

Tunnel to Towers 5K

Saturday September 21, 2013

Raleigh, NC

Timing and Results by PrecisionRace.com

Age Group Race Results Report as of 9/21/2013 10:27:32 AM - Top Males Overall in 5K division.

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2932	GARRY ROBERTSON	18:11	18:10	5:52	51	M	EDINBURGH	UK	
2	2925	BRYAN STAFFEY	19:15	19:15	6:13	35	M	WAKE FOREST	NC	Police/Law Enforcement
3	2806	NOAH WALKER	19:30	19:30	6:17	10	M	MORRISVILLE	NC	

Age Group Race Results Report as of 9/21/2013 10:27:32 AM - Top Females Overall in 5K division.

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2870	CAITLIN GLITZ	18:40	18:39	6:01	24	F	FAYETTEVILLE	NC	
2	2554	JERALDIN CASTILLO	19:21	19:21	6:15	25	F	DURHAM	NC	
3	2948	JULIA BRANDSON	20:29	20:29	6:36	41	F	DURHAM	NC	

Age Group Race Report as of 9/21/2013 10:27:32 AM for Males under 19 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2891	BRYCE SABA	21:22	21:19	6:53	13	M	RALEIGH	NC	
2	2519	DALTON BOONE	21:59	21:59	7:05	17	M	TIMBERLAKE	NC	
3	2979	ERIC FIELD	23:10	23:07	7:27	15	M	CARY	NC	
4	2849	DYLAN CORE	23:30	23:30	7:35	8	M	RALEIGH	NC	
5	2890	BRADEN SABA	24:27	24:24	7:52	15	M	RALEIGH	NC	
6	2760	MICHAEL SANGUILY	25:16	25:02	8:05	13	M	RALEIGH	NC	
7	2588	HENRY DUDECK	25:42	25:41	8:17	8	M	RALEIGH	NC	
8	2686	LUCAS MARTINEZ	26:50	26:34	8:34	9	M	YOUNGSVILLE	NC	
9	2857	CONNOR DODGE	27:17	27:17	8:48	11	M	NULL	NC	
10	2601	JERRIT FRAZIER	28:24	28:02	9:03	13	M	RALEIGH	NC	
11	2579	DORIAN DEMUTH	29:52	29:28	9:30	14	M	PINEHURST	NC	
12	2690	MATTHEW MCCRAY	35:06	34:32	11:08	14	M	ROUGEMONT	NC	
13	2758	CRAIG SANGUILY	37:13	36:58	11:55	6	M	RALEIGH	NC	
14	2851	HUNTER CORE	37:16	37:05	11:58	10	M	RALEIGH	NC	
15	2762	WILLIAM SANGUILY	37:18	37:03	11:57	6	M	RALEIGH	NC	
16	2900	DAVID WINEMILLER	39:50	39:29	12:44	11	M	GREENSBORO	NC	
17	2750	PARKER ROBERTS	40:01	39:27	12:44	16	M	RALEIGH	NC	Firefighter
18	2591	CHRISTOPHER EHNES	41:05	40:39	13:07	13	M	CAMERON	NC	
19	2822	JACOB WOODLIEF	42:12	41:57	13:32	9	M	YOUNGSVILLE	NC	
20	2632	JAMES HOOPEES	44:04	43:17	13:58	6	M	JACKSONVILLE	NC	
21	2840	TYLER BERNDT	47:26	46:56	15:08	6	M	SANFORD	NC	
22	2629	JERMAINE HOLTZ	57:30	56:48	18:19	13	M	RALEIGH	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Males 19-29 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2656	ETHNEY KIPROP	21:19	21:12	6:50	23	M	APEX	NC	
2	2628	BRANDON HOLTSLAG	21:24	21:22	6:54	29	M	DURHAM	NC	
3	2627	MATTHEW HOLLIDAY	22:02	21:33	6:57	22	M	RALEIGH	NC	
4	2845	AUSTIN CALDWELL	22:23	22:15	7:11	25	M	RALEIGH	NC	
5	2696	PAUL T MCHALE	22:33	22:19	7:12	29	M	WAKE FOREST	NC	
6	2816	JOEY WILL	22:36	22:29	7:15	23	M	FUQUAY VARINA	NC	
7	2558	FRED CLARK	22:45	22:38	7:18	29	M	RALEIGH	NC	
8	2541	KASEY BUTLER	22:52	22:26	7:14	28	M	CARY	NC	
9	2974	EDSON CARRASCO	23:27	22:23	7:13	25	M	HILLSBOROUGH	NC	
10	2702	DAN MINER	23:42	22:55	7:24	21	M	RALEIGH	NC	
11	2741	JUAN RAMON RANGEL SILVA	23:45	22:41	7:19	27	M	HILLSBOROUGH	NC	
12	2790	JARED TABOR	25:01	24:51	8:01	24	M	RTP	NC	
13	2820	ANDREW WOOD	25:19	25:08	8:06	21	M	GREENVILLE	NC	
14	2567	EDUARDO CORNEJO	25:26	25:25	8:12	22	M	CARY	NC	
15	2705	CHANCE MORRIS	25:37	25:13	8:08	29	M	CARY	NC	
16	2944	DEVIN JACKSON	26:37	25:59	8:23	25	M	BURLINGTON	NC	
17	2540	STEVE BUSSELL	27:09	27:00	8:43	26	M	CARY	NC	
18	2555	DAVE CHACE	27:50	27:14	8:47	28	M	HOLLY SPRINGS	NC	
19	2768	JOSEPH SHANNON-KELLERMAN	27:51	27:35	8:54	25	M	CARY	NC	Police/Law Enforcement
20	2824	CHRISTOPHER WRIGHT	28:02	27:49	8:58	26	M	DURHAM	NC	
21	2572	ANDREA CUTTONE	28:26	28:10	9:05	22	M	APEX	NC	Police/Law Enforcement
22	2969	NICK POWELL	28:34	28:17	9:07	27	M	IRMO	SC	
23	2643	LUIS JIMENEZ	29:15	28:08	9:05	24	M	HILLSBOROUGH	NC	
24	2913	MATT CARUSO	29:20	29:20	9:28	28	M	FUQUAY VARINA	NC	Firefighter
25	2659	JONATHAN KRAEMER	29:20	28:07	9:04	28	M	RALEIGH	NC	EMS
26	2827	EVERETT YOUNG	29:27	28:14	9:06	22	M	CHAPEL HILL	NC	EMS
27	2842	MICHAEL BOSCHART	29:51	28:48	9:17	26	M	CARY	NC	Firefighter
28	2939	BRENT HOLLAND	29:55	28:49	9:18	23	M	SELMA	NC	Firefighter
29	2789	TODD SZCODRONSKI	30:35	29:59	9:40	29	M	CHAPEL HILL	NC	
30	2894	COREY TEDDER	30:38	30:19	9:47	25	M	RALEIGH	NC	Firefighter
31	2942	CHRIS ROWE	30:44	29:55	9:39	27	M	PRINCETON	NC	Firefighter

