



### **Prohibited PreSurgical Medications**

*This following list is provided to all patients in their pre-surgical packet. For specific information on any medications or supplements including those not listed herein, please contact us **at (770) 913-0001** with questions and personalized information relative to your specific case. Thank you.*

Some of these medications/supplements will reduce the blood's clotting ability for days and substantially increase the risk of bleeding and wound dehiscence [opening up of the wound] after surgery. Others can interact with or be otherwise contraindicated to anesthesia and/or surgery. **Please stop taking any of the following at least 2 weeks prior to surgery. IMPORTANT:** Do not ingest any brand of aspirin, ibuprofen, or naproxen, or any aspirin-containing medications for at least 14 days prior to surgery. Aspirin and aspirin-containing products may inhibit blood clotting and cause extra blood loss during and after surgery. If you need an aspirin-free fever reducer and pain reliever, you may take acetaminophen (Tylenol®).

### **PLEASE STOP TAKING/AVOID THE FOLLOWING MEDICATIONS/SUPPLEMENTS AT LEAST 2 WEEKS PRIOR TO YOUR SURGERY:**

ACTIFED	FELDENE	OXYCODONE
ADIPEX	FEVERFEW	PAMPRIN
ADVIL	FIORICET	PERCODAN
ALKA SELTZER	FIORINAL	PEPTOBISMOL
ALEVE	FLUOXETINE	PLAVIX
AMITRIPTYLINE	GARLIC (ALLIUM SATIVUM)	PONSTEL
ANACIN	TABLETS	PROZAC
ANAPROX	GINGKO BILOBA	QUININE
ASCRIPITIN (ALL PRODUCTS)	GOODY'S HEADACHE POWDER	QSYMIA
ASPIRIN (OF ANY KIND)	HEPARIN	RELAFEN
BAYER	HERBAL SUPPLEMENTS & TEAS	RUFEN
BUFFERIN	(ALL)	SINEAID
BUPROPION	HYDROXYCUT	SINEOFF
CATAFLAM	IBUPROFEN	SOMA
CHERACOL	INDOCIN	ST. JOHN'S WORT
CHROMIUM PICOLINATE	INDOMETHACIN	ST. JOSEPH'S ASPIRIN
CLARITIN	KETOPROFEN	SUDAFED
CLINORIL	LORTAB	SUPRENZA
CONTAC	MAO INHIBITORS ( <i>SHOULD BE</i>	TRIAMINIC
COPE	<i>TAPERED/WEANED OFF AT LEAST 2</i>	TORADOL
CORICIDIN	<i>WEEKS BEFORE SURGERY)</i>	VANQUISH
COUMADIN	MEDIPREN	VITAMIN E ( <i>HAS ANTI-PLATELET</i>
DARVON	MELATONIN	<i>PROPERTIES AND INHIBITS VITAL</i>
DIUREX	MIDOL	<i>CLOT FORMATION; PLEASE CEASE AT</i>
DOAN'S	MOTRIN	<i>LEAST 2-3 WEEKS PRIOR TO SURGERY</i>
DOLOBID	NAPROSYN	<i>AND FOR 2-3 WEEKS AFTER)</i>
DRISTAN	NORGESIC FORTE	VOLTAREN
ECHINACEA	NUPRIN	WARFARIN (COUMADIN)
ECOTRIN	NYQUIL	
EMPIRIN	ORUDIS	
EXCEDRIN	OXYCODINE	

**ALSO: Please check with and inform Anesthesia prior to surgery about any supplements that you may have taken recently or are taking currently. As advised above, please cease all herbal supplements and herbal teas 2 weeks prior to surgery.**

**SMOKING: TOBACCO in ALL forms [cigarettes, cigars, pipes, chewing tobacco, snuff, dip, nicotine patches, nicotine gum, E-vapes] will release nicotine into the bloodstream. Nicotine reduces the blood flow and the oxygen flow in the skin and can result in permanent skin injury, e.g., scarring, infection or local skin loss after surgery. In general, it greatly diminishes your healing capacity. PLEASE STOP SMOKING TWO WEEKS PRIOR TO YOUR SURGERY TO ALLOW NICOTINE TO CLEAR YOUR SYSTEM**

**WE DO RECOMMEND TAKING VITAMIN C (2000-3000MG daily) STARTING TWO WEEKS PRIOR, AS IT PROMOTES HEALTHY HEALING.**