

# Summer Psalms | Psalms 3

## Extended Verse Study:

### This Week's Memory Verse Focus

**“Victory comes from you, O Lord.  
May you bless your people.” Psalm 3:8**

#### 2016 Theme:

**Transformation because nothing else matters (Galatians 6:14-15)**

Ask yourself and apply to your daily prayer:

How can I apply the theme to my daily living and connect that understanding in my active part of the local Body of Christ where I am committed at HCC

#### Current Series Title:

**Summer Psalm 3**

Ask yourself how does the current series “Psalm 3” work together with the 2016 theme “Transformation, because nothing else matters”

1:	Read	Psalm 3
2:	Read	Luke 10
3:	Read	John 19
4:	Read	Isaiah 45
5:	Read	John 16:33, Matthew 11:28
6:	Read	Galatians 6:14-15

### FOR THE GROUP: Working it out together

1. Pastor Steve said, “When circumstances are turbulent...we tend to think something is wrong...like God is not for us.” Have you ever felt like everything is going wrong and no one is on your side including God? Explain.
2. Read John 16:33. What does Jesus say we will have on Earth?
3. What do you do to maintain hope and faith in difficult circumstances or turbulent times in life? Read Matthew 11:28.
4. Pastor Steve said, “Our identity as God’s beloved is the foundation of Christian joy and the joy of the Lord is our strength.” Have you established that you are God’s beloved? If so, what does that mean?
5. Read Psalm 3:1-4. The Psalmist starts in verses 1-2 with a sense of hopelessness, what changes in verse 3-4?
6. What do you do when you are faced with the opportunity to hate, to be angry, to be bitter, to be offended, to be mean or resentful?
7. How would your reaction change if in that moment of opportunity you recall who you are in Christ and choose to trust God with your circumstances? Philippians 2:1-5.

### FOR THE INDIVIDUAL: Take Away

1. Life will have difficulties but victory is in Jesus, which does not mean that there will be no more difficulties rather we can gain hope through faith in Jesus and that gives us joy which roots us in the strength to overcome difficulties.
2. In all times, good and difficult, we should call on God for help and thanksgiving. He loves us.
3. Your thoughts and feelings are yours – no one else’s. Choose to take the attitude of Christ in all situations.
4. The only way to hope in the face of difficulties, call on God continually, own your thoughts and feelings choosing to react in Christ is the soul training discipline of recognizing your identity in Christ.