32	2970 SEAN WARGWY	31:25	31:08	10:03	21	M	COLUMBIA	SC	Firefighter
33	2961 MAURICIO BERTHELY	32:05	31:01	10:00	25	M	HILLSBOROUGH	NC	
34	2532 DYLAN BRIGGS	32:36	31:51	10:16	21	M	RALEIGH	NC	Firefighter
35	2744 JOHN REESE	34:00	33:53	10:56	24	M	RALEIGH	NC	
36	2506 NICHOLAS BANISTER	34:33	33:58	10:57	24	M	RALEIGH	NC	Firefighter
37	2510 BOB BEIDECK	34:35	34:20	11:05	24	M	RALEIGH	NC	
38	2614 MICHAEL HAMMERSTEIN	35:35	34:19	11:04	22	M	RALEIGH	NC	
39	2982 WILLIAM WALKER	35:38	34:23	11:05	27	M	RALEIGH	NC	
40	2681 JUSTIN MARSEE	38:26	37:52	12:13	21	M	DURHAM	NC	
41	2930 KAHLIL ROBINSON	38:59	38:22	12:23	22	M	RALEIGH	NC	
42	2895 KYLE VEGA	39:11	38:43	12:29	27	M	RALEIGH	NC	Firefighter
43	2594 BRAD ELLIOTT	39:45	38:54	12:33	27	M	EATONTON	GA	Firefighter
44	2764 MATT SCHMITT	40:53	40:41	13:07	27	M	RALEIGH	NC	
45	2623 RYAN HILLEN	41:28	40:56	13:12	25	M	APEX	NC	Firefighter
46	2836 COREY AULT	42:17	41:52	13:30	23	M	RALEIGH	NC	Firefighter
47	2753 GERARDO ROMERO	43:27	43:07	13:55	27	M	CARY	NC	
48	2920 AARON STEVENS	45:33	44:57	14:30	29	M	RALEIGH	NC	Firefighter
49	2769 JUSTIN SHEPHERD	45:39	44:51	14:28	24	M	FAYETTEVILLE	NC	Firefighter
50	2576 MATTHEW DAVENPORT	45:40	44:52	14:28	23	M	WILMINGTON	NC	Firefighter
51	2877 SCOTT KNOWLES	46:27	45:35	14:42	20	M	WAKE FOREST	NC	Firefighter
52	2966 PEYTON ELLIS	46:27	45:51	14:47	23	M	RALEIGH	NC	Firefighter
53	2546 RICHIE CAPP	46:29	45:38	14:43	27	M	RALEIGH	NC	Firefighter
54	2965 MICHAEL FOX	46:29	45:52	14:48	24	M	RALEIGH	NC	Firefighter
55	2684 HANK MARTINEZ	50:32	49:20	15:55	29	M	RALEIGH	NC	EMS
56	2703 BETUEL MONJE	57:31	56:49	18:20	26	M	RALEIGH	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Males 30-39 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2794	GLENN TINGEN	20:45	20:43	6:41	38	M	CONCORD	NC	
2	2854	MATT COVINGTON	21:26	20:20	6:34	31	M	CHARLOTTE	NC	
3	2793	MICHAEL THOMAS	21:27	20:23	6:35	32	M	RALEIGH	NC	
4	2811	DOUGLAS WEAVER	21:31	21:19	6:53	32	M	CARY	NC	
5	2899	DAVID WHITEHEAD	21:43	21:32	6:57	36	M	COS COB	CT	
6	2714	JASON NICHOLS	22:51	22:12	7:10	39	M	RALEIGH	NC	
7	2830	DAVID ZAINO	23:09	22:41	7:19	37	M	CARY	NC	
8	2778	TONY SPRINKLE	24:01	24:01	7:45	34	M	CARY	NC	
9	2716	CRAIG NORTON	24:05	23:41	7:38	35	M	RALEIGH	NC	
10	2675	MATT MACINTYRE	24:35	24:21	7:51	33	M	CARY	NC	
11	2611	ZACK HALL	24:39	24:15	7:49	30	M	CARY	NC	
