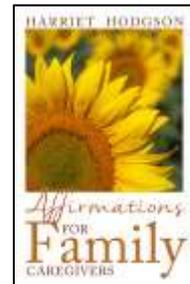
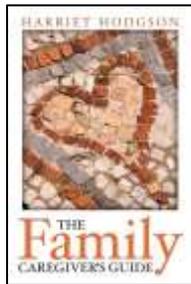


Harriet Hodgson's Books for Family Caregivers

Great Neck, NY native Harriet Hodgson has been a freelancer for 37 years and is the author of 34 books. Her latest series is based on her many years of caregiving experience. Hodgson has cared for three generations of family members, her mother, her twin grandchildren, and is her husband's caregiver now. "Caregiving is love in action," Hodgson declared, her series includes four books: *The Family Caregiver's Guide*, *Affirmations for Family Caregivers*, *Journal for Family Caregivers* (March 12, 2016 release), and the *Family Caregiver's Cookbook* (no release date yet).



Hodgson speaks to community groups about a variety of caregiving topics.

- Why Is Anticipatory Grief So Powerful?
- Compassion Fatigue: What is It? What can I Do About It?
- Compassion Fatigue Isn't for Wimps
- Seeing Your Book in Print: Make It Happen!
- Tested Tips for Family Caregivers

Hodgson always prepares handouts to go with her talks. "I want people to have something to read after they leave," she explained. "And I want them to remember me and my books."

Hodgson has appeared on more than 185 radio talk shows and dozens of television stations, including CNN. The CNN hook-up from Chicago was memorable. Minutes before the "On Air" cue came from Atlanta an overhead light caught fire. The producer climbed a ladder and put out the fire, but ribbons of smoke were visible behind Hodgson. During the interview a man, off-camera, kept fanning the smoke with a towel. Later Hodgson quipped, "That was trial by fire!"

Her work is cited in *Who's Who of American Women*, *Who's Who in America*, *World Who's Who of Women*, *Contemporary Authors*, and other directories. "I love to write so much I even write in my sleep!" Hodgson exclaimed.

Harriet Hodgson's caregiving books are available from booksellers, www.writelife.com and Amazon.

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