

# Summer Psalms Part 1

## Extended Verse Study:

### This Week's Memory Verse Focus

*"My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me." Galatians 2:20*

#### 2016 Theme:

#### Transformation because nothing else matters (Galatians 6:14-15)

Ask yourself and apply to your daily prayer:

How can I apply the theme to my daily living and connect that understanding in my active part of the local Body of Christ where I am committed at HCC

#### Current Series Title:

#### *Summer Psalms Part 1*

Ask yourself how does the current series help you to understand the importance of applying to daily living the 2016 theme "Transformation, because nothing else matters"

1:	Read	Genesis 2:7, 3
2:	Read	Galatians 2:20
3:	Read	Psalms 100
4:	Read	Psalms 88
5:	Read	Psalms 23
6:	Read	Galatians 6:14-15

### FOR THE GROUP: Working it out together

1. God's original design; A Human Body that housed a Soul which was made alive with the Spirit of God breathed into it. Genesis 2-3 shares the human design & the fall of humanity to sinfulness which separated us from the Spirit of God. Does this summary of God's original design help you to see the importance of our theme Transformation...? Explain.
2. Pastor Steve said, "Our body is an important aspect to our spiritual growth...body interacting with the soul, soul animated by the Spirit of God all work together to spiritually form us to be more and more like Christ." Have you ever considered the importance of your physical body with your soul as one with God's Spirit within you? Explain
3. Read Galatians 2:20. According to Paul he is living in his earthly body but who is living in him?"
4. Hebrews 4:12 tells us that the Bible is "full of living power". How does knowing the Bible is the living Word of God change the way you read it or use it?
5. Pastor Steve explained soul reading is a way, "To engage your body, employed by your soul in order to open yourself up to the Holy Spirit and allow Him to reveal himself to you." Have you ever considered there is more than one way to read the Bible? Share any techniques you use.

### FOR THE INDIVIDUAL: Take Away

#### A plan for Spiritual Formation –Soul Reading Steps

1. *Pick a reasonable passage (small portion to work through)*
2. *Relax.*
3. *Read through passage, pausing after each phrase or verse.*
4. *Read through passage again, pausing longer and make note of any word or phrase that captures your attention. Repeat word or phrase a few times.*
5. *Ponder in Prayer. Hold words or phrases in your soul and ask Holy Spirit what He wants you to know*
6. *Respond in action. Ask the Holy Spirit what action if any He might have you take*