



307.350.8557

sarah@this-one-life.com

909 Fremont St. Lander, WY 82520

this-one-life.com

Fruit Snacks

The Perfect "Gushers" Substitute

Taken from julesfuel.com

Ingredients:

1 1/4 – 1 1/2 cups of pureed strawberries and raspberries

*If you prefer a less concentrated version, use 1 1/4 c fruit puree, and 1/4 c water!

4 – 5 tbsp gelatin

Instructions:

1. Pureé the strawberries and raspberries.
2. In a small pan or pot on medium heat, whisk the gelatin into the fruit pureé until the gelatin is fully dissolved.
3. Pour the mixture into a glass pan. The smaller the size, the thicker the fruit snacks.
4. Chill the mixture for about 30 – 45 minutes in the fridge.
5. Cut into pieces and enjoy! Store in the fridge.

think outside the box

