

Let's celebrate the summer solstice with the transformational energies of dimensional sound!

A MettaSound Event

Toning Meditation with Kristin Fischer

Saturday, June 22, 2019

1:30-2:30 pm

Doors open at 1:10 pm

Location:

Chapel Room

Center for Performing Arts

3754 Pleasant Ave S, Minneapolis, MN 55409

<https://cfpampls.com>

Details:

No advance registration required

\$5 suggested donation

Chairs provided; bring a mat and pillows if you prefer the floor.

Please refrain from wearing oils and fragrances so those who are sensitive to scent can be comfortable in the space.



Questions? Contact Kristin via email: mettasound@gmail.com

You are receiving this invitation because you have expressed interest or attended previous MettaSound events. Please email if you would like to be removed from this list.

www.mettasound.net