



Skating Club of Central New York  
Basic Skills Level 1 Team: "Icicles"

### What is Synchronized Skating?

A discipline of figure skating in which 8 to 20 skaters perform a program "in synch" together as a team. Skaters will learn and practice new techniques where they'll skate in many team formations such as blocks, circles, wheels, lines and intersections. The team's performance is choreographed to music and the skaters wear matching costumes. There are so many benefits to participating in a team sport and synchronized skating is a great way for figure skaters to compete in the sport they love while having fun and working closely with others. The Skating Club currently has 4 synchronized skating teams - a Basic Skills Level 1 team (learn-to-skate) "Icicles", a Basic Skills Level 2 team "CNY Chill", a Pre-Juvenile level team "CNY Storm" and an Open Juvenile team "CNY Blizzard".

### Details about the Basic Skills Level 1 team "Icicles":

- Each skater must be in or have passed basic 5 of LTS to participate. This ensures that he/she has the minimum skills needed to perform the required elements. Skaters must be enrolled and currently taking lessons in LTS!
- \* The Basic Skills Level 1 team must have a minimum of 8 skaters with a majority under 9 years of age
- \* The Basic Skills Level 1 team will compete at 2 competitions and participate in our year end show. The competitions will be announced, but usually these competitions are the Snowtown Invitational in Watertown and our home club's Skate Challenge. Our home club's Ice Show is another event in which the Icicles will perform.
- \* Lessons are on Wednesday evenings from 7:30 to 8:30pm. Attendance at practices is required.

All skaters must commit to the Basic Skills team "Icicles" at the start of learn-to-skate semester 1 to ensure time to develop a program with their teammates. Email [info@sccny.org](mailto:info@sccny.org) for more info!