Sensory Modulation Brisbane

Sensory Space Audit

The Sensory Space Audit can be completed through moving through the environment and stopping in different sports every few metres and documenting the present and potential sensory input there.

What smells are present now? Any likely smells in the future (eg close to lunch or toilet)

What sights? Lighting? Darkness?

Are there any bright lights, fluorescent lights or flashing lights?

Temperature? Hot spots or cooler spots?

What sounds are present now? What are likely sounds in the future?

Are there "emergency sounds" eg sirens, alarms, people crying out?

Is there an echo quality to the sound? (Reverberation)

What textures are present?

Any water or other features that invite or repel touch experiences?

Any risky features? Trip hazards?

Anything unfamiliar? Hostile? Potential to invoke fear?

What is there that facilitates social connection?

What is there that detracts from social connection?

What nature is present?

Any features that allow someone to spin, rock, sway or swing?

Opportunities for movement?

Opportunities for rest and stillness?

How much privacy is there?

Where do people walk through the area?

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