



UTAH ORGANIZATION OF NURSE LEADERS

Dates to Remember:

Spring Conference

Proposed April 6

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UONL President's Message:

December 1, 2017

Dear Friends,

It was awesome to see the number of truly engaged nursing leaders at our Fall Conference this year! I want to thank Gayle Sturgis and her committee Wayne Kinsey, Cheryl Gerdy, Geoffrey Harding, Julie Jordan, Danielle Pendergrass, Katarina Frieberg and Coni Robinson for surpassing our expectations and providing a fabulous event! It was good to see so many of our colleagues in attendance, and I know that many of you commented on the value and great tools you took away from this event.

I personally learned so much from our speaker Cole Edmonson, DNP, RN, FACHE, NEA_BC, FAAN, from Texas Organization of Nurse Executives. In addition to his great presentations he referred to a few books, one of which I have devoured and given to my leadership teams (***Heart-Led Leader*** by Tommy Spaulding). I especially enjoyed reading about taking servant leadership to the next level where you truly lead with your heart. Showing our care, concern and compassion to those that we have the privilege to lead doesn't mean we will not hold them accountable for execution and results. It means we will do so in a manner that the employee knows we want them to achieve and grow as professionals, in addition to the success of the organization. I highly recommend you take a look at this book or eBook. I'm certain you will learn from it as well.

This past October Ben Becker, UONL President-Elect, represented UONL and presented two awards at the Utah Hospital Association Award banquet. We were pleased to recognize both Teresa Garrett and Maria Coggins (more details on Pg. 2). Their service and leadership go above and beyond and they were indeed deserving of this great recognition!

As my term of President is coming to an end, I want to express my appreciation and what a pleasure it has been to serve with the existing board members. I have appreciated their support, insight, skills, knowledge, and service! I extend my gratitude and warm welcome to the incoming board members who will bring their own expertise, leadership, and knowledge-base to the team. President-Elect: Sarah Petersen, Treasurer: Gayle Sturgis, Bylaws: Wayne Kinsey, Leadership Cultivation: Gladys Adjei-Poku, Advocacy/Health Policy: Teresa Garrett, and Academic Leadership/Workforce Development (ALC) co-chairs: Patty Ravert and Tammy Richards. Thank you for your willingness to serve!

We are in great hands with our new President Ben Becker! Ben is a very dedicated, experienced leader who knows how to execute and accomplish goals, while building lasting relationships!

It has been a rewarding opportunity to represent you and our state for the past two years. May we all continue to contribute to the mission of UONL to advance the health of all Utah residents through innovation and cultivation of excellence in nursing leadership. And, to work toward shaping the future of healthcare by elevating nursing leadership.

All my Best!

Lisa Paletta, UONL President



2017 Outstanding Nurse Leader in Utah
Teresa Garrett, RN, DNP, APHN-BC



The **Outstanding Nurse Leader** recognition went to Teresa Garrett. This individual should have strong experience as a nurse leader; a seasoned nurse who has demonstrated leadership in nursing beyond the ordinary expectations of her/his employment

2017 Outstanding Emerging Nurse Leader in Utah
Maria Coggins, BSN, RN, CNOR

The **Outstanding Emerging Nurse Leader** award was presented to Maria Coggins. This award is to recognize young nurse professionals as they develop their careers as nurse leaders.



New Board Members:

- President-Elect
- Treasurer
- Bylaws
- Leadership Cultivation
- Advocacy / Health Policy
- Academic Leadership/Workforce Dev (ALC)
- Academic Leadership/Workforce Dev (Co-Chair)

Sarah Petersen, RN, MSN, ACM

Gayle Sturgis, BSN, MBA, CCRN, ME-BC

Wayne Kinsey, RN, MSN

Gladys Adjei-Poku, MSN, BS, RN

Teresa Garrett, RN, DNP, APHN-BC

Tammy Richards, RN, MSN, CPXP

Patty Ravert, Ph.D., RN

We look forward to serving with these new board members, and thank all others who were nominated.

There will be future opportunities for you all to share your expertise and service. Your support is greatly appreciated as the important work of the UONL continues!

Utah has met its goal of 67 nurses on boards!

Katarina Friberg Felsted, is a Jonas Nurse Leader Scholar working on program project work addressing the IOM (now National Academy of Sciences) Future of Nursing recommendation 7: *Prepare and enable nurses to lead change to advance health*. She has worked closely for the past year and a half with the Utah Action Coalition for Health and the Utah Organization of Nurse Leaders, and has created a database registry for nurses who would like to serve on boards. The **Utah Nurse Leadership Registry** is housed on LinkedIn, and we, the UONL board and Katarina, invite you to join.

The group can be found here:

<https://www.linkedin.com/groups/8212751> or by simply typing Utah Nurse Leadership Registry into the search bar of the top middle of the LinkedIn home page. (Once you type Utah Nurse, the group should display as a suggestion.)

