

Sample Questions for Supervisors

CHEERS & Attachment

- How much time is parent emotionally available to the infant during the visit (totally focused and interacting with baby – mutual shared attention)?
- How does baby use the parent to assist her in play? To let parent know she needs something?
- What does the home visitor think the baby is experiencing in interactions with parent (safe, secure, loved, valued, cared for – or not)?
- What are the baby's social emotional needs, based upon the baby's age? Does the parent(s) recognize these needs?
- When the baby becomes distressed, how does parent help him manage the emotions? How quickly does the baby calm after being upset? Is baby easy to comfort?
- How does the baby explore the environment? Does she use parent(s) as a safe base?
- Were there times that the parent's behavior might be intrusive to the baby or frightening (these instances should always be discussed in supervision)?
- How did the home visitor feel after this home visit (if home visitor is feeling tired or disturbed, as part of the parallel process, it is possible that you, the parent, or baby might also be feeling this way)? How does home visitor manage his or her own emotions during the visit? What strong emotions emerged for home visitor.
- How does the home visitor use the Reflective Strategies or curriculum to address CHEERS (Is the home visitor using all the steps? Is there pleasure in *ATPs* and *SATPs* so that parent & infant can experience & increase oxytocin? With *Explore & Wonder*, are they remembering to use Steps 1 & 2? How does the home visitor use *Feel, Felt, Found, Would This Work for You* to co-regulate parents)?