

Prohibited PreSurgical Medications

This following list is provided to all patients in their pre-surgical packet. For specific information on any medications or supplements including those not listed herein, please contact us at (770) 913-0001 with questions and personalized information relative to your case. Thank you.

Some of these medications/supplements will reduce the blood's clotting ability for days and substantially increase the risk of bleeding and wound dehiscence [opening up of the wound] after surgery. Others can interact with or be otherwise contraindicated to anesthesia and/or surgery. **Please stop taking any of the following at least 2 weeks prior to surgery. IMPORTANT:** Do not ingest any brand of aspirin, ibuprofen, or naproxen, or any aspirin-containing medications for at least 14 days prior to surgery. Aspirin and aspirin-containing products may inhibit blood clotting and cause extra blood loss during and after surgery. If you need an aspirin-free fever reducer and pain reliever, you may take acetaminophen (Tylenol®).

PLEASE STOP TAKING/AVOID THE FOLLOWING MEDICATIONS/SUPPLEMENTS AT LEAST 2 WEEKS PRIOR TO YOUR SURGERY:

ACTIFED	EMPIRIN	ORUDIS
ADIPEX	EXCEDRIN	PAMPBRIN
ADVIL	FELDENE	PERCODAN
ALKA SELTZER	FEVERFEW	PEPTOBISMOL
ALEVE	FIORICET	PLAVIX
AMITRIPTYLINE	FIORINAL	PONSTEL
ANACIN	FLUOXETINE	PROZAC
ANAPROX	GARLIC (ALLIUM SATIVUM) TABLETS	QUININE
ASCRIPITIN (ALL PRODUCTS)	GINGKO BILOBA	QSYMIA
ASPIRIN (OF ANY KIND)	GOODY'S HEADACHE POWDER	RELAFEN
BAYER	HEPARIN	RUFEN
BUFFERIN	HERBAL SUPPLEMENTS & TEAS (ALL)	SINEAID
BUPROPION	HYDROXYCUT	SINEOFF
CATAFLAM	IBUPROFEN	SOMA
CHERACOL	INDOCIN	ST. JOHN'S WORT
CHROMIUM PICOLINATE	INDOMETHACIN	ST. JOSEPH'S ASPIRIN
CLARITIN	KETOPROFEN	SUDAFED
CLINORIL	LORTAB	SUPRENZA
CONTACT	MAO INHIBITORS (SHOULD BE TAPERED/WEANED OFF AT LEAST 2 WEEKS BEFORE SURGERY)	TRIAMINIC
COPE	MEDIPREN	TORADOL
CORICIDIN	MELATONIN	VANQUISH
COUMADIN	MIDOL	VITAMIN E (HAS ANTI-PLATELET PROPERTIES AND INHIBITS VITAL CLOT FORMATION; PLEASE CEASE AT LEAST 2-3 WEEKS PRIOR TO SURGERY AND FOR 2-3 WEEKS AFTER)
DARVON	MOTRIN	VOLTAREN
DIUREX	NAPROSYN	WARFARIN (COUMADIN)
DOAN'S	NORGESIC FORTE	
DOLOBID	NUPRIN	
DRISTAN	NYQUIL	
ECHINACEA		
ECOTRIN		

Please check with and inform Anesthesia prior to surgery about any supplements that you may have taken recently or are taking currently. As advised above, please cease all herbal supplements and herbal teas 2 weeks prior to surgery.

SMOKING: TOBACCO in ALL forms [cigarettes, cigars, pipes, chewing tobacco, snuff, dip, nicotine patches, nicotine gum, E-vapes] will release nicotine into the bloodstream. Nicotine reduces the blood flow and the oxygen flow in the skin and can result in permanent skin injury, e.g., scarring, infection or local skin loss after surgery. In general, it greatly diminishes your healing capacity. PLEASE STOP SMOKING TWO WEEKS PRIOR TO YOUR SURGERY TO ALLOW NICOTINE TO CLEAR YOUR SYSTEM

WE DO RECOMMEND TAKING VITAMIN C (2000-3000MG daily) STARTING TWO WEEKS PRIOR, AS IT PROMOTES HEALTHY HEALING.