You will need a LinkedIn profile to view/join the group, so if you do not have one, you can create one here: <https://www.linkedin.com/> simply enter First name, last name, Email, Password and click "Join now". Then LinkedIn will walk you through how to add current position, job experience, education, etc. You will also have the option to upload a photo.

<https://www.linkedin.com/pulse/how-create-killer-linkedin-profile-get-you-noticed-bernard-marr>

<http://www.businessinsider.com/8-steps-to-creating-a-powerful-linkedin-profile-2013-12>

Please note that when you request to join the group, you will receive an automated message, alerting you to what your LinkedIn profile needs to contain. Once you are approved to join the group, you will receive another automated welcome message.

The UONL board members invite you to join this LinkedIn page to show your desire to promote nursing leadership within the state of Utah. The UONL Board also request that once you are a member, you extend the invitation to another person.

Katarina also requests that we send her any board opportunities that we are aware of with an opening, so that the Nurses on Boards Coalition Group can begin matching nurses to boards. Please note these do not need to be nursing boards. Unfortunately, nursing association boards and governor-appointed state boards of nursing do not apply. The Nurses on Boards Coalition can be found at this website: <http://nursesonboardscoalition.org/>. To be counted, you simply scroll down to the bottom and click Yes Be Counted or No, But I Want To Serve. That is a separate item from the LinkedIn group.

Thank you in advance for your participation in the **LinkedIn Utah Nurse Leadership Registry**.

1. Clark Ruttinger from Utah Medical Education Council will be presenting information to our group on the state's APRN supply. Previous data regarding the general nursing workforce was shared in April's meeting. Highlights on his previous report included the following information:
 - A. Utah is one of 29 states that tracks nursing education data
 - B. Of the 20 Utah institutions, 18 responded this year and included all but 2 small private schools.
 - C. There is a downward trend in LPNs, a steep decline in ADN's, and BSN programs are trending up. DNP programs are also seeing increased growth.
 - D. Diversity (non-Caucasian enrollment) is trending more toward the state population.
 2. Sheryl Steadman reported on the 2nd Annual Utah Opioid Conference October 5th, 2017 at McKay-Dee Hospital. Geared to practitioners, police, and various community agencies.
 3. Specific School reports / initiatives:
 - A. Westminster: Moving to DNP Bridge for working FNPs (post MS-DNP program) in Fall 2018. The CRNA program will move towards the DNP starting in 2020. Westminster has remodeled their clinical lab and is hosting an open house September 22, most likely from 1500 – 1700. Their undergraduate pre-licensure program has been revised and is now 4 semesters rather than 5; and they admit 45 students in the fall and 45 in the Spring. They no longer admit in the summer in the RN to BS program.
 - B. Southern Utah University (SUU): recently filled two vacant faculty positions – otherwise status quo.
 - C. Health Insight (Joan Gallegos): Joan is now Head of Community Relations for Health Insight – congratulations to Joan. Karen Kawalski (Colorado) is hosting a workshop on how faculty can support diverse nursing students and has offered to pay for 2 UONL ALC participants. Workshop is October 16-18, 2017.
 - D. Western Governor's University (WGU): celebrating their 20th anniversary this year. Cheri Lowell has just been promoted to the Assistant Director for the Pre-licensure Program and recently graduated with her PhD. Congratulations, Cherie.
 - E. Salt Lake Community College (SLCC): 7 new faculty have recently been hired. SLCC is starting an Intermountain cohort of 17 this year and an Iasis cohort of 13, in addition to their existing students.
 - F. Roseman University: Roseman now has 4 starting times in their pre-licensure program and 3 starting times for their accelerated program. Several of their students are coming from the Northeast and relocating to Utah.
 - G. Utah Valley University (UVU): Fully staffed and currently working on new initiatives / projects not yet ready to discuss.
 - H. Bridgerland Applied Technical College: Bridgerland now has a new name. Instead of Bridgerland Applied Technical College, it is *Bridgerland Technical College*. All of the associated technical colleges within this same system have also undergone the same name change (e.g., Ogden-Weber Technical College).
 - I. University of Utah: Starting their first cohort into the post masters MS to DNP specialty tracks in Nursing Organizational Leadership (NOL). Admitted a record 136 DNP students in 9 different specialty tracks, including psych mental health, neonatal, women's health, nurse midwifery, adult / geron primary care, adult / geron acute care, family, Post MS-DNP clinical, and post MS-DNP in NOL.

UONL Bylaws and Rules & Regulations:

The annual review of the UONL Bylaws and Rules & Regulations were approved by UONL Membership in attendance at the Fall Conference on September 22nd, 2017. They stand approved for one year.

Dr. Sharon Dingman

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