

CENTER FOR ENDOMETRIOSIS CARE

Prohibited PreSurgical Medications

This following list is provided to all patients in their pre-surgical packet. For specific information on any medications or supplements including those not listed herein, please contact us at (770) 913-0001 with questions and personalized information relative to your case. Thank you.

Some of these medications/supplements will reduce the blood's clotting ability for days and substantially increase the risk of bleeding and wound dehiscence [opening up of the wound] after surgery. Others can interact with or be otherwise contraindicated to anesthesia and/or surgery. **Please stop taking any of the following at least 2 weeks prior to surgery. IMPORTANT:** Do not ingest any brand of aspirin, ibuprofen, or naproxen, or any aspirin-containing medications for at least 14 days prior to surgery. Aspirin and aspirin-containing products may inhibit blood clotting and cause extra blood loss during and after surgery. If you need an aspirin-free fever reducer and pain reliever, you may take acetaminophen (Tylenol®).

PLEASE STOP TAKING/AVOID THE FOLLOWING MEDICATIONS/SUPPLEMENTS AT LEAST 2 WEEKS PRIOR TO YOUR SURGERY:

ACTIFED	EMPIRIN	OXYCODINE
ADIPEX	EXCEDRIN	OXYCODONE
ADVIL	FELDENE	PAMPRIN
ALKA SELTZER	FEVERFEW	PERCODAN
ALEVE	FIORICET	PEPTOBISMOL
AMITRIPTYLINE	FIORINAL	PLAVIX
ANACIN	FLUOXETINE	PONSTEL
ANAPROX	GARLIC (ALLIUM SATIVUM) TABLETS	PROZAC
ASCRIPTIN (ALL PRODUCTS)	GINGKO BILOBA	QUININE
ASPIRIN (OF ANY KIND)	GOODY'S HEADACHE POWDER	QSYMIA
BAYER	HEPARIN	RELAFEN
BUFFERIN	HERBAL SUPPLEMENTS & TEAS (ALL)	RUFEN
BUPROPION	HYDROXYCUT	SINEAID
CATAFLAM	IBUPROFEN	SINEOFF
CHERACOL	INDOCIN	SOMA
CHROMIUM PICOLINATE	INDOMETHACIN	ST. JOHN'S WORT
CLARITIN	KETOPROFEN	ST. JOSEPH'S ASPIRIN
CLINORIL	LORTAB	SUDAFED
CONTAC	MAO INHIBITORS (SHOULD BE	SUPRENZA
COPE	TAPERED/WEANED OFF AT LEAST 2 WEEKS BEFORE	TRIAMINIC
CORICIDIN	SURGERY)	TORADOL
COUMADIN	MEDIPREN	VANQUISH
DARVON	MELATONIN	VITAMIN E (HAS ANTI-PLATELET
DIUREX	MIDOL	PROPERTIES AND INHIBITS VITAL CLOT
DOAN'S	MOTRIN	FORMATION; PLEASE CEASE AT LEAST 2-3
DOLOBID	NAPROSYN	WEEKS PRIOR TO SURGERY AND FOR 2-3 WEEKS
DRISTAN	NORGESIC FORTE	AFTER)
ECHINACEA	NUPRIN	VOLTAREN
ECOTRIN	NYQUIL	WARFARIN (COUMADIN)
	ORUDIS	

Please check with and inform Anesthesia prior to surgery about any supplements that you may have taken recently or are taking currently. As advised above, please cease all herbal supplements and herbal teas 2 weeks prior to surgery.

SMOKING: TOBACCO in ALL forms [cigarettes, cigars, pipes, chewing tobacco, snuff, dip, nicotine patches, nicotine gum, E-vapes] will release nicotine into the bloodstream. Nicotine reduces the blood flow and the oxygen flow in the skin and can result in permanent skin injury, e.g., scarring, infection or local skin loss after surgery. In general, it greatly diminishes your healing capacity. PLEASE STOP SMOKING TWO WEEKS PRIOR TO YOUR SURGERY TO ALLOW NICOTINE TO CLEAR YOUR SYSTEM

WE DO RECOMMEND TAKING VITAMIN C (2000-3000MG daily) STARTING TWO WEEKS PRIOR, AS IT PROMOTES HEALTHY HEALING.