



**UNITED
WAY
VOLUNTEER
OPPORTUNITIES**

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JAN-APRIL VOLUNTEER INCOME TAX ASSISTANCE (VITA)

VITA gets money back into the pockets of working families who need it most! Two types of volunteers are needed: *Tax preparers* will prepare taxes for low income working families (training provided) and *intake specialists* will help people sign up at locations, making sure they have all their proper documentation.

FEBRUARY-MAY GIRLS ON THE RUN

Girls on the Run is a life-changing, non-profit program for girls in 3rd through 8th grade. The program inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Volunteers are need as program coaches (Feb-May), program organizing, and for the celebratory 5k in May.

AUGUST- SCHOOL SUPPLY SPECTACULAR

School supplies can be a large financial burden on low income families. Help pack school supplies into 1000 backpacks and hand them out to students in Cass County!

NOVEMBER- DAY OF ACTION FOR SENIORS

Volunteer teams are needed to rake leaves, clean gutters, and weatherize windows for seniors citizens in your community! These activities can be difficult, if not impossible, for seniors. They can easily fall, strain muscles or simply not be physically able to do the work. But with your help, seniors could be ready for winter!

**GREAT THINGS HAPPEN WHEN WE
LIVE UNITED**



United Way
of Southwest Michigan

Interested? Contact Teri Cooper at teri.cooper@uwsn.org or (269)982-1700 ext. 22