12	2809	DOUG WARF	25:07	25:00	8:04	32	M	RALEIGH	NC	
13	2655	MARK KINGSLEY	25:13	24:50	8:01	38	M	SMITHFIELD	NC	
14	2577	THOMAS DEBOYACE	25:18	25:09	8:07	34	M	KANNAPOLIS	NC	
15	2875	JAVIER IZQUIERDO	25:33	25:30	8:14	36	M	CHAPEL HILL	NC	
16	2647	JONATHAN JONES	25:48	25:44	8:18	36	M	BURGAW	NC	
17	2624	RANDY HINTON	26:31	26:26	8:32	30	M	RAEFORD	NC	
18	2720	BRETT OLSON	26:34	26:09	8:26	35	M	CARY	NC	
19	2677	MICHAEL MAHONEY	26:42	26:40	8:36	35	M	DURHAM	NC	
20	2955	MATT VANDERWAKER	28:21	28:17	9:07	35	M	CHAPEL HILL	NC	
21	2859	BRIAN DREW	28:38	27:20	8:49	38	M	WAKE FOREST	NC	
22	2731	MATTHEW PENDERGRAPH	28:49	28:23	9:09	35	M	PIKEVILLE	NC	Firefighter
23	2733	PAUL PERSCELL	29:00	28:33	9:13	30	M	CARY	NC	
24	2880	CHRIS MASTERS	29:27	28:23	9:09	36	M	ANGIER	NC	Firefighter
25	2653	RYAN KENNEY	29:42	28:26	9:10	34	M	RALEIGH	NC	EMS
26	2876	BRANDON JENNINGS	29:56	28:47	9:17	38	M	FUQUAY VARINA	NC	Firefighter
27	2911	STEPHEN BRYANT	29:56	28:50	9:18	32	M	DURHAM	NC	Firefighter
28	2812	RYAN WEAVER	30:37	30:14	9:45	32	M	RALEIGH	NC	
29	2739	ROBERT POLL	30:42	29:55	9:39	34	M	PRINCECTON	NC	
30	2617	CHRISS HARRIS	30:46	30:25	9:49	33	M	MORRISVILLE	NC	
31	2727	DAN PAULS	30:57	30:00	9:41	31	M	RALEIGH	NC	
32	2971	MARC MCCORKLE	31:02	30:45	9:55	35	M	COLUMBIA	SC	
33	2978	DONG CHEN	32:31	32:28	10:28	38	M	APEX	NC	
34	2940	DAVID INGRAM	32:37	31:52	10:17	38	M	DURHAM	NC	Firefighter
35	2777	ADAM SPILLER	33:38	33:00	10:39	33	M	DURHAM	NC	
36	2626	WILL HOLLAND	36:20	35:09	11:20	34	M	RALEIGH	NC	EMS
37	2603	JEREMY FRYETT	36:21	35:04	11:19	39	M	GARNER	ND	EMS
38	2641	RYAN HUSTON	36:28	35:56	11:35	33	M	CARY	NC	
39	2622	ANDY HILL	36:48	35:32	11:28	32	M	RALEIGH	NC	EMS
40	2524	JASON BORDEAUX	37:29	34:59	11:17	35	M	RALEIGH	NC	Police/Law Enforcement
41	2693	BRIAN MCGINNIS	40:03	39:29	12:44	32	M	CARY	NC	Firefighter
42	2923	DAVID WILLIAMS III	41:17	40:05	12:56	37	M	HOPE MILLS	NC	
43	2665	MICHAEL LEBEAU	42:02	41:16	13:19	32	M	APEX	NC	Firefighter
44	2926	JAMIE HOLLAND	42:02	41:15	13:18	38	M	WAKE FOREST	NC	Firefighter
45	2747	NICK RICHMOND	42:02	41:10	13:17	31	M	WILLOW SPRING	NC	Firefighter
46	2616	JOSHUA HARDESTY	43:12	42:24	13:41	31	M	CARY	NC	EMS
47	2669	JOE LOPEZ	44:41	43:41	14:05	33	M	RALEIGH	NC	
48	2861	STEVEN DUCKERS	47:00	46:19	14:56	33	M	MORRISVILLE	NC	
49	2839	RANDY BERNDT	47:26	46:56	15:08	32	M	SANFORD	NC	

