

FIND THE CADENCE

Arrows

SERIES BIG IDEA:

Raising children with _____ in mind brings clarity as to how we live _____ the _____.

²*In vain you rise early and stay up late, toiling for food to eat—for he grants sleep to those he loves.*

Psalm 127:2 (NIV)

A - _____

R - _____

⁵⁶*Blessed be God, who has given peace to his people...* ⁵⁸*May he keep us centered and devoted to him, following the life path he has cleared, watching the signposts, walking at the pace and rhythms he laid down for our ancestors.*

1 Kings 8:56,58 (MSG)

TEACHING BIG IDEA:

Living in the rhythm that God intends for us is a _____ that leads to the _____ God wants for us.

God's rhythm for my family is _____ to the work to which God has called us.

Find the rhythm in our _____ by identifying the priority in our _____.

²⁸*"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."*

Matthew 11:28-29 (NIV)

When _____ is my priority, then my relationships will find their place.

³⁷*Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' ³⁸This is the first and greatest commandment. ³⁹And the second is like it: 'Love your neighbor as yourself.' ⁴⁰All the Law and the Prophets hang on these two commandments."*

Matthew 22:37-40 (NIV)

- **Schedule Jesus first in my _____.**

- **Schedule Jesus first in my _____.**

Create a rhythm with my _____.

²¹*Submit to one another out of reverence for Christ...* ²⁵*Husbands, love your wives, just as Christ loved the church and gave himself up for her...*

Ephesians 5:21,25 (NIV)

- **Schedule _____ regularly.**
- **The best gift I can give my children is a healthy _____.**

Establish a rhythm with my _____.

Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

Ephesians 6:4 (NIV)

- _____ **is critical with kids.** | _____
- _____ **need to be reinforced by a** _____.
- _____ **what I want to** _____ **in them.**
- _____ **children, don't** _____ **them.**

Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them.

Proverbs 13:24 (NIV)

Find the rhythm for my extended _____ and _____.

Disciplining myself to say "yes" to the _____ thing will make it easier to say "no" to the _____ things.

My Notes:

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