

THANKFUL

Gratitude Changes Everything



Jimmy Akers

*"...a simple key that can open the door to the life we dream of..." - Dan Miller
New York Times Bestselling Author - 48 Days To The Work You Love*

Thank you for purchasing *Thankful*! I hope the book has encouraged or challenged you in some way! If you purchased the Kindle version or if you would just like another copy of the chapter response pages, here you go!

Gratitude changes everything! It's time for a new perspective.

"In everything *give thanks*; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:18

Share your thoughts with the author by sending an email to whygoalone@gmail.com.

If *Thankful* impacted you, we would be honored if you would submit a review on Amazon.

Don't do life alone!

A handwritten signature in black ink that reads "Jimmy". The signature is fluid and cursive.

Let's process: Gratitude Changes Everything

1. Write down a few things you're thankful for and why.

2. Write down the names of a few people you're thankful for and why.

3. Pick at least one person from your list above to say *thank you* to and write out something you can do for him or her this week to show your appreciation.

Sketch it Out

Draw something that reminds you to choose gratitude.

Let's process: Thankful for Dreams

1. Write down a few good dreams you had as a child.

2. Write down the names of a few people who've encouraged you to dream.

3. Write down at least one dream you're going to try to pursue and one way you can take a step toward that dream this week. Write down one person you're going to share that dream with this week. Ask them to hold you accountable.

Sketch it Out

Draw something that reminds you to dream wide open.

Let's process: Thankful for Grace

1. Write down a few times when you have experienced grace.

2. Write down the names of a few people to whom it's hard to show grace.

3. Choose one of the names from your list above and write down how you are going to extend grace to them this week.

Sketch it Out

Draw something that reminds you about grace.

Let's process: Thankful for Another Day

1. Write down how a perfect day would start out for you.

2. Write down the names of a few people who live life like they are thankful for every new day that they are given.

3. Write down one of the names on your list above along with a few questions you will ask them this week to gain some new perspective on living a thankful life.

Sketch it Out

Draw something that reminds you to be thankful for every new day.

Let's process: Thankful for Great Relationships

1. Write down one relationship you are glad is over and what you learned from that bad relationship.

2. Write down a few people who have made a positive impact on your life and how they have done so.

3. Write down one of the names on your list above and one way you are going to invest in that relationship this week.

Sketch it Out

Draw something that reminds you of a great experience you had with somebody awesome in your life.

Let's process: Thankful for Opposition

1. Write down a few times when you or your family experienced opposition.

2. Write down how you overcame that opposition.

3. Write down one situation in which you are facing opposition right now and some lessons you are learning through this circumstance.

Sketch it Out

Draw something that reminds you to keep going regardless of the opposition you may face.

Let's process: Thankful for Opportunity

1. Write down one person you know who had an awesome opportunity and missed it. Why do you think they missed it?

2. Write down one opportunity you had that you missed. Why do you think you missed it?

3. Write down ways you've invested in yourself in the past and one thing you're going to do this week to grow.

Sketch it Out

Draw something that reminds you to embrace the opportunities that are in front of you.

Let's process: Thankful for a New Perspective

1. Write down the chapter of this book you feel had the most impact on you and why it did.

2. Write down someone you know who could benefit from one or more of the areas discussed in this book and why you think they would.

3. Write down how you are going to share what you've learned from this book. Don't keep something good to yourself! We are blessed to be a blessing.

Sketch it Out

Draw your greatest takeaway from this book.