

Three Bean BBQ Salad

Makes 5 Cups

INGREDIENTS:

- 1- 15 oz. Black beans, canned, drained & rinsed
- 1- 15 oz. Pinto beans, drained and rinsed
- 1- 15 oz. White beans, drained and rinsed
- 1/2 Cup Sweet Onion, Diced
- 1 Stock of Celery, Diced
- 1 Red Bell Pepper, Diced
- 1/2 Cup BBQ Sauce, Oil Free
- 2 teaspoons Dijon Mustard
- Salt (Optional) to taste

INSTRUCTIONS:

1. Place beans in a large bowl. Add vegetables and mix well. Add remaining ingredients and toss again to mix. Refrigerate to blend flavors.

Recipe & Photo by Plant Punk Kitchen

