



## American Hindu World Service

P.O. Box 1483, Laurel, MD 20725-1483, USA

E-mail: [ahwsngo@gmail.com](mailto:ahwsngo@gmail.com)

Phone: (626) 475-7149 (cell)

Visit [www.ahwsngo.org](http://www.ahwsngo.org)

### AHWS 2013 Winter Quarterly Newsletter

AHWS wishes everyone a very Happy New Year 2013! Welcome to the Winter Quarterly newsletter! AHWS had several exciting things happening since the summertime.

Please note that we now have a new post office box address: P.O. Box 1483 Laurel, MD 20725-1483 USA. Our email address and telephone number are the same.

### October 2012

AHWS Director and Founder, Divya L. Selvakumar, flew out to Indonesia in October 2012. She met the board and staff members of the AHWS partner, Parama Yuga Foundation in South Jakarta, Indonesia. For the first time, Divya was exposed to the Hindu cultural traditions and traditions of the Hindu community in Indonesia. The Parama Yuga Foundation was established in the summer of 2011 and has been active in the Hindu community throughout Jakarta. Among the most prominent individuals who are working with Parama Yuga Foundation are Swami Agung Asmara, Mr. Made Agus Dwiyanto (President), Mr. Putu Winarta (Treasurer) and Mr. Kadek Suarya (Secretary). All of these individuals have been instrumental towards spearheading the Vidhya Chandra Bhuvana boarding school project. The construction site for building this project is in Rawa Gini, a small village on the outskirts of the city of Depok, south of Jakarta.

### Donate Now

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**HIV Testing conducted for employees at Golden Penny Flour Factory, Ajegunle, Lagos, Nigeria  
November 10, 2012**



AHWS is actively looking for funds and grants for the construction of the Vidhya Chandra Bhuvana project. This will be AHWS's second major project and we hope to launch it this year. For more information about our Indonesian project, please visit [www.ahwsngo.org](http://www.ahwsngo.org)

### November 2012

The 5<sup>th</sup> Annual Integrative Medicine Conference was held in Fogelsville, PA from November 3-4, 2012. It was cohosted by AHWS and its partner, Association of Ayurvedic Physicians of North America (AAPNA) headed by AHWS's Vice President, Dr. Shekhar Annambhotla. While the sudden onset of Hurricane Sandy had cancelled the appearances of several speakers, the conference still turned out to be a success. The audience was especially pleased to hear from renowned medical professionals who spoke on a wide variety of topics pertaining to integrative medicine. One of the speakers, AHWS Advisor, Dr. Richaritha Gundlapalli, spoke about Integrative Pediatrics. Divya L. Selvakumar, AHWS Director, lectured on the importance of holistic and integrative nutrition.



**Construction of Hindu Boarding School, Vidhya Chandra Bhuvana in Rawa Gini, Indonesia**

**Donate today! For more information, visit [www.ahwsngo.org](http://www.ahwsngo.org)**



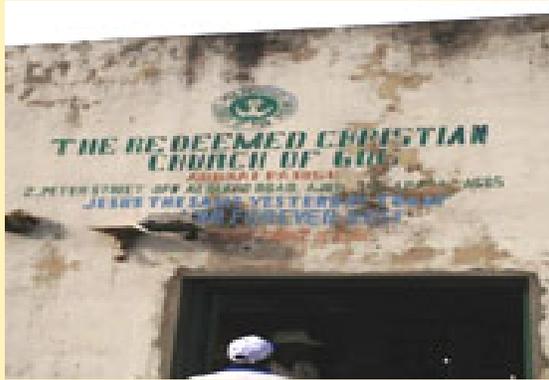
**5th Annual Integrative Medicine Conference from November 3-4, 2012: A Joint Collaboration between Association of Ayurvedic Professionals of North America (AAPNA)**

AAPNA and AHWS thank those who attended and look forward to next year's conference.



AHWS's first project, HIV Nutrition, was conducted in the Ajegunle-Apapa region of Lagos, Nigeria on November 9th, 10th and 11th. For legal reasons within Nigeria, AHWS is also known as Global Hindu Charity Foundation. The Ajegunle-Apapa area of Lagos is home to thousands of slum dwellers, where high rates of HIV infections exist. AHWS's partner, Alpha AIDS Vision Alliance, has been extensively involved and active in the Ajegunle-Apapa region in HIV prevention in Lagos. The HIV Nutrition program spanned three days and reached audiences at the Dorcas Memorial College, the Golden Penny Mill Factory, and the Adonai Parish Church. Over 200 people received valuable information on the relationship with HIV and nutrition. Despite the large number of Hindus that reside in Lagos, very few Hindus reside near Ajegunle-Apapa. AHWS had reached out to the predominantly Christian community not only on HIV nutrition, but also educated audiences on Hindu philosophy, in addition to promoting interfaith relations.

We sincerely thank our donors and supporters who made the HIV nutrition project in Nigeria a great success. Our HIV nutrition booklet will be also be published.



### Facts about Hinduism on the Environment:

- The Earth (Bhoomidevi) is considered our home and should be treated with utmost respect and devotion. All forms of life should be treated with respect and compassion, no living being is superior or inferior to one another.
- Learning to live a simple lifestyle without unneeded or unnecessary items brings an individual closer to the Earth.
- Non-violence or ahimsa is a way of thinking that promotes the importance of dialogue without engaging in violent actions or behavior. Hurting or harming another person or living creature will obstruct path towards moksha or salvation.

### Social Media

AHWS has a very active Facebook page. We now have over a 1000 likes and we encourage our supporters to donate. Please log into your Facebook account and type 'American Hindu World Service' in the search engine space **Click on the 'Like' button at** <https://www.facebook.com/ahwsngo>

AHWS also has a twitter account. To

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account and follow AHWS at  
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