

SERIES BIG IDEA:

Consistent, small steps often make the big difference.

TEACHING BIG IDEA:

If I want to be like Jesus, I need to think like Jesus.

TEACHING SUMMARY:

Our character is the result of our attitudes. Our thoughts—our pattern of thinking, our mindset—create our attitudes. I am what I repeatedly do and think. Thoughts lead to actions. Actions lead to habits. Repeatedly doing things leads to the development of our character. When Jesus entered the world, even though He was the Son of God, He came to serve and to sacrifice His life as punishment for our sins. Jesus didn't leverage His position to serve His preference as the Son of God. Instead, Jesus leveraged His position to serve people. We also have the same choice as Jesus. We also can choose to be served or we can choose to serve others. In order to serve like Jesus, I have to think about others first. When I am more like Jesus, when I become like Jesus, I am blessed, and I will be a blessing.

TALK IT OVER (DISCUSS ONE OR MORE):

Share some of the habits that you have – either positive or negative. How did they develop in your life? Can you change habits? If you have established a new positive habit in place of a negative one, how did you do it?

Why would you want to have the character of Jesus? How can that even happen? Why is it appropriate for us to seek to become like Jesus?

Jesus modeled serving others in many ways, one of which was washing His disciple's feet. What are ways we can serve others? Whom should we serve? Who is the most difficult person in your life to serve?

How can we affect our thought life? Do thoughts really create our attitudes? Thinking about a difficult person in your life, what is your current attitude? What are ways you can change your attitude?

How can helping others affect our attitude toward others? How are attitudes and actions related?

Read Philippians 2:5-6. How can you have the same mindset of Jesus?

OTHER SCRIPTURES TO READ:

1 Peter 4:1-2

1 John 2:6

Romans 12:1-2

1 Corinthians 11:1