hospital as a Pediatric Heart Transplant Coordinator. This is where she has found her true passion, and wants to focus on future endeavors in this field. She has aspirations to apply for the PhD program at the University of Utah for Fall Semester, 2017, with a desire to do further research examining how we bridge the mental health gap for parents of children undergoing heart transplant, or any other acute medical conditions. Kelsey is excited and ready to get further involved in the community by serving with UONL leadership, and has some ideas and foresight of helping nursing every age bracket.

UONL – Membership Chair

Cheryl Gerdy

Cheryl graduated with her BSN in 1995 and MSN in 2003. She is currently the Cancer Blood and Transplant Services Director at Primary Children's Hospital. Her career has focused on pediatric care in both home health and hospital settings. Cheryl enjoys membership in UONL and the opportunity to associate with nursing leaders from various organizations and roles within the state. She feels we have a great opportunity to continue to engage emerging and experienced nurse leaders in UONL through raising awareness of the benefits of membership and participation.



Policy and Advocacy Committee Update: Teresa Garrett



The Utah Nursing Consortium: Healing Utah's Nursing Gap

The recent study from the Utah Medical Education Council (UMEC) found almost 1300 full-time nursing positions that were unfilled due to a lack of qualified applicants. This number is expected to grow as Utah's population expands and our nursing workforce ages. It's a scene that is playing out all over the country. The Bureau of Labor Statistics anticipates 1.2 million vacancies will emerge for registered nurses by 2022. A perfect storm is brewing, and we need to start educating more nurses now to ensure that we have a big enough workforce to take care of the boomer generation; the tail end of which will reach age 65 in 2029.

Earlier this year, Utah's eight publicly-funded nursing programs* came together to start the Utah Nursing Consortium. Our goal is to increase the number of new RNs licensed in Utah each year in order to continue Utah's legacy of excellent care. Our eight schools currently educate 2/3 of Utah's nursing workforce, and we are prepared to quickly scale our programs up with more funding. There are plenty of smart young people who want to be nurses. In fact, we turn away more than 900 qualified applicants each year (private and proprietary schools turn away more than 300).

The problem at the heart of this nursing shortage is a lack of nursing faculty. To fix this, we are submitting a bill to the state legislature in 2017 asking for funding to hire more faculty members. Our approach is similar to a successful one used a few years ago by Utah's engineering schools to increase funding across the state. We are currently meeting with key stakeholders including legislators, members of the governor's office, healthcare and community leaders. We've received funding from individual and foundation donors to support our efforts. The need is critical and our request is compelling. Everyone has a story about how a nurse has positively impacted them or a family member, and they want that kind of quality care to remain available for their children and grandchildren.

*The eight schools involved in the consortium are: Dixie State University, Weber State University, Snow College, Salt Lake Community College, Utah Valley University, the University of Utah, Utah State University, and Southern Utah University.

Bylaws Committee: Sharon K. Dingman

UONL By-Laws and Rules and Regulations Approved

Thank you to the membership who participated in the reading and approval of the UONL By-Laws and Rules and Regulations this year. There was a **unanimous “yes” vote** accepted by Lisa Paletta, UONL President, during the UONL Fall Conference by the general membership in attendance effective October 7, 2016.

The next review and vote by members will occur in October 2017. The UONL Board will invite you to make recommendations for changes or revisions to both of these documents prior to the next annual meeting.

Thanks for your support.

Sharon K. Dingman, DNP, MS, RN
Bylaws and Rules and Regulations
Committee Chair

UTHCA— Utah Health Care Association Report: Carolyn Reese

Long Term Care

For the first time in more than 20 years, the Centers for Medicare & Medicaid Services (CMS) has significantly changed the Requirements of Participation for nursing home centers. An all day workshop entitled: “The Requirements of Participation: Bringing them to Life in Your Center” has been scheduled for December 6, 2016 at the South Towne Expo. The presenters are Dr. David Gifford and Sara Rudow, who are both with the American Health Care Association (AHCA). The key topic will include care coordination including transitions of care and communication requirements; adverse event monitoring including infection control and medication prescribing; the new facility assessments of residents and facility resources including staffing levels and competencies; and the new requirement for a Quality Assessment and Performance Improvement (QAPI) plan. The Learning Objectives of this workshop will assist the participants to:

- Recognize the key changes to the federal requirements
- Identify the necessary action they must take for their center to comply with the new regulations
- Integrate their learning into an action plan that can be initiated within their setting when they return to their center.

If there are any questions about this session feel free to contact me (Carolyn Reese) at the Utah Health Care Association (UHCA) at 801-486-6100.