



# SPRING DECLUTTERING CHECKLIST

## Living Room

1. Broken furniture & furniture manuals
2. Electronic manuals
3. Old magazines & books
4. Old remotes that don't have a device
5. Unused electronics
6. Extra candles
7. Games with missing pieces
8. Decor you don't love anymore
9. Excess cushions
10. Dead Plants

## Kitchen

11. Expired food & condiments in the fridge
12. Expired spices, sauces, canned foods
13. Frost bitten food in the freezer - if you don't know what it is throw it out
14. Party plates, utensils, and napkins you will most likely never use
15. Containers with missing lids or containers you never reach for
16. Unused place mats, aprons, table runners, and table cloths
17. Chipped mugs, glasses, bowls & plates
18. Duplicate utensils or tools
19. Kitchen utensils, tools, and appliances you don't use, but thought you were going to
20. Unopened cookbooks
21. Unused bottles and canisters
22. Take-out condiment sachets & utensils
23. Take-out menus
24. Magnets on the fridge you don't like
25. Old shopping bags
26. Expired or unused vitamins and supplements
27. Old dish towels and rags
28. Teas and coffee you never drank
29. Excess sauce pans & trays
30. Excess mugs & glasses
31. Excess plates & bowls

## Bathroom

32. Expired toiletries
33. Bath rugs and mats that have seen better days
34. Old toothbrushes
35. Old air fresheners & dried out potpourri

36. Raggedy wash clothes
37. Loofas and scrubby mitts that should have been thrown out yesterday
38. Half empty products that you tell yourself you will use again but actually won't
39. Old hair ties & bent bobby pins
40. Expired medicine
41. Unwanted spa gift sets
42. Old and unwanted perfume

## Bedroom

43. Old pillows or uncomfortable pillows
44. Excess throw pillows and blankets
45. Old Jewelry and belts
46. Worn out sheets

## Closet

47. Old clothes you haven't worn in the past year or items you will never wear again
48. Clothes that don't fit
49. Ill fitting undergarments and swimwear
50. Broken hangers
51. Old or damaged shoes
52. Free or promotion shirts
53. Socks without a pair
54. Those bags (e.g. totes, purses, wallets) you thought would come in handy but never did
55. Hats you never wear

## Office

56. Old papers, bills, & receipts you don't need
57. Broken or unused tech (e.g. an old phone, computer screen, printer, speakers, etc.)
58. Electronic cords that don't have a designated device
59. Software and Tech user manuals
60. Old CDs & DVDs
61. Cards with no sentimental value
62. Old or unused notepads and journals
63. Business cards you don't need
64. Old planners and calendars
65. Excess stationary
66. Bad photos

## Hall closet

67. Ruined or unworn coats & jackets

67. Wrapping paper scraps
68. Broken umbrellas
69. Gifts you got over the years that you never really loved

### **Garage**

70. Broken, rusted, or duplicate tools
71. Unused sports equipment
72. Boxes for item that you stored away just in case
73. Old paint
74. Old Rags
75. Seasonal decor that are broken or unwanted

### **Miscellaneous**

76. Junk items piling up at the bottom of your purse or bag
77. Old debit, credit, and loyalty cards
78. Out of date vouchers
79. Travel size samples
80. Your mind!