

Skating Club of Central New York

Learn to Skate Assistants Requirements and Expectations

GOAL: The Skating Club of Central New York wishes to provide our assistants with a positive learning experience to help them develop the skills needed to teach others how to skate.

REQUIREMENTS TO ASSIST IN THE PRACTICE AREA:

1. Current SCCNY home club member.
2. Age: 14 years old.
3. USFSA Testing requirement: Passed Preliminary Free Skate or Adult Bronze Free Skate.
4. Fill out the attached application.
5. Register with LTSUSA, pay fee, and take annual test on the LTSUSA website.
6. This is a volunteer position. Assistants will not be paid for assisting with a LTS class.

REQUIREMENTS TO ASSIST WITH LTS CLASS:

1. Current SCCNY home club member.
2. Age: 15 years old.
3. USFSA Testing requirement: Passed Pre-Juvenile Free Skate or Adult Silver Free Skate.
4. Fill out the attached application.
5. Register with LTSUSA, pay fee, and take annual test on the LTSUSA website.
6. This is a volunteer position. Assistants will not be paid for assisting with a LTS class.

REQUIREMENTS TO SUBSTITUTE AS A LTS INSTRUCTOR:

1. Current SCCNY home club member.
2. Age: 16 years old.
3. Complete 5 full semesters of assisting.
4. Must be assisting with LTS for the current semester.
5. USFSA Testing requirement: Passed Juvenile Free Skate or Adult Gold Free Skate.
6. Fill out the attached application.
7. Register with LTSUSA, pay fee, and take annual test on the LTSUSA website.
8. Substitute LTS instructors will be \$16/hour.

ATTENDANCE:

1. Attendance every week of a given semester is expected.
2. Record weekly attendance in the LTS binder.

3. Arrive at the rink at least 15 minutes prior to the start of lessons to put on skates and receive instructions.
4. Contact Carolyn Quinn (315-450-3247 cquinn2@twcny.rr.com) or Jenn Glorioso (315-527-7366 sk8jenn@hotmail.com) at least 12 hours in advance if you cannot attend.

EXPECTATIONS:

1. Assistants will be approachable and willing to help any skater who asks for help or needs assistance.
2. Socializing with other assistants or practicing their own skills while on LTS ice is not allowed.
3. Follow instructions you are given by any staff coach on or off the ice. This includes assignments for helping. Assistants cannot decide whether they do not want to perform a specific role.
4. **In the practice area:**
 - Watch for general safety and stop any horseplay or unsafe skating.
 - Help a skater if the skater asks for assistance, or the assistant may initiate an interaction.
 - Pay special attention during the first few weeks of a semester to the Snowplow Sam skaters. Assist them as necessary to make it a positive skating experience.
 - As a semester progresses, help skaters struggling with skills to improve.
5. **When assisting with a class:**
 - The LTS instructor is ultimately responsible for the class.
 - Your role to assist the skaters with the skills.
 - Observe how the coach breaks down skills into more manageable pieces.
 - Ask the instructor questions about why they teach skills a certain way at an appropriate time. For example - when learning forward and backwards edges, an instructor may not demonstrate what is left/right/inside/outside after the first few weeks so that the skaters are not mimicking what is being done, but committing terminology to memory.

Failure to Meet Expectations

An assistant found to not meet attendance requirements or performance expectations will not be allowed to continue volunteering with the Skating Club of Central New York's Learn to Skate program. Final decisions will be made by the Skating Club of Central New York Board based on recommendations from the Learn to Skate coordinators.

Skating Club of Central New York

Assistant Application

Name:	
Cell Phone Number:	
E-mail Address:	
Age:	
<i>Highest Test Passed</i>	
Freestyle:	Moves:
Dance:	
<i>Availability (PLEASE CIRCLE ONE OR BOTH)</i>	
Wednesdays, 6:30pm-7:30pm:	Saturdays: 8:30am-9:30am:
Please share why you would like to participate:	
I've read and understand the policy: Signature and Date	