Part I - Practical Strategies for Teaching Students Self-Regulated Mindsets

Part II - A Strengths and Objectives-Based Education for Improving Self-Regulation and Executive Functions: Reaching Children with Neuro-diversity

Participant feedback

• I thought your presentation yesterday at the Learning and the Brain conference was the best session all weekend! Thank you for providing a breath of fresh practical air to a very theoretical, academically-focused conference! Also, you were a dynamic presenter, and managed to keep us engaged after lunch on the 3rd day of a conference--not an easy feat! And yes, please quote me on any of this. Sasha Clayton, School Counselor, Two Rivers Public Charter School, Washington, DC

• Wonderful session - you put into practice in such a fabulous way - one of my favorite books and thoughts! ... and you modeled it instead of just telling us about it. So refreshing

• I attended your session today and really enjoyed it. I spoke to you at the end, went back to the conference evaluation I had already turned in, got it back, and wrote that you were the only person who really walked the talk on brain research.

• You have such great ideas, heart and great energy!

• Thank you for an inspiring talk.
• Thanks for an inspiring, practical session!

• I found your presentation tremendously useful in evolving my practice as a Kindergarten teacher. Thank you for sharing. Best, Whitney

• Hi! I am a First grade teacher. I was present at your workshop "Practical Strategies for Teaching Students Self-Regulation Mindsets at the Learning and the Brain Conference in Arlington, VA. I really enjoyed it!

• I was at your workshop on 5/5 at the Learning and the Brain conference and am so excited to use your strategies!! Thank you!!

• Loved your presentation at L and the B.

• I attended your session and greatly enjoyed it. Thank you!

• Just left your workshop... am so excited to implement your ideas...please send me the PowerPoint and any lists of videos that you are willing to share. Thank you for making me excited to get back to work tomorrow!!

• Thank you for your motivating and informative presentation at "Learning and the Brain".

• First I wanted to thank you for your inspiring presentation, which provided so many practical tools for developing growth mindsets. I realized afterwards that 2 of the 3 books I bought were yours, how exciting!

• I had the pleasure of attending your session at the Learning and the Brain conference on May 5. Thank you!! You offered to share your terrific PowerPoint, and I would love to take you up on that offer! With gratitude - Sean Layne
• Thank you so much for your thought provoking presentation at the Brain Conference yesterday. My mind is swimming with ideas thanks to you. I have copies of your slides as you have already sent them to my friend, Cindy Goldrich.

• Now it is time for me to start assembling everything that I have learned in order to use it to help others. Can you recommend any research or ideas of how to incorporate your ideas like empowerment, "open the heart, nourish the mind", "live it to learn it" and "think alouds" to the adult community?

• I appreciate that you are so willing to share your ideas and that you teach teachers to help others. Thank you for sending your slides.

• I was fortunate to attend the conference this weekend in Arlington, and was so engaged with your presentation on Growth Mindsets. I have many resources to take back to my kindergarten class and school, but the one that has stuck in my head that my children will enjoy the most (and the easiest to implement) is your fantastic song about the brain set to Twinkle Twinkle. I could not find it anywhere and wondered if you would mind forwarding me the slide? Thank you for your work and the time you spend with educators. I am very excited to learn more about growth mindsets.