50	2960	JUSTIN MELANSON	48:15	47:46	15:25	32	M	GARNER	NC	
51	2936	ROBERT DAVIS	48:27	47:37	15:22	33	M	ST.PETERSBURG	FL	Firefighter
52	2980	MICHAEL HAMILTON	1:03:44	59:51	19:18	34	M	RALEIGH	NC	Firefighter

Age Group Race Report as of 9/21/2013 10:27:33 AM for Males 40-49 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2621	AARON HILL	21:07	21:04	6:48	46	M	RALEIGH	NC	
2	2918	DEREK MICHAEL	21:52	21:33	6:57	42	M	RALEIGH	NC	
3	2964	JOHN BECHTOLD	23:00	23:00	7:25	44	M	LAWTON	OK	Armed Services
4	2508	MARC BEGIN	23:11	23:07	7:27	47	M	RALEIGH	NC	
5	2869	STEVEN GIROUX	23:11	22:52	7:23	43	M	RALEIGH	NC	
6	2580	GABE DEMUTH	23:25	23:06	7:27	43	M	PINEHURST	ND	
7	2556	NATE CHAMBERS	23:44	23:38	7:37	42	M	MEBANE	NC	Police/Law Enforcement
8	2607	ANTHONY GRANDE	24:10	24:09	7:47	42	M	APEX	NC	
9	2927	JEFF LEAVER	24:15	23:44	7:39	49	M	PITTSBORO	NC	
10	2699	JON MCQUEEN	25:17	25:09	8:07	41	M	CHINA GROVE	NC	
11	2928	ARTHUR JENNINGS	26:31	25:59	8:23	46	M	DURHAM	NC	
12	2825	TOM WRIGHT	26:46	26:40	8:36	43	M	RALEIGH	NC	
13	2817	RICK WILL	27:06	26:57	8:42	49	M	FUQUAY VARINA	NC	
14	2518	THOMAS BLALOCK	27:17	26:48	8:39	49	M	FUQUAY VARINA	NC	
15	2698	EDDIE MCLENDON	27:31	27:31	8:53	49	M	HARRISBURG	NC	
16	2782	DAVID STINSON	27:52	27:36	8:54	40	M	YOUNGSVILLE	NC	
17	2797	WILLIAM TUBILLEJA	27:54	27:36	8:54	42	M	RALEIGH	NC	
18	2522	SEAN BOONE	28:47	27:11	8:46	47	M	TIMBERLAKE	NC	Firefighter
19	2636	MARION HOULE	29:35	28:35	9:13	45	M	FUQUAY VARINA	NC	EMS
20	2564	CHRIS COLANGELO	29:39	28:23	9:09	42	M	CLAYTON	NC	EMS
21	2708	BRENT MYERS	29:51	28:35	9:13	41	M	RALEIGH	NC	EMS
22	2856	CRAIG DAIGLE	29:51	28:48	9:17	40	M	CLAYTON	NC	Firefighter
23	2680	DAVID MARSEE	30:04	29:33	9:32	46	M	DURHAM	NC	Firefighter
24	2921	BRUCE STEWART	30:18	30:06	9:43	47	M	RALEIGH	NC	
25	2735	DAVID PHIPPS	31:15	30:30	9:50	44	M	CLAYTON	NC	
26	2846	JON CARNES	31:52	31:25	10:08	40	M	YOUNGSVILLE	NC	
27	2968	KEVIN BENSON	31:59	30:38	9:53	44	M	BROWNSVILLE	TX	Police/Law Enforcement
28	2689	DAVID MCCRAY	32:21	31:40	10:13	43	M	ROUGEMONT	NC	
29	2844	JOHN BYRNES	33:29	33:00	10:39	47	M	WILMINGTON	NC	
30	2804	G WALKER	34:39	34:28	11:07	45	M	RALEIGH	NC	
31	2862	CHARLES DUNTON	35:15	34:58	11:17	46	M	NEWPORT	NC	Police/Law Enforcement
32	2612	JEFFREY HAMMERSTEIN	35:35	34:19	11:04	46	M	RALEIGH	NC	EMS
33	2882	JARVIS MORGAN	35:46	35:24	11:25	48	M	RALEIGH	NC	
34	2742	ADAM REED	35:58	35:31	11:27	41	M	RALEIGH	NC	
35	2671	PAUL LYLES	36:49	36:07	11:39	47	M	RALEIGH	NC	
36	2947	CLINTON PETERSON	36:59	36:50	11:53	43	M	CARY	NC	
37	2761	ROBERT SANGUILY	37:19	37:02	11:57	48	M	RALEIGH	NC	
38	2551	ROY CARWELL	41:31	41:31	13:24	41	M	YOUNGSVILLE	NC	
39	2608	LAWRENCE GRANDE	42:02	41:05	13:15	43	M	HOLLY SPRINGS	NC	Firefighter
40	2631	JAMES HOOPES	44:03	43:17	13:58	43	M	JACKSONVILLE	NC	
41	2828	RANDY YOUNG	44:39	43:36	14:04	43	M	LOUISBURG	NC	Firefighter
42	2973	GREG SPAUGH	50:03	49:19	15:55	41	M	RALEIGH	NC	
43	2602	DOUG FRELKE	54:06	51:43	16:41	46	M	RALEIGH	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Males 50-59 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2850	HANK CORE	23:30	23:29	7:35	50	M	RALEIGH	NC	
2	2767	MICHAEL SHAFFER	23:34	23:26	7:34	50	M	FRANKLINTON	NC	
3	2695	PAUL MCHALE	23:44	23:27	7:34	54	M	WAKE FOREST	NC	
4	2676	EDWARD MADLON	25:20	25:08	8:06	57	M	RALEIGH	NC	
5	2833	MIKE HOGAN	28:13	27:55	9:00	53	M	CARY	NC	
6	2795	GENE TOTH	28:22	28:02	9:03	55	M	CARY	NC	
7	2598	CHARLES FAMBROUGH	28:28	28:22	9:09	53	M	HOLLY SPRINGS	NC	
8	2715	PAUL NOBLIN	28:53	28:06	9:04	50	M	RALEIGH	NC	Police/Law Enforcement
9	2666	KENNETH LENNON	29:07	28:33	9:13	56	M	DURHAM	NC	Police/Law Enforcement
10	2943	BRUCE CAIRNS	31:24	30:48	9:56	50	M	PITTSBORO	NC	EMS
11	2743	DENIS REESE	31:52	31:42	10:14	51	M	RALEIGH	NC	Firefighter
12	2908	STEVE BAKER	32:36	32:02	10:20	53	M	MORRISVILLE	NC	Firefighter
13	2527	WILLIAM BOWDEN	36:53	34:36	11:10	56	M	GARNER	NC	
14	2571	CRAIG CROUCH	39:32	38:33	12:26	52	M	JACKSONVILLE	NC	
15	2901	KEVIN WINEMILLER	39:49	39:29	12:44	53	M	GREENSBORO	NC	
16	2570	GEORGE CRAWFORD	42:02	41:13	13:18	50	M	CLAYTON	NC	Firefighter
17	2935	RANDALL SCHMIDT	48:27	47:37	15:22	50	M	WAKE FOREST	NC	Firefighter
18	2549	WILBERT CARTER	49:17	48:21	15:36	53	M	RALEIGH	NC	
19	2841	ROBERT BLACKMAN	52:11	51:31	16:37	50	M	RALEIGH	NC	
20	2542	JIM CALLAHAN	54:09	51:41	16:40	54	M	FAYETTEVILLE	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Males 60+ in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2710	DOW NEEDHAM	28:51	28:51	9:18	64	M	DURHAM	NC	
2	2501	DON ADAMS	33:38	33:09	10:42	64	M	RALEIGH	NC	Firefighter

3	2707	JOHN MURPHY	38:31	38:15	12:20	62	M	SANFORD	NC	
4	2929	DENNIS LUCAS	52:09	51:28	16:36	66	M	RALEIGH	NC	
5	2615	MARK HANNIGAN	1:03:45	59:52	19:19	61	M	ROUGEMONT	NC	Firefighter
6	2765	BILL SCHUCK	1:03:46	59:52	19:19	60	M	ROUGEMONT	NC	Police/Law Enforcement

