



## 2018 Spring / Summer CSA Registration

It is our pleasure to announce open registration for Harmony Ridge Farms 2018 Spring/Summer CSA Program. We are entering our ninth season serving the Triad with the finest produce, eggs and pasture raised meats. We are looking forward to an abundant harvest in 2018 and would love for your family to share in the bounty. We grow and select only the finest quality produce, while providing our CSA members great variety and customer service. All veggies are grown according to organic standards, meaning no chemicals are used, and that our farming methods increase biodiversity and vitalize soil life.

---

Our CSA shareholders allow us to operate as a sustainable diversified farm, fulfilling the need for such an entity in Forsyth County.

The weekly shares reflect the variety of produce in the field ready for harvest: the boxes will evolve with the seasons and contain a generous amount of seasonal standards with specialty items mixed in at our discretion.

We are limiting overall CSA membership this season, so please don't delay if you wish to join. Membership is limited to ensure we can provide the highest quality product and service.

Delivery options are as follows: HRF, Wine Merchants (W-S) and Kevin and Wendy's front porch.

---

This year's Spring/Summer program will run 12 continuous weeks with the **first delivery/pick-up occurring May 24<sup>th</sup> and the final on August 9<sup>th</sup>**. As current members know, we do not pack lightly – we will squeeze a lot of farm fresh goodness into those 12 weeks. Harmony Ridge Farms does not abide a feast or famine approach to packing.

**Membership options** are as follows:

**PLUS:** \$695. A generous portion of seasonal veggies (about 10-15 lbs average per week, in addition to an abundance of locally sourced fruits (cherries, apples, peaches, cantaloupes, and assorted berries), locally sourced all-natural cheeses (two servings per month) and local honey (one jar each) and HRF free range eggs (one dozen per week). To give you an idea of quantity: 4-5 lbs tree fruits, 1 quart berries on a given week.

**PREMIUM:** \$995. New Program!!! INCLUDES HRF PROTEINS (Beef, Pork and Duck) and LOCAL HOME DELIVERY. This is essentially an upgraded Plus program with a selection of our pasture raised meats included – equivalent of \$25 worth each week.

**ECONOMY:** \$495. 2/3 the bulk of veggies with a dozen weekly eggs. Fruits included, but about half as many.

---

## **Weekly pick-up options:**

Members may choose between one of four delivery options:

- 1.) Claim your box at Wine Merchants, Gourmet, 205 S. Stratford Rd., Winston-Salem, 27103, between **noon and 6PM Thursdays**
- 2.) Claim your box on the front porch of my parents' house in the Greenbriar Farms Neighborhood at 3620 Rosebriar Circle, Winston-Salem, 27106 **between 12 noon and 1:00PM Thursdays**
- 3.) Claim your box at the farm! 3835 Bowens Rd., Tobaccoville, NC, 27050 **between 5 and 7PM Thursdays, OR between 9 and noon Saturdays** - big barn behind white brick house.
- 4.) Home Delivery (Premium program only)

**To secure your membership please send a check payable to: Harmony Ridge Farms**

**3835 Bowens Rd.**

**Tobaccoville, NC 27050**

Please complete the short form on the following page and include with your payment.

You may also sign up and enroll at our website: [www.harmonyridgefarms.net](http://www.harmonyridgefarms.net)

Please submit your registration prior to April 15<sup>th</sup>. Thank you.

Name:

Yes! Sign me up. Please check next to the program you wish to join.

\_\_\_\_\_ PLUS (\$695)

\_\_\_\_\_ PREMIUM (\$995)

\_\_\_\_\_ ECONOMY (\$495)

**If you wish to pay in full for the entire 2018 program (Spring/Summer and Fall) please add \$265 (Fall Membership) or \$285 (Fall w Eggs) to your total. This will allow you to receive an additional 7 weekly deliveries beginning October 11<sup>th</sup> at a discounted bulk rate.**

I will be picking up at:

\_\_\_\_\_ Wine Merchants, Winston-Salem, TH Noon – 6PM

\_\_\_\_\_ The Olivers, 3620 Rosebriar Circle, W-S, 27106, TH Noon - 1:00 PM

\_\_\_\_\_ Harmony Ridge Barn TH 5PM - 7PM

\_\_\_\_\_ Harmony Ridge Barn Saturday 9AM – Noon (at the barn market)

\_\_\_\_\_ Home Delivery (Premium Program)

\_\_\_\_\_ Wake Forest Baptist (Employees only)

My current e-mail address(es)

\_\_\_\_\_  
\_\_\_\_\_

My phone number(s) \_\_\_\_\_

Friends or family members sharing this membership (include e-mail addresses if necessary) \_\_\_\_\_

Please list any special needs or requests (allergies may be indicated here)

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE SEND THIS FORM WITH PAYMENT TO: HARMONY RIDGE FARMS, 3835 BOWENS RD., TOBACCOVILLE, NC 27050**

Thank you - Kevin, Isaac + crew