EVP Outline for a *successful* recording experience.

This is our advice for a successful EVP encounter. Yes, the EVP experience can happen all at once with no advance planning what-so-ever; however, with a plan in mind and on paper, a successful outcome can be better assured.

1. Set aside a quite place, away from distractions such as TV, radio or outside noises.

2. Turn off or unplug the phone, if possible. The actual recording time is short. You certainly don't want the phone ringing at a time when an EVP session is being recorded. Remember to turn your phone back on or plug it back in afterwards.

3. Set aside a day and time that you will not be disturbed, or at least the quietest time you know of. Try your best to make this appointment time the same each week or every other week.

4. Write down, ahead of time, the name or names of loved ones that you want to hear from.

5. Pictures can be used as a focal point. An individual or group picture is okay.

6. You can add objects of importance from the individual you wish to contact, such as a watch or ring. The energy signature of the original owner will be used to strengthen the connection.

7. Write a question. (i.e. Who are you? Where are you? How are you doing?) This is just to get started. Once you start communication, you will have other questions of a more personal basis to ask.

8. Start your prayer or meditation.

9. Read name or names of loved ones out loud. For effect, saying the names more than once can help the connection to become stronger.

10. Turn on your recorder or recorders. At this point you can ask your question or just remain quiet.

11. Leave on for about 1 to 4 minutes. This is personal choice. At first you can try 3-4 minutes, it gives those you love a chance to at least try.

12. If you wish, you can leave the room for the allotted time.

13. Go back into the room and let anyone there know that you will be turning the recorder off in 10 seconds. Many times voices are recorded at that time.
14. Turn on your recorder for a second time. You have a choice to leave the room or not. Let the recorder run for another few minutes, then turn off.

15. Always thank spirit for being there.

16. Play and listen closely. Using the full-ear-cup-earphones can be especially beneficial at this point. At times the spirit voices can be very hard to hear.

17. Be patience. If you don't get results right way, its okay. Contact with the spirit world and especially with a certain person or persons, can take time. Keep your appointment and assure yourself that positive results will be made in time.

Note: The above is a very basic way to make contact through EVP. Always, as in any communication with the spirit world, call in your guides, ask for protection and experiment in your own way. We do advise writing questions even though you may not get answers to them. We find that it is the energy of thinking about the person you are questioning that brings better EVP for personal use.

When using EVP in cemeteries, haunted houses, old abandoned buildings, etc. please be sure to put up your protection or say a prayer of your choice. These places are great places to experiment, especially old, historic ones.

Revs. Lynn and Brian Kent

Questions and/or more information please email Lynn at lynn@lynnkent.com or call her at 401-864-8307.