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females under 19 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2530	RACHEL BRADLEY	22:03	21:33	6:57	18	F	MEBANE	NC	
2	2535	CHARLOTTE BUISING	24:25	24:13	7:49	18	F	FAIRFAX STATION	VA	
3	2976	ASHLEIGH BYRD	26:08	25:03	8:05	3	F	RALEIGH	NC	
4	2509	SAMANTHA BEGIN	26:24	26:20	8:30	15	F	RALEIGH	NC	
5	2757	CAROLINE SANGUILY	28:12	27:57	9:01	15	F	RALEIGH	NC	
6	2952	ANNA VANDERWALKER8	28:21	28:17	9:07	8	F	CHAPEL HILL	NC	
7	2933	IKECHI CONSTANCE	28:51	28:44	9:16	17	F	RALEIGH	NC	
8	2723	GRACIE OWENS	29:43	29:22	9:28	12	F	APEX	NC	
9	2893	ASHLEY STEWART	30:12	30:06	9:43	16	F	RALEIGH	NC	
10	2759	EMMA SANGUILY	30:45	30:29	9:50	15	F	RALEIGH	NC	
11	2584	SAMANTHA DIETRICH	30:59	30:40	9:54	11	F	CARY	NC	
12	2712	AMANDA NGUYEN	30:59	30:47	9:56	18	F	RALEIGH	NC	
13	2803	CARMEN WALKER	34:39	34:28	11:07	13	F	RALEIGH	NC	
14	2863	MADDISON DUNTON	35:12	34:55	11:16	16	F	NEWPORT	NC	
15	2884	SALLY NGO	35:15	34:51	11:15	13	F	CARY	NC	
16	2902	TAYLEA ACHTERMANN	37:03	36:39	11:49	13	F	APEX	NC	
17	2597	KRISTIN ESTES	37:04	36:09	11:40	15	F	YOUNGSVILLE	NC	
18	2507	SARAH BEEBE	37:08	36:55	11:55	18	F	RALEIGH	NC	
19	2953	LEXI VANDERWALKER	37:14	37:10	11:59	11	F	CHAPEL HILL	NC	
20	2604	JESSICA FUKO	37:35	36:52	11:54	14	F	RALEIGH	NC	
21	2975	CAITLIN BREEDLOVE	38:05	37:33	12:07	13	F	LIBERTY	NC	
22	2521	SARAH BOONE	41:07	38:49	12:31	12	F	TIMBERLAKE	NC	
23	2786	HANNAH SWEET	41:36	41:06	13:15	14	F	RALEIGH	NC	
24	2906	MORGAN ALEXANDER	41:37	41:23	13:21	10	F	MORRISVILLE	NC	
25	2904	CAMERON ALEXANDER	41:37	41:23	13:21	12	F	MORRISVILLE	NC	
26	2867	JORDAN GELBER	42:08	41:30	13:23	15	F	RALEIGH	NC	
27	2561	HANNAH COCHRAN	42:51	40:29	13:04	10	F	RALEIGH	NC	
28	2552	MICHAELA CASEY	43:12	42:24	13:41	10	F	CARY	NC	
29	2634	RILEY HOOPES	44:04	43:17	13:58	4	F	JACKSONVILLE	NC	
30	2638	KALANI HOUSTON	46:30	46:11	14:54	9	F	WAKE FOREST	NC	
31	2592	KAITLYN EHNES	47:28	47:03	15:11	9	F	CAMERON	NC	
32	2881	TENISHA MCCLAIN	59:24	59:04	19:03	18	F	KNIGHTDALE	NC	EMS
33	2544	KERRY CAMPAGNA	59:24	59:04	19:03	18	F	KNIGHTDALE	NC	
34	2738	FAITH POLL	1:03:33	1:02:39	20:13	10	F	PRINCETON	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females 19-29 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2780	KATIE STARR	22:21	22:19	7:12	29	F	DURHAM	NC	
2	2697	KARA MCKENNA	22:52	22:17	7:11	25	F	RALEIGH	NC	
3	2547	KATELYN CARO	23:22	23:10	7:28	23	F	APEX	NC	
4	2815	SARAH WHITTEN	23:55	23:51	7:42	29	F	SPRING LAKE	NC	
5	2649	CALLEY KANDIES	24:01	23:59	7:44	29	F	RALEIGH	NC	
6	2934	AMANDA MCKENDRICK	24:24	24:19	7:51	27	F	RALEIGH	NC	
7	2775	STEPHANIE SMITH	25:58	25:33	8:15	27	F	CARY	NC	
8	2673	MANDY MABEN	26:31	26:26	8:32	29	F	FAYETTEVILLE	NC	
9	2922	KATHERINE VARGA	27:23	26:58	8:42	26	F	RALEIGH	NC	
10	2796	KRISTEN TOTH	27:25	27:06	8:45	24	F	CARY	NC	
11	2800	LARISSA VELNA	28:26	28:11	9:05	28	F	CARY	NC	
12	2569	SARAH CRAVEN	28:43	28:21	9:09	26	F	CARY	NC	EMS
13	2620	MOLLY HEFFERNAN	29:08	28:58	9:21	24	F	NEW YORK	NY	
14	2726	ANNE PAULS	30:57	30:00	9:41	29	F	RALEIGH	NC	
15	2919	JAMIE MOGEL	31:17	31:07	10:02	26	F	SWANSBORO	NC	
16	2956	ALICIA LEASE	31:28	31:16	10:05	26	F	DURHAM	NC	
17	2606	ANA GOMEZ CRESPO	31:37	30:31	9:51	25	F	HILLSBOROUGH	NC	
18	2568	MELISSA COVERT	32:17	31:59	10:19	27	F	DURHAM	NC	
19	2910	KATELYN BRYAN	32:19	31:56	10:18	25	F	WAKE FOREST	NC	
20	2912	SCOTT CARTLEDGE	32:19	31:56	10:18	24	F	RALEIGH	NC	
21	2917	SARA LEFEBVRE	33:09	32:37	10:31	25	F	APEX	NC	
22	2749	SHANNON ROBB	33:20	32:19	10:25	29	F	MORRISVILLE	NC	
23	2819	SARAH WOMACK	33:59	33:52	10:55	28	F	SANFORD	NC	Firefighter
24	2595	NATALIE ELLIOTT	34:23	33:32	10:49	25	F	CARY	NC	
25	2610	KELLY GRIFFITH	34:32	33:44	10:53	28	F	FUQUAY VARINA	NC	
26	2694	ASHLEY MCHALE	34:43	34:29	11:07	19	F	WAKE FOREST	NC	
27	2864	MEGAN DUNTON	35:13	34:56	11:16	19	F	NEWPORT	NC	
28	2536	CATHERINE BURIA	35:54	35:40	11:30	29	F	DURHAM	NC	
29	2945	KAREN JACKSON	36:03	35:24	11:25	26	F	BURLINGTON	NC	
30	2539	SAMANTHA BUSSELL	36:09	36:00	11:37	24	F	CARY	NC	
31	2829	SAMANTHA YUEN	36:27	36:16	11:42	20	F	RALEIGH	NC	
32	2679	ANNA MARESKA	36:55	36:42	11:50	19	F	CHARLOTTE	NC	
33	2924	JESSICA NELSON	37:01	36:41	11:50	20	F	WILMINGTON	NC	

