



# The Skating Club of CNY

## Is looking for interested skaters to join the 2015 - 2016 Basic Skills Level 1 Team - CNY Icicles

### What is Synchronized Skating?

Synchronized skating is a team sport in which 8 to 20 skaters perform a program together wearing identical outfits. Skaters will learn new techniques formed in blocks, circles, wheels, lines and intersections. There are so many benefits to participating in a team sport and synchronized skating is a great way for figure skaters to compete in a sport they love while enjoying working with others on a team oriented sport. The Skating Club currently has 4 synchronized skating teams – the Basic Skills Level 1 learn-to-skate team, the “Icicles”, the travel Basic Skills Level 2 team the “Chill”, Pre-Juvenile team the “Storm” and the Open Juvenile team the “Blizzard”. As your child’s skating improves over time, there is the opportunity to skate on one of our older teams.

Details about the Basic Skills Level 1 (non-travel) team:

- \* The Basic Skills Level 1 team must have a minimum of 8 skaters with a majority under 9 years of age
- \* Each skater must be in or have passed basic 5 of LTS to participate. This ensures that he/she has the minimum skills needed to perform the required elements. Skaters must be enrolled and currently taking lessons in LTS!
- \* The Basic Skills Level 1 team will compete at 2 local competitions and participate in our year end show. The Port City Invitation on January 23<sup>rd</sup> in Oswego, The Cicero Skate Challenge March 12<sup>th</sup>-13<sup>th</sup> as well as the Skating Club of CNY’s ice show in the spring of 2014. This team is not a travel team except for a local competition in the CNY area.
- \* Lessons run 45 - 60 minutes on Wednesday evenings from 7:30 to 8:15/8:30. Attendance at practices is required.
- \* All skaters must commit at the start of semester 2 to ensure time to develop a program with all skaters, order dresses, etc.
- \* Cost is per semester – Semesters 1 is \$160 each semester (6 weeks), Semester 2 & 3 \$190 (7 and 8 weeks) Cost includes weekly ice time, coaching and competition fees.

**Questions? Contact us at [info@sccny.org](mailto:info@sccny.org)**

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sport!

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Improve your skating!!