



Example of Growth Mindset Anchor Chart:

	What Growth Mindset People say to themselves:
 <p data-bbox="94 913 516 1087">These are message I can say to myself when I get stuck or find a task to be difficult...</p> 	<ul data-bbox="609 464 1490 1774" style="list-style-type: none">• I know I can do this if I try!• Where there's a will, there's a way!• I am not going to quit on myself. I'll use some strategies I have been learning.• Mindsets make a difference! I know if I believe I can, I will find a way.• I know I can, I know I can...• The more I look for solutions, the more I'll find them.• Neurons that fire together, wire together. If I keep working hard and practice, this will get easier for me.• I may not know this now, but if I keep trying, I'll get there.• Oops, I made a mistake—let's celebrate! Making mistakes helps me learn.• Effort makes a difference. I'm going to keep trying.• Struggle is like weight-lifting for your brain. I'm getting stronger by the minute!• If I just keep on going, my brain will be growing!