34	2728	MELODY PAYE	37:13	37:00	11:56	19	F	HAMPSTEAD	NC	
35	2783	ASHLEY STRICKLAND	37:21	36:36	11:48	27	F	FAYETTEVILLE	NC	
36	2706	KIMBERLY MUELLER	37:21	36:36	11:48	27	F	HOPE MILLS	NC	
37	2582	AMBER DEZIEL	37:22	37:05	11:58	28	F	WAKE FOREST	NC	
38	2897	RACHELLE WESTBROOK	37:22	37:06	11:58	29	F	CLAYTON	NC	
39	2674	CARRIE MACCOLLUM	37:58	37:58	12:15	25	F	CARY	NC	
40	2668	RACHEL LOOMIS	38:17	37:57	12:15	24	F	RALEIGH	NC	
41	2896	RACHEL VEGA	39:11	38:43	12:29	29	F	RALEIGH	NC	
42	2808	CHRISTEN WARE	39:32	38:34	12:26	28	F	RALEIGH	NC	
43	2874	JESSICA IDE	40:45	40:04	12:55	23	F	RALEIGH	NC	
44	2873	KELSEY GRAVEN	43:27	42:50	13:49	23	F	CARY	NC	
45	2754	HENMILY ROMERO	43:33	43:13	13:56	25	F	CARY	NC	
46	2704	ERIN MORGAN	46:21	45:48	14:46	28	F	ROLESVILLE	NC	
47	2941	JAMIE CARTER	46:28	45:38	14:43	26	F	APEX	NC	
48	2879	ROSANNA LOPEZ OCAMPO	46:55	45:36	14:43	25	F	HILLSBOROUGH	NC	
49	2963	REBECCA ADAMS	46:56	44:32	14:22	23	F	DURHAM	NC	
50	2730	HEATHER PENDERGRAPH	48:33	48:07	15:31	29	F	PIKEVILLE	NC	
51	2937	JESSIE DAVIS	48:46	47:53	15:27	27	F	ST.PETERSBURG	FL	
52	2883	NOELLE MOURSYS	49:41	49:01	15:49	25	F	APEX	NC	Firefighter
53	2837	OLIVIA AUSTIN	49:43	48:51	15:45	19	F	WAKE FOREST	NC	
54	2585	AMANDA DIGGS	59:24	59:04	19:03	22	F	FUQUAY VARINA	NC	EMS
55	2951	LANEY STERLING	1:03:44	1:00:00	19:21	24	F	DURHAM	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females 30-39 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2972	JAMILA GALE	23:48	23:43	7:39	33	F	HOPE MILLS	NC	Armed Services
2	2717	JEN NORTON	24:18	23:45	7:40	36	F	RALEIGH	NC	
3	2646	AMY JONES	25:47	25:43	8:18	34	F	BURGAW	NC	
4	2688	APRIL MAULDIN	25:55	25:25	8:12	35	F	ANGIER	NC	
5	2721	COURTNEY OVERMAN	26:36	26:34	8:34	31	F	APEX	NC	
6	2645	JAMILYN JOHNSON	27:14	27:07	8:45	36	F	MORRISVILLE	NC	
7	2805	MEREDITH WALKER	27:14	27:07	8:45	39	F	MORRISVILLE	NC	
8	2713	BRITTANY NICHOLS	27:22	26:43	8:37	32	F	RALEIGH	NC	
9	2670	HOLLY LULL	27:30	27:25	8:51	33	F	YOUNGSVILLE	NC	
10	2687	LEIGH MARTINO	29:12	29:12	9:25	30	F	DURHAM	NC	
11	2654	TESSA KING	29:19	29:09	9:24	37	F	RALEIGH	NC	
12	2538	BERNADETTE BURTON	29:23	28:55	9:20	35	F	WILMINGTON	NC	
13	2657	QUAN KIRK	29:24	29:09	9:24	39	F	RALEIGH	NC	
14	2799	CHRISTEN VANNEWKIRK	29:28	29:11	9:25	30	F	ANGIER	NC	
15	2724	MARIS PADGETT	29:39	28:26	9:10	31	F	VASS	NC	EMS
16	2685	KAREN MARTINEZ	29:53	29:37	9:33	35	F	YOUNGSVILLE	NC	
17	2889	MARY ANN ROSE	30:32	30:30	9:50	30	F	RALEIGH	NC	
18	2537	MISTY BURNS	30:34	30:06	9:43	37	F	GRAHAM	NC	
19	2788	CHERI SZCODRONSKI	30:34	29:58	9:40	32	F	CHAPEL HILL	NC	
20	2575	KIERA DANIELS	30:42	29:54	9:39	36	F	PIKEVILLE	NC	
21	2618	ERICA HARRIS	30:46	30:24	9:48	31	F	CARY	NC	
22	2776	JENNY SPENCER	30:55	30:45	9:55	33	F	RALEIGH	NC	
23	2709	MIRIAM MYERS	31:24	30:09	9:44	34	F	WILKESBORO	NC	EMS
24	2691	TONI MCCRAY	31:40	30:58	9:59	35	F	ROUGEMONT	NC	
25	2967	KIMBERLY BENSON	31:52	30:31	9:51	31	F	BETHESDA	MD	
26	2504	KELLY ANDREWS	32:18	31:59	10:19	31	F	DURHAM	NC	
27	2756	KIMBERLY SAGUINSIN	32:41	32:14	10:24	34	F	HOLLY SPRINGS	NC	
28	2950	LESLIE TAYLOR	33:19	33:18	10:45	39	F	LOUISBURG	NC	
29	2751	HEATHER ROBINSON	33:32	33:03	10:40	36	F	RALEIGH	NC	Firefighter
30	2746	CATHERINE RICHARDSON	33:35	32:21	10:26	30	F	RALEIGH	NC	EMS
31	2574	NICKIE DANE	33:36	32:22	10:26	30	F	APEX	NC	EMS
32	2505	CASEY BALDWIN	35:24	34:48	11:14	37	F	ZEBULON	NC	
33	2773	CYNTHIA SMITH	35:47	35:12	11:21	31	F	CLAYTON	NC	
34	2515	KRISTEN BENJAMIN	36:10	35:15	11:22	37	F	RALEIGH	NC	
35	2962	WENDY WOOTEN	36:44	36:32	11:47	36	F	RALEIGH	NC	
36	2650	GURPREET KAUR	36:55	36:42	11:50	32	F	MORRISVILLE	NC	
37	2946	CRYSTAL WARF	36:59	36:51	11:53	35	F	RALEIGH	NC	
38	2619	KELLY HARTZELL	37:09	36:22	11:44	32	F	RALEIGH	NC	
39	2954	BRANDI VANDERWALKER	37:12	37:07	11:58	33	F	CHAPEL HILL	NC	
40	2523	IRIS BORDEAUX	37:28	34:58	11:17	33	F	RALEIGH	NC	
41	2534	SHARLA BUCKNAM	37:35	36:52	11:54	38	F	APEX	NC	
42	2838	KRISTEN BERNDT	37:55	37:25	12:04	33	F	SANFORD	NC	
43	2531	ROBIN BREEDLOVE	38:05	37:33	12:07	33	F	LIBERTY	NC	
44	2718	ANGELA ODD	38:49	37:56	12:14	39	F	YOUNGSVILLE	NC	
45	2566	APRIL CONKLIN	40:29	40:21	13:01	39	F	APEX	NC	
46	2722	EMILY OWENS	41:50	40:36	13:06	32	F	APEX	NC	EMS
47	2740	MELISSA RAMIREZ	42:12	41:53	13:31	34	F	MIDLOTHIAN	VA	
48	2526	KIM BOWDEN	42:53	40:31	13:04	30	F	GARNER	NC	
49	2823	TIFFANI WOODLIEF	42:57	42:43	13:47	33	F	YOUNGSVILLE	NC	
50	2745	ASHLEY RICE	43:12	42:19	13:39	38	F	LOUISBURG	NC	
51	2651	MEGAN KEARNEY	43:27	43:01	13:53	33	F	RALEIGH	NC	
52	2642	AMY JAKSA	43:27	43:07	13:55	34	F	CARY	NC	

53	2635	DELLA HORNE	45:41	44:37	14:24	38	F	MORRISVILLE	NC	
54	2878	MONICA LOPEZ	46:43	45:42	14:45	33	F	RALEIGH	NC	
55	2860	SONYA DUCKERS	47:00	46:20	14:57	32	F	MORRISVILLE	NC	
56	2593	KIMBERLY EHNES	48:19	47:53	15:27	31	F	CAMERON	NC	
57	2791	CHRISTINA TAYLOR	48:52	47:41	15:23	36	F	HOLLY SPRINGS	NC	
58	2560	KIMBERLY CLEMENT	50:32	49:18	15:54	30	F	CARY	NC	EMS
59	2578	EFROSINI DEMERTZIS	51:22	50:12	16:12	33	F	WAKE FOREST	NC	
60	2732	ELIZABETH PENNELL	52:46	52:04	16:48	33	F	ROXBORO	NC	
61	2565	REBECCA COLLINS	54:25	51:58	16:46	35	F	RALEIGH	NC	
62	2553	SHANNON CASEY	56:15	55:28	17:54	32	F	CARY	NC	EMS
63	2630	JILL HOLTZ	57:30	56:48	18:19	32	F	RALEIGH	NC	
64	2949	TIFFANY ASHFORD	1:03:42	59:56	19:20	32	F	RALEIGH	NC	
65	2903	TIFFANY AKINS	1:03:43	59:59	19:21	33	F	RALEIGH	NC	
66	2909	NICKY BENZAZZI	1:05:53	1:05:04	20:59	34	F	FAYETTEVILLE	NC	Firefighter

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females 40-49 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2938	LISA BURN	25:40	24:32	7:55	45	F	WAKE FOREST	NC	
2	2590	JENNIFER DUDECK	25:48	25:46	8:19	43	F	RALEIGH	NC	
3	2866	YVETTE FIGUEROA	28:08	27:55	9:00	47	F	RALEIGH	NC	
4	2678	SHEREE MANN	28:57	28:52	9:19	45	F	RALEIGH	NC	
5	2637	MELLANIE HOULE	29:35	28:38	9:14	41	F	FUQUAY VARINA	NC	
6	2583	AMY DIETRICH	31:01	30:42	9:54	45	F	CARY	NC	
7	2958	JEANNETTE AVERY	31:49	31:25	10:08	42	F	DURHAM	NC	
8	2581	TERRY DEMUTH	32:11	31:48	10:15	42	F	PINEHURST	NC	
9	2533	ALECIA BROWER	32:25	32:03	10:20	45	F	DURHAM	NC	
10	2848	ALESIA CORE	33:04	32:54	10:37	45	F	RALEIGH	NC	
11	2892	MONICA SCUDIERI	35:45	35:23	11:25	44	F	RALEIGH	NC	
12	2520	RENEE BOONE	36:08	33:50	10:55	44	F	TIMBERLAKE	NC	
13	2766	DENISE SEAMSTER	37:02	35:51	11:34	45	F	WAKE FOREST	NC	
14	2763	HILARY SCERRI	37:36	37:09	11:59	48	F	HOLLY SPRINGS	NC	
15	2648	MICHELLE JONES	38:49	38:12	12:19	43	F	WAKE FOREST	NC	
16	2596	PATTI ELLIOTT	39:45	38:55	12:33	48	F	YOUNGSVILLE	NC	
17	2609	MONICA GRIESDORN	40:26	40:04	12:55	49	F	RALEIGH	NC	
18	2781	TRACY STERNBERG	41:17	40:05	12:56	45	F	RALEIGH	NC	
19	2550	BETH CARWELL	41:31	39:14	12:39	45	F	YOUNGSVILLE	NC	
20	2502	MIRNA ALEXANDER	41:51	41:36	13:25	44	F	RALEIGH	NC	
21	2652	LESLI KENNEDY	43:33	43:13	13:56	47	F	CARY	NC	
22	2633	MARIA HOOPEs	44:14	43:25	14:00	43	F	JACKSONVILLE	NC	
23	2557	BERNETTA CHARLES	46:37	44:15	14:16	46	F	RALEIGH	NC	
24	2755	JOY ROY	50:04	49:20	15:55	41	F	CLAYTON	NC	
25	2605	SHANNON GLOVER	50:44	49:30	15:58	44	F	CLAYTON	NC	EMS
26	2563	CATE COLANGELO	50:47	49:30	15:58	42	F	CLAYTON	NC	EMS
27	2613	LETITIA HAMMERSTEIN	50:47	49:30	15:58	47	F	GARNER	NC	EMS
28	2810	TANYA WATKINS	52:46	52:03	16:47	49	F	DURHAM	NC	Firefighter
29	2736	ELIZABETH PHIPPS	53:32	52:51	17:03	44	F	CLAYTON	NC	
30	2858	MICHELLE DODGE	54:18	51:57	16:45	41	F	RALEIGH	NC	
31	2682	KATHY MARSEE	59:11	58:20	18:49	48	F	DURHAM	NC	
32	2737	CHRISTINE POLL	1:03:34	1:02:39	20:13	42	F	PRINCETON	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females 50-59 in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2625	DANIELLE HODGES	29:05	28:07	9:04	52	F	APEX	NC	
2	2931	KIMBERLIE BURNS	31:26	30:56	9:59	52	F	DURHAM	NC	
3	2826	BARBARA WUJCIAK	31:36	31:07	10:02	51	F	CHAPEL HILL	NC	
4	2832	AILEEN HOGAN	32:41	32:23	10:27	53	F	CARY	NC	
5	2700	CAPRICE MELLON	33:32	33:02	10:39	54	F	DURHAM	NC	Firefighter
6	2798	SUSAN VAN VACTOR	34:23	33:55	10:56	55	F	HOLLY SPRINGS	NC	
7	2813	ANN WELTON	35:19	34:08	11:01	55	F	WAKE FOREST	NC	
8	2516	NANCY BLACKMON	38:17	37:56	12:14	51	F	CAMERON	NC	
9	2511	DARCY BELL	38:39	38:19	12:22	51	F	CLAYTON	NC	
10	2787	MARY SWEET	41:36	41:07	13:16	58	F	RALEIGH	NC	
11	2872	KAREN GRAVEN	42:18	41:41	13:27	50	F	CARY	NC	
12	2525	GAIL BOWDEN	42:53	40:33	13:05	51	F	GARNER	NC	
13	2517	WYNETTA BLACKNALL-CHEATHAM	46:36	44:15	14:16	51	F	KITTRELL	NC	
14	2802	SUZANNE WAKEFIELD	46:37	44:14	14:16	55	F	WAKE FOREST	NC	Police/Law Enforcement
15	2548	BLESSBYJAH CARTER	48:52	47:56	15:28	53	F	RALEIGH	NC	
16	2871	SUZANNE GOLDEN	49:10	48:31	15:39	50	F	RALEIGH	NC	
17	2907	NAN AUSTIN	49:44	48:51	15:45	54	F	WAKEFOREST	NC	
18	2658	EWA KOZLOWSKI	54:21	53:58	17:25	58	F	CARY	NC	
19	2543	KATHY CALLAHAN	54:24	51:56	16:45	51	F	FAYETTEVILLE	NC	

Age Group Race Report as of 9/21/2013 10:27:33 AM for Females 60+ in division 5K

Place	Bib #	Name	Gun Time	Chip Time	Pace	Age	Gender	City	State	Category
1	2672	BARBARA LYNCH	42:04	41:51	13:30	61	F	CARY	NC	
2	2831	JOANNE PERRI	43:24	42:57	13:51	63	F	WAKE FOREST	NC	