



# American Hindu World Service

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## Namaste!

Happy New Year 2014! We also wish everyone a very Happy New Year to everyone. We have had some exciting developments since the Summer and Fall 2013 seasons.

## Girls Talk TV

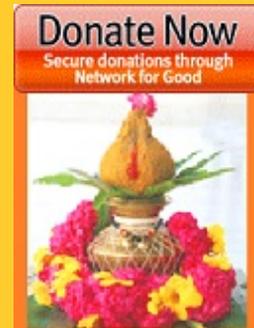
In October 2013, AHWS had the opportunity to meet with Angelina (Gigi) Smith, the head and CEO of a nonprofit TV channel called GirlsTalkTV. Based in Arlington, Virginia, USA, GirlsTalkTV has produced shows aiming towards the empowerment of girls and women from the ages of 16-32 for several years. AHWS plans to collaborate with GirlsTalkTV to engage in future productions of HIV and nutrition shows, where it will be aimed towards young women and girls. Stay tuned for more information. ([www.girlstalktv.org](http://www.girlstalktv.org))

## BINGO Network

For nearly three years, AHWS has been part of the Baltimore International NGO network. The BINGO network consists of well-known NGOs such as Lutheran World Relief, Catholic Relief Services, and the International Orthodox Christian Charities. On November 4, 2013, AHWS was recently recognized and honored as part of the BINGO network by USAID Administrator, Dr. Rajiv Shah.

## Food for Thought: A Story on Nutrition and Empowerment

A new book to be published by AHWS Founder, Divya L. Selvakumar, will be featuring the story of an inspirational and courageous young woman who is born and raised in a fictional developing nation. This book teaches basic lessons on nutrition and explores fundamental concepts such as HIV/AIDS nutrition, prenatal nutrition, child nutrition and general nutrition. The book will be available this year both in hard copy and digital copy formats. Please view the links on the radio interview and the video interview by Dr. Elvira Beracochea, founder and president of MIDEGO, Inc. ([www.midego.com](http://www.midego.com))



[www.ahwsngo.org](http://www.ahwsngo.org)

[Make a secure donation through Network for Good](#)

## Social Media

AHWS frequently updates its Facebook page. AHWS now has over 3000 likes.

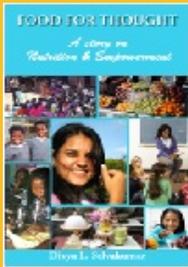
We once again thank everyone for their support.

AHWS also has a twitter account. To follow, please log into your Twitter account and follow

AHWS at

<https://twitter.com/ahwsngo>





Online Radio Interview:

<http://www.blogtalkradio.com/global-health-leaders/2013/11/15/what-every-school-teacher-must-know-about-nutrition>

Video Interview: <http://youtu.be/2XMZhftdPvE>

## Project Profile- Nepal



(photos depict scenes from villages in Nepal)

AHWS recently partnered with Paribartan, an NGO based in Kathmandu for launching a sustainable agriculture and hygiene project in the villages of the Western Terai region of Nepal.

### **Problem:**

The people in the districts of Western Terai, Nepal, have been dealing with the negative consequences of climate change. Communities have endured serious problems pertaining to poor hygiene and unclean environments, leading to pollution, mosquito-related diseases, and other serious problems. The production of food has been affected from poor land cultivation.

### **Goals:**

- Improve management of the land resource of the people.
- Increase vegetable production and consumption
- Increase awareness among the community people on the climate change issue and increase adaptation approach
- Increase proper health and hygiene, improved living style and farming pattern of the community people

### **Description:**

The project, based in two districts of the Western Terai region of Nepal, is a collaboration of the two NGOs, American Hindu World Service (AHWS) and Paribhartan (Kathmandu, Nepal). It focuses on the importance of reducing the impact of climate change. A

three-day training program will cover topics such as organic farming, micro-farming, and climate adaptation. Altogether, 30 workshops will be conducted for promoting awareness. Vegetable cultivation will also be encouraged for the participants as well.

<b>Budget Item</b>	<b>Cost</b>
Human Resource	\$8,875
Activity Cost	\$26,209
Monitoring and Evaluation	\$3,000
Office Running Cost	\$3,000
Total	\$41,084