

WELL WORN PAGES

THE VERSES WE RETURN TO AGAIN AND AGAIN

DONT WORRY, TRUST GOD!

PHILIPPIANS 4:6-7



Worry or Concern?

Biblical concern is God centered
solution based.

Worry is self-fear based

Don't Worry, Trust God

Step #1 – Recognize God's Character (v. 6)

- Prayer ~ worshipful prayer to God
- Matthew 6:25-34
 - Physical Appearance, Clothing, Food & Drink, Future
- How can we come to recognize God's character?
 - The Word, Prayer, Nature, His Works

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Step #2 – Come as a Supplicant (v. 6)

- Supplication ~ come as someone who is totally dependent upon the other.
- How will recognizing that we are totally dependent upon God help us stop worrying?
 - Your view of God dictates your view of life

I Could Not Do Without Thee

I could not do without Thee.
I cannot stand alone.
I have no strength or goodness
No wisdom of my own.
But Thou, beloved Savior,
art all in all to me.
And weakness will be power
if leaning hard on Thee!

~Francis Havergal

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Step #3 – Remember Past Mercies
(v. 6)

- Thanksgiving ~ Grateful acknowledging of past mercies.
- Psalm 77:1-13

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Step #4 – Make the Request (v. 6)

- Is it wrong to ask God for things for yourself?
- Is it wrong to complain to God?
- 1 Peter 5:7

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Step #5 – Recognize the Result (v. 7)

Result: We will be given a peace that is incomprehensible

1. Our hearts will be kept

- Heart – The very center of our being
- Kept – To guard

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Step #5 – Recognize the Result (v. 7)

Result: We will be given a peace that is incomprehensible

2. Our mind will be kept

- Mind – The outpouring of those desires.
Our actions and thoughts

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So What?

1. Develop a proper view of God.
2. Understand you are completely dependent upon God.
3. Remember all that God has done for you.
4. Cast your care on God and let go.

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