

# UC DAVIS WOMEN'S ROWING



Summer looked different for everybody on UCD Women's Rowing. Some of us traveled abroad, a few of us stayed in Davis to take summer classes, and the rest of us went home to spend time with our families. I think the general consensus was that Summer 2016 was an amazing thing if only because it contained three months of glorious sleeping-in opportunities.

But now that the summer is behind us, and we've spent our first three and a half weeks on campus getting, literally, back into the swing of things, our strong UCD Women are back at the boathouse and ready to rumble!

And it's a good thing we're ready because it's already one of our team's favorite times of year, 5k season! So far we have successfully completed one race, Head of the Port, in which our two varsity 8's took on Mills and Saint Mary's. Our boats fought hard and finished 3rd and 4th, ahead of both Mills and Saint Mary's C boat, at 18:57 and 19:31.

We have Head of the American and Head of the Lagoon right around the corner!

## Upcoming Races

WHEN?	WHAT?	WHERE?
October 28	Head of the American	Sac State Aquatic Center
November 11	Head of the Lagoon	Foster City Lagoon

Last year our team saw some terrific success, but we're determined to make this year even better!

### our goals for this year:

"To grow and succeed together."

-Sarah Donaldson, Varsity

"To create a sense of family and encourage each other to be the best athletes we can be."

-MyLynn Phan, Novice

"To push for greatness and put UC Davis on every crew's radar."

-Jessica Manginelli, Varsity



One way we've already begun to make this year even better is through recruitment! After braving the crowds at How Do You Rec, The Buzz, and the Involvement Fair, and three Info Meetings and one Rec Pool adventure later, it looks like we're going to have a killer novice team!

## WHO IS STEPHANIE BEACHLEY?

Speaking of the novice team, UCD Women's Rowing has a new novice coach this year! Stephanie was born and raised in Sacramento and began her rowing journey in high school rowing for Capital Crew. Since then, she's also spent five years coaching for the same Capital Crew team, coaching both novice and varsity level athletes. Stephanie graduated from Sacramento State with a degree in Sports Journalism, but ultimately decided that it was coaching, not journalism, that was her calling.

"I love this sport because you're not just joining a team, but a culture. I jumped at the opportunity to coach for UC Davis because the ambitions and passion shown by the current Varsity members was so inspiring to me. Both the officers' council and other members work so hard to bring success to their team. I can't wait to bring aboard our new Novices and welcome them into this amazing program!"



### UPDATE: Our Pocock Has a Name!

This past year the team made the bold decision to purchase a brand new Pocock 8+ racing shell. The new shell will be named after one of our very own Alumni, Teegan Gatta. The team has a history of naming shells after strong women who have had an impact on the team. Teegan rowed for the team from 2011-2015 and coached the Novice squad from 2015-2017. We would like to take this opportunity to thank Teegan and her family for all of their contributions to our program. This new shell has brought an unparalleled energy to the team, and we are looking forward to continuing to update our fleet in the coming years.



### Wish List

- Oars (8) --- 1500 set
- New Unis (25) --- 1800 all
- Footstretchers (9) --- 295 each
- Pocock Riggers [St, P] (2) --- 510 each
- Pocock Seat (1) --- 129 each
- Resolute Seat (1) --- 160 each
- Cox Box Mini [amplifier] (4) --- 413 each
- Speed Coaches with GPS (4) --- 400 each
- Speed Coach Impeller (4) --- 30 each
- Yoga Balls (2) --- 20 each

UC Davis Women's Rowing is a club team which does not receive funding from the university. As such, we are forced to rely on quarterly dues to help us meet our essential needs as a team.

Luckily, we also have several donors! Our team relies heavily on the generosity of our friends, family members, alumni, and other supporters. We are so fortunate to have a new boat in the boathouse, but we still need to replace and update old gear and equipment.

To the left is a list of specific items that our team could really use! If you have the means to donate, please consider helping us purchase one of the following.

Checks can be made payable to Women's Rowing at UC Davis and should be mailed to:  
Women's Crew, 232 ARC, One Shields Ave,  
Davis, CA 95616

For electronic donation options, you can visit our website, [ucdrowing.com](http://ucdrowing.com), and click on the DONATE page.