Impact:

- Since 2007, ZanaAfrica Foundation has supported over 50,000 adolescent girls with the menstrual and sexual health support they seek, need, and deserve.

- In 2017, in partnership with the Bill & Melinda Gates Foundation and The Population Council, ZanaAfrica Foundation launched The Nia Project: the largest study conducted to-date on the combined effects of sanitary pads distribution and reproductive health education, and social outcomes. Results will be published and globally disseminated in 2019.

- In partnership with a coalition of local stakeholders, from 2010 through 2019, ZanaAfrica Foundation succeeded in supporting the Government of Kenya to be the first to write sanitary pads in the national education budget, as essential as other school items such as pencils.

Mission

ZanaAfrica Foundation equips adolescent girls with the tools they need to safely navigate puberty and reach their full potential, while also leading global advocacy efforts to break the period taboo.

Working in Kenya for over a decade, ZanaAfrica Foundation is a pioneering leader in menstrual health management that leverages reproductive health education and sanitary pads as a combined intervention for women's and girls' empowerment and achieving the Sustainable Development Goals. We recognize that this unique and powerful combination is essential to unlocking girls' potential and breaking cycles of poverty.

Through its nonprofit programs, ZanaAfrica Foundation distributes Nia Brand sanitary pads produced by ZanaAfrica Group. Founded in 2007 by Megan Mukuria and Lawino Kagumba, ZanaAfrica Group is a Kenyan-based social impact business that expands access to high quality, low-cost feminine hygiene products through the Kenyan marketplace. Its unique packaging also provides access to reproductive health and rights resources for women and girls.

Learn More

To learn more about ZanaAfrica Foundation and to donate visit zanaafrica.org.