



Age Appropriate Chores

These are general guidelines – adjust as needed for your child's maturity level and physical capabilities.

<p><u>Ages 2 – 3:</u></p> <p>Put dirty clothes in hamper, bring hamper to laundry room on laundry day, and sort colors</p> <p>Feed pets</p> <p>Empty dryer</p> <p>Pull up covers on bed</p> <p>Pick up own toys</p>	<p><u>Ages 4 – 5 (all of prior, plus):</u></p> <p>Make bed (with help)</p> <p>Set and clear table</p> <p>Empty wastebaskets</p> <p>Carry their laundry – separate basket for everyone</p> <p>Bring in the mail</p>
<p><u>Ages 6 –12 (all of prior, plus):</u></p> <p>Load, run, and empty dishwasher</p> <p>Clean bathroom</p> <p>Fold laundry</p> <p>Dust</p> <p>Strip and make bed</p> <p>Put away groceries</p> <p>Plan simple meals and make simple foods (oatmeal, sandwiches) – plan 1 meal per week</p> <p>Sweep and vacuum the floor</p> <p>Take out the garbage</p> <p>Bring in garbage cans and recycling bins</p> <p>Help wash the car</p> <p>Help shovel snow and rake leaves</p>	<p><u>High School (all of prior, plus):</u></p> <p>Mow the lawn</p> <p>Change light bulbs</p> <p>Replace vacuum cleaner bags</p> <p>Wash windows</p> <p>Clean refrigerator, stove, oven, and microwave</p> <p>Wash the floors</p> <p>Do the laundry</p> <p>Understand family budget</p> <p>Write some checks</p> <p>Plan and make some meals</p> <p>Plan budget and go shopping for groceries and clothes</p>