

DHS Group inspires employees to get moving

Participation rates significantly higher than industry average

Corporate wellness programs have a reputation of having low participation rates, high costs and being complex to implement and manage. DHS Group’s approach is decidedly different: we make wellness fun and engaging while helping companies make physical activity an important part of their culture ... without breaking the bank.

	Participant cost per year	Participation rate
DHS Group	 \$24*	 70%
Average	 \$629	 39%

*price for HealthSpective Engage Move Module only (does not include one-time device cost)

WE WALK THE WALK

Our results speak for themselves. Here’s a sampling of our corporate clients and how DHS Group helped them create a more active and engaged workforce.

HYLAND SOFTWARE

THE GOAL

Hyland wanted to motivate its employees to become aware of their physical activity levels and get more active. The office was classified as very sedentary, averaging 4,000 moves/day.

THE RESULTS

Going into the their first challenge, Hyland expected that 200 of its 1,200 employees would participate. After the first two weeks of enrollment, the highly visible, viral nature of Movbands helped Hyland get more than 950 employees (79% participation rate) to participate in the challenge! Hyland’s first challenge was designed to meet employees where they were, with a goal of doubling average activity levels to 8,500 moves per day. With their second challenge, Hyland increased their goal further to keep employees moving toward a healthier lifestyle.



THE GOAL

Penton Media needed a wellness program that could connect and engage employees from several office locations across the U.S.

THE RESULTS

Penton created several different employee subgroups in the HealthSpective Engage Dashboard so employees could have a friendly competition with each other. Their challenge successfully connected the team across locations, functions and roles, including the Board of Directors.



THE GOAL

Parker Hannifin wanted to implement a wellness program that its manufacturing plants could participate in, especially employees who were not tech-savvy. Additionally, it was important to Parker to help employees track the positive results of their increased physical activity.

THE RESULTS

Parker used its break rooms to encourage employees to keep moving. The computer stations allowed all employees to quickly sync their bands and check their progress. Parker encouraged each participant to track their biometric data in the Dashboard's private Health Log so employees could see the results of their increased activity. Team members also gained awareness of making smarter decisions during break times, many choosing to walk or eat healthier snacks.

A FEW OF OUR OTHER CLIENTS



Learn how we can elevate your company's population health at DHSGroup.com

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