



South Asian Youth Action

## Spring Enrollment Open Now!

In-person programs will run at our Elmhurst Center starting **Monday, February 5th** (all programs are free)

### Arise Leadership (9th and 10th Graders)

Arise is a co-ed program for 9th and 10th graders that focuses on building the skills it will take you to succeed as a member of a team, in high school and college! Arise focuses on advocacy and community service, while tackling issues that YOU think are important to your community.

**Led by Amanda Secharan: [amanda@saya.org](mailto:amanda@saya.org)**

### Young Women's Leadership (11th Graders)

YWL is a welcoming space for female-identifying and gender expansive youth in the 11th grade.

You'll explore leadership through engaging discussions on current events, gender justice and identity among other topics of interest. You'll journey into uncovering your core leadership self through a combination of interactive and reflective activities that will strengthen your public speaking and community-building skills.

(Includes SAT Prep)

**Led by Anjali Seegobin:  
[anjali.seegobin@saya.org](mailto:anjali.seegobin@saya.org)**

### Young Men's Leadership (11th Graders)

YML is designed for male-identifying and gender-expansive youth in the 11th grade. You'll explore leadership through discussions around topics such as mental health, gender/identity, etc. You'll leave the program with increased self-awareness through a combination of introspective and discussion-based activities.

(Includes SAT Prep)

**Led by Uchenna Ijeaku  
[uchenna.ijeaku@saya.org](mailto:uchenna.ijeaku@saya.org)**

### College Transitions (12th Graders)

For students who are in 12th grade, College Transitions is a co-ed program that will assist in your decision making process for your postsecondary plans, and help prepare you for that transition through building communication, self advocacy, and personal management skills.

**Led by Raymond Huang, Priya Baldeo, and  
Marwa Elangar: [raymond.huang@saya.org](mailto:raymond.huang@saya.org)**



**Enroll Here**



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## SAYA Spring 2024 Elmhurst Center Programming Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11am-3pm					10am-1pm
<b>Staff Admin</b>  <b>College Success Meetings</b>  <b>Youth Free Time (if early dismissal)</b>					<b>SAT Prep (10am-12pm)</b>  <b>Arise (9th and 10th grade)</b> <b>1pm-3pm</b>
Open Gym: 3pm-4:30pm					<b>Young Women's Leadership and Young Men's Leadership College Access (11th)</b>
4pm-6pm	4:30pm-6:30pm	4:00pm-6:00pm	4:00pm-6:00pm	Fun Fridays: 3pm-6pm	Clubs: 3pm-6pm
<b>College Transitions (12th grade)</b>  <b>Young Women's Leadership (11th grade)</b>	<b>Arise Leadership (9th grade, 10th grade optional)</b>  <b>Basketball</b>	<b>College Transitions (12th grade)</b>  <b>Volleyball</b>	<b>Young Women's Leadership (10th Grade, 11th grade optional)</b>  <b>Young Men's Leadership (10th and 11th grade)</b>  <b>Fitness Club (6pm-7pm)</b>  <b>College Youth Only Space (6pm-8pm)</b>	<b>Fun Fridays (Board/Video Games/Hangouts/informal activities)</b>  <b>Friday Events</b>	<b>Games Club (Board/Video Games)</b>  <b>Open Gym</b>  <b>Saturday Events</b>
Open Gym: 6pm-7pm					

Anjali, Marwa, Priya	Amanda, Raymond, Priya, Richa, Aaron	Amanda, Anjali, Raymond, Priya, Richa, Aaron, Seema	Amanda, Raymond, Priya, Richa, Coach Yeshi	Amanda, Raymond, Priya, Richa, Aaron	Amanda, Raymond, Richa, Aaron
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Center Programming info and Breakdown		
Monday, February 5th- Saturday, June 15th		
Programs		
Program Info	Program Day and Time	Center Room
<b>Arise Leadership 9th Grade</b> Amanda: amanda@saya.org	T: 4:30pm-6:30pm S: 11am-1pm	Tuesday- Classroom/Gym with Amanda Saturday- Classroom/Gym with Amanda
<b>Arise Leadership 10th Grade</b> Amanda: amanda@saya.org Uchenna: uchenna.ijeaku@saya.org (10th Grade YML) Anjali: anjali.seegobin@saya.org (10th Grade YWL)	T: 4:30pm-6:30pm (optional) Th: 4pm-6pm S: 11am-1pm	Tuesday- Classroom/Gym (optional) with Amanda Thursday (Young Women)-Classroom with Anjali Thursday (Young Men)-Backlounge with Uchenna Saturday- Classroom/Gym with Amanda
<b>Young Men's Leadership</b> 11th Grade Uchenna: uchenna.ijeaku@saya.org Raymond: raymond.huang@saya.org (College Access)	Th: 4pm-6pm S: 1pm-3pm	Thursday- Back Lounge with Uchenna Saturday- Back Lounge with Raymond
<b>Young Women's Leadership</b> 11th Grade Anjali: anjali.seegobin@saya.org Raymond: raymond.huang@saya.org (College Access)	M: 4pm-6pm Th: 4pm-6pm (optional) S: 1pm-3pm	Monday- Back Lounge with Anjali Thursday- Classroom (optional) with Anjali Saturday-Back Lounge with Raymond
<b>College Transitions</b> 12th Grade Priya: priya.baldeo@saya.org Marwa: marwa.elnagar@saya.org	T: 4:30pm-6:30pm S: 1pm-3pm	Mondays- Classroom with Priya and Marwa Wednesdays- Back Lounge with Raymond

Raymond: [raymond.huang@saya.org](mailto:raymond.huang@saya.org)