

# HAND STITCHING GUIDE

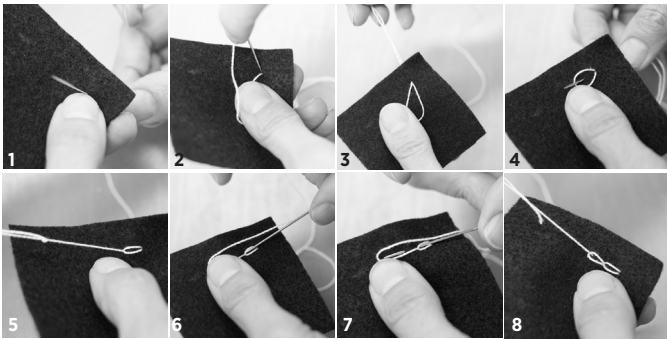
## BASIC EMBELLISHMENT STITCHES

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### Chain Stitch

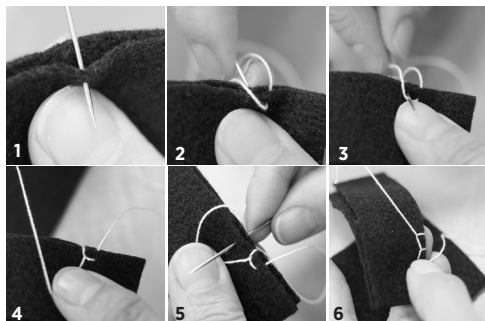
Bring your needle up through the fabric then back down a hair away from the same hole to make a circle of thread (picture 2). Bring the needle back up through the fabric by the front of the circle (picture 4), then back down a hair away from the hole you just came up through (picture 6). Bring the needle back up again a short measure away (picture 7) and pull it up through the last circle of thread, pulling it tight to create your second chain stitch. Repeat these steps to continue your chain stitch.



### Blanket Stitch

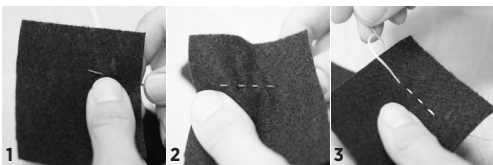
Pick a spot close to the edge and bring your needle up from between two pieces of fabric to hide the knot, then poke the needle through the back end of the bottom fabric and push it through both pieces of fabric this time, and through the same hole as before. This will form a circle of thread around the edge. Loop the needle through this circle and pull it tight to make your first stitch (picture 4).

Poke the needle through the back of the bottom fabric and push it through both fabrics again, making it close to the first stitch (picture 5). This will create another circle of thread which you can once again loop the needle through and pull tight to create your second stitch. Repeat these steps with regular spacing to create an even stitch.



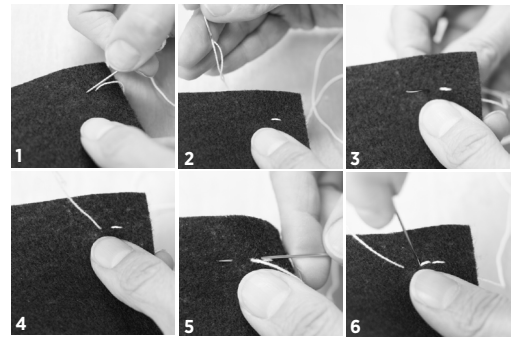
### Running Stitch

Load 3 to 4 stitches on the needle for an even (regular) stitch and pull the thread through, then repeat.



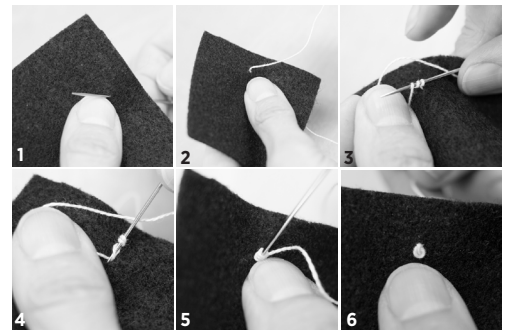
### Backstitch

The backstitch is worked right to left. Make a simple straight stitch as long as you want, then measure out the length of your last stitch and bring the needle up through the fabric at that length. Bring the needle down again through the hole of your last stitch. Repeat these steps following along your pattern line.



### French Knot

Wrap thread 3 to 4 times around the tip of the needle, then place the needle into the fabric. Slide the wrap down the needle to the top of the fabric. With thumb and forefinger holding the clump of thread in place against the fabric, gently tug the needle through the fabric to form the French knot.



### Whip Stitch

Push the needle through your fabric close to the edge and pull the thread through. Pick another place close to the first hole and push the needle through from the same direction. Continue these steps making even stitches.

