



QUESTIONS

For PLACING OURSELVES

- How would you describe your past and present with regard to faith/religion/spirituality?
- What was the faith environment you were raised in? How does it inform your life now?
- How would you describe your current spiritual or religious 'seat'?

For GETTING REAL

- What is your idea of God?
- Where or when in your life does your faith get real?
- When is a moment when you need your faith the most, when you feel it being active?
 - When did you most recently experience that?
- What is one way that your faith has changed?
- What of what you believe feels the most real to you?
- Do you think of yourself as typical in your belief system?
- How have you made your faith your own?
- Do you ever wish God was different than how you've been told to believe he or she is?
 - In what way, one example?
- When do you notice God working in your life?
- Do you feel connected to your loved ones who've died? How or in what way?
- Do you believe in an afterlife?
 - What is that like?
 - How would you want it to be different?
- Could you describe a time when you felt God's presence in another person?
- What gets you up in the morning?
- What pushes you forward when hope feels ridiculous?
- What is a principle that is important to you, that informs your life day-to-day?
- What is a moment or experience in your life that changed or shifted the way you understood reality?
- Other question? Create your own in the moment!

For THE EXCHANGE

- What is one idea core to your faith/worldview/spirituality that helps you?