

## Home Visit Record

HV: Mary

Date of HV: 6-14-13 Start Time: 2:00 pm End Time: 2:55 pm

Parent/Guardian(s): Evelyn and Martin

Service Level: 1

Child's Name: Martin Jr. (Marty) Child's DOB: 6-8-13

Present at HV:  Child  Mother  Father/Partner  Grandparent  Sibling  
 Other (list all): \_\_\_\_\_

### Status or Changes in Status of:

Home: 1<sup>st</sup> home visit. The room was dark, curtain mostly closed. Baby was in the bassinet next to the end of the sofa.

Parent(s): Parents said they are trying to adjust to having a new baby in the home.

Child(ren): Baby one week old. Slept throughout most of the visit.

### Observation of Parent/Child Interaction (CHEERS) Document one fact for each section

Overall strengths: Mom was very responsible to the baby's cries and picked him up right away. Baby calmed quickly.

Areas to focus support: Holding baby closer and talking to him while feeding.

Cues Mom responded to the baby's cries by picking him up right away and feeding him. He immediately stopped crying.

Holding Mom held the baby while giving him the bottle. Baby was held loosely, with his face toward the ceiling. When the baby was done, mom burped him over her shoulder by patting his back gently. Baby settled in against her chest and went back to sleep.

Expression Mom did not speak to the baby during the visit. Dad called him "my little man" several times and smiled at him.

Empathy When baby cried toward the end of the visit, mom said, "Why are you crying? I just fed you."

Environment Mom pointed out the mobile she had attached over the baby's bassinet. Baby did not look at it during this visit.

Rhythmicity/Reciprocity Baby initiated response by fussing and sucking on his hand. Mom put down the brochure she was reading, picked the baby up, and carried him into the kitchen to make a bottle.

Smiles Mom and dad both smiled several times as they looked at the baby.

Describe Parent/Child Activity: Talked to mom about holding the baby facing her and closer to her body when feeding, since the baby can see about as far as her face. She tried it and noticed that baby was looking into her eyes. Shared that that is how a strong relationship between her and the baby will begin. Asked parents if they had considered breastfeeding. Dad said that he doesn't want mom to do that. Used Explore and Wonder to learn why and dad responded that mom would no longer be sexy if she were breastfeeding. Shared the benefits of breastfeeding but dad still said No.

Asked parents what they had observed in their baby's first week. Mom said that she is exhausted that she can't really notice anything and that she "desperately" wants more sleep. She said that the baby is waking up every 3 hours or so. Talked about how this is normal during the first few months.

**Curriculum Used and Other Parenting/Child Development Resources:** Growing Great Kids

**Child Developmental Milestones Observed:** \_\_\_\_\_

**ASQ**  **ASQ-SE**  : **No Concerns**  **Concerns**  \_\_\_\_\_

**Discussions and Activities (include what the FSW did to support each section):**

**Level Change** Told mom and dad that I will be visiting weekly for a while because babies grow and change so much during the first year. Dad said that he might not always be available for visits due to his work schedule. I encouraged him to let me know because I can frequently be flexible. Mom said that she will usually be home because she doesn't have a car to go anywhere.

**Assessment (Parent Survey) Topics** Asked mom and dad if there is anyone else they can call on to help with the baby. Mom said that she might be able to ask her sister. Reviewed family's support systems – mom is often home alone while dad is working. Asked about mom's familiarity with public transportation. She said she doesn't know how to take the bus but would like to learn. Dad said he would let her do that if it meant that he wouldn't have to take so much time off of work for doctors' appointments and other things.

**Health** (healthcare, dental, mental health, nutrition, substance abuse, immunizations, family planning...) Mom and dad have scheduled baby's 2-week appt and mom has scheduled her 6-week appt.

**Safety** (safety proofing, car seats, feeding, DV, anger management...) Checked to make sure that family has a car seat. They had it installed recently at the police department so they are confident that it is installed correctly.

**Other** (review family values, child qualities, discipline, sleep, cultural considerations...) Reviewed Family Rights and confidentiality form and asked both mom and dad to sign it. Described what we will be doing during home visits and reminded them that I will come weekly for a while.

**Family Goal Plan (FGP) Update:**

**New FGP Developed**

**Family Goals:**  **Progress**  **Revised**  **Met** **Activities/discussions:** \_\_\_\_\_

**Action tools used to support** (parent-child relationships, parental competencies, family functioning)

Used SATP to encourage mom holding the baby, adding that when she holds her baby close to her body it helps the baby feel calm and comforted and helps baby's eye's develop as he can focus on her face (his favorite thing to look at) when held on her arms.

**Referrals**  **Made referral**  **Follow-up on previous referral**  **Early Intervention (ASQ)**

Checked to make sure that both baby and mom have next doctor visits scheduled—they do.

**Plan for Next Visit:** Bring curriculum on infant brain development and activities that mom and dad can do with baby starting now to build his brain. Bring info on how to take the bus and bus routes.

**HV Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Supervisor Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_