



**Media Contact:**  
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**The Challenge:**

- 4 in 5 women and girls in East Africa lack access to sanitary pads and related health education.
- As a result, nearly 1 million girls in Kenya miss up to six weeks of school each year, contributing to girls dropping out of school at twice the rate of boys.
- If every girl in Kenya completed secondary school there would be a 46% increase in country GDP across her lifetime.

**Who we are:**

- ZanaAfrica Foundation is a US based nonprofit organization that supports adolescent girls in Kenya to stay in school by delivering reproductive health education and sanitary pads.

**What we do:**

- We create innovative health education resources for girls in the form of a sharable and aspirational health comic, starring a young woman named Nia (which means "Purpose" in Swahili) as she journeys through adolescence.
- We deliver sanitary pads and health education to 10,000 girls a year through a network of 21 local partners throughout Kenya.
- We advocate for systemic change by leading local and international policy efforts to make menstrual health management a recognized human right.

**Our impact:**

- Since 2013, we have supplied almost 20,000 girls with sanitary pads, underwear, and health education helping them to stay in school and thrive.
- This amounts to 600,000 reclaimed school days for our beneficiaries.
- 95% of our program participants feel better able to manage their periods so they can stay in school.

**How you can help:**

- A donation of just \$10 can provide a girl with a year supply of sanitary pads, underwear, and reproductive health education.

**Location:**

- US offices: New York & DC | Headquarters: Nairobi, Kenya

**Leadership:**

- CEO: Gina Reiss-Wilchins | Founder: Megan White Mukuria

**Website:**

- [www.zanaafrica.org](http://www.zanaafrica.org)