

Home Visit Record

HV: Mary

Date of HV: 7-12-13 Start Time: 2:00 pm End Time: 3:00 pm

Parent/Guardian(s): Evelyn and Martin

Child's Name: Martin Jr. (Marty) Child's DOB: 6-8-13

Present at HV: Child Mother Father/Partner Grandparent Sibling

Other (list all): _____

Service Level: 1

Status or Changes in Status of:

Home: The curtains were open and lights on.

Parent(s): Evelyn was quieter than usual and her eyes were slightly puffy. When asked if there was anything wrong or that she wanted to talk about, she reported that Martin threw a dinner plate at the wall last night when the baby started crying during dinner. He later apologized but it scared her and the baby began crying harder. Asked whether he had ever done this before and Evelyn said No.

Child(ren): Baby was asleep in the bassinet for the 1st part of the visit, then woke up for the rest.

Observation of Parent/Child Interaction (CHEERS) Document one fact for each section

Overall strengths: Mom continues to be very responsive to the baby's cries. Throughout the visit, she picked him up as soon as he started to cry and the baby calmed quickly.

Areas to focus support: Understanding that babies need breaks and how to respond when Marty looks away from her.

Cues Baby cried once when he woke from his nap. Mom responded to the baby's cries by picking him up right away and rocking him gently. He immediately stopped crying.

Holding Mom stroked the baby's head while rocking him. Later she held him while giving him a bottle. She turned his body toward her and held him close.

Expression Evelyn talked softly to the baby when stroking his head. Later she explained to him that she was fixing him a bottle and that he would eat soon.

Empathy When baby woke up and cries, mom said, "I bet you're hungry. You've been asleep for a long time."

Environment Mom pointed out the bright colors on the blanket before laying the baby down.

Rhythmicity/Reciprocity Evelyn laid the baby on the blanket to begin infant massage. She talked to him and he held eye contact with her. When he looked away, mom turned his head back toward her and held it there as she smiled at him.

Smiles Mom smiled at the baby while feeding him, but she also teared up once while smiling.

Describe Parent/Child Activity: Used a doll to demonstrate infant massage; then asked Evelyn to try it. At first she said that she was afraid of rubbing too hard, but the baby smiled and waved his arms. Mom continued for about 5 minutes. Talked to her about repeating every day because massage can

help her and the baby develop a strong relationship, as well as relieve colic, constipation, respiratory disorders and sleeping difficulties.

Curriculum Used and Other Parenting/Child Development Resources: Growing Great Kids

Child Developmental Milestones Observed: _____

ASQ ASQ-SE : No Concerns Concerns _____

Discussions and Activities (include what the FSW did to support each section):

Level Change No discussion of level changes today.

Assessment (Parent Survey) Topics Referred to PS#6 which said that Martin yells at Evelyn when he gets mad—asked her if he had ever thrown things before and what made this time different. Evelyn said that he's never thrown anything before but that she had been worried that he might get violent because his yelling is so forceful. Reminded mom that all babies cry and asked how she thought she might handle this situation in the future.

Health (healthcare, dental, mental health, nutrition, substance abuse, immunizations, family planning...) Mom has scheduled baby's 2-month appt. She is worried that baby will cry when he gets his first shots. She is hoping to be able to go alone so that Martin doesn't get upset when the baby cries.

Safety (safety proofing, car seats, feeding, DV, anger management...) Checked to make sure that family always uses infant car seat, which they do. Evelyn has been bathing Marty in the kitchen sink, so discussed the importance of making sure not to leave him unsupported in the water when reaching for soap, towels, etc. Also reviewed water temperature guidelines—Martin will be talking with the landlord to make sure water heater is set at 120 degrees. Also discussed keeping Evelyn and the baby safe if Martin loses his temper again.

Other (review family values, child qualities, discipline, sleep, cultural considerations...)

Family Goal Plan (FGP) Update:

New FGP Developed

Family Goals: Progress Revised Met Activities/discussions: Evelyn reported that she is feeling much more rested. Her cousin is coming over 2 afternoons per week to babysit for 1.5 hours so Evelyn can nap. Evelyn has been keeping the curtains open during the day and keeping the room dark at night so that Marty can begin to straighten out nights and days. She has been slowly stretching the time between feedings so that he is now sleeping 4 hours before waking each night. Congratulated Evelyn on her success and gave her a certificate.

Action tools used to support (parent-child relationships, parental competencies, family functioning)

Used Normalizing to talk about how frustrating it can be to have a new baby cry so often and disrupt routines. Then used Problem Talk to explore how Evelyn can make sure she and the baby are safe if dad becomes violent again. Used ATPs to highlight how quickly the baby calmed down when mom stroked his head and talked quietly to him.

Referrals Made referral Follow-up on previous referral Early Intervention (ASQ)

No new referrals today.

Plan for Next Visit: Review Family Values activity. One of Evelyn's values had to do with becoming more independent by having transportation, so will review bus information and see if she wants to work on that. Talk about new FGP.

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HV Signature: _____ **Date:** _____

Supervisor Signature: _____ **